

THESIS FOR THE DEGREE OF DOCTOR OF PHILOSOPHY (PHD)

Alcohol consumption behaviour of the Hungarian general and Roma  
populations and the effect of taste preference-related gene  
polymorphisms on alcohol consumption patterns

by Ali Abbas Mohammad Kurshed

UNIVERSITY OF DEBRECEN  
DOCTORAL SCHOOL OF HEALTH SCIENCES  
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## LIST OF ABBREVIATIONS

ADH	alcohol dehydrogenase
ALDH	aldehyde dehydrogenase
APC	alcohol per capita consumption
AUDIT	Alcohol Use Disorder Identification Test
AVI	alanine-valine-isoleucine
CA6	carbonic anhydrase 6
CD36	Cluster determinant 36
CHRM2	cholinergic receptor, muscarinic 2
CHRNA5	cholinergic receptor, nicotinic, alpha 5
CI	confidence interval
COMT	catechol-O-methyltransferase
DALY	disability-adjusted life years
DAT	dopamine transporter
DNA	deoxyribonucleic acid
DRD2	dopamine D2 receptor gene
EDTA	ethylenediaminetetraacetic acid
ENaC	epithelial sodium channel
EU	European Union
GABA	$\gamma$ -amino butyric acid
GABRA	$\gamma$ -amino butyric acid receptor A
GNAT3	G protein subunit alpha transducin 3
GP	General Practitioner
GPMSSP	General Practitioners' Morbidity Sentinel Stations Programme
GRM8	glutamate receptor, metabotropic 8
GWAS	genome-wide association study
HG	Hungarian general population
HR	Hungarian Roma population
5-HTT	5-hydroxytryptamine transporter
HWE	Hardy-Weinberg equilibrium

MAOA	monoamine oxidase A
NCD	noncommunicable disease
NFKB1	nuclear factor of kappa light polypeptide gene enhancer in B cells 1
NPY2R	neuropeptide Y receptor Y2
OPRK1	opioid receptor, kappa 1
OPRM1	opioid receptor, mu 1
OECD	Organisation for Economic Co-operation and Development
OR	odds ratio
PAV	proline-alanine-valine
PCR	Polymerase chain reaction
PDYN	prodynorphin
PRH1	proline-rich protein HaeIII subfamily 1
PRH1-TAS2R14	proline rich protein HaeIII subfamily 1 - taste 2 receptor member 14
PRISMA	Preferred Reporting Items for Systematic reviews and Meta-Analyses
PROP	6-n-propylthiouracil
PRR4	proline rich 4
PTC	phenylthiocarbamide
SNP	single nucleotide polymorphism
TACR3	tachykinin receptor 3
TAS1R2	taste 1 receptor member 2
TAS1R3	taste 1 receptor member 3
TAS2R10	taste 2 receptor member 10
TAS2R13	taste 2 receptor member 13
TAS2R14	taste 2 receptor member 14
TAS2R16	taste 2 receptor member 16
TAS2R19	taste 2 receptor member 19
TAS2R20	taste 2 receptor member 20
TAS2R3	taste 2 receptor member 3
TAS2R9	taste 2 receptor member 3
TAS2R31	taste 2 receptor member 31
TAS2R38	taste receptor type 2 members 38

TAS2R39	taste 2 receptor member 39
TAS2R4	taste 2 receptor member 4
TAS2R40	taste 2 receptor member 40
TAS2R41	taste 2 receptor member 41
TAS2R43	taste 2 receptor member 43
TAS2R46	taste 2 receptor member 46
TAS2R5	taste 2 receptor member 5
TAS2R50	taste 2 receptor member 50
TAS2R60	taste 2 receptor member 60
TAS2R7	taste 2 receptor member 7
TAS2R8	taste 2 receptor member 8
TRPA1	transient receptor potential cation channel subfamily A member 1
WHO	World Health Organization

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## **INTRODUCTION**

Harmful alcohol intake has been documented as a principal risk factor for illness, disability, and mortality at global level (1). Though previous research suggests that moderate consumption of alcohol may be beneficial to health via decreasing cardiovascular diseases' risk and overall mortality (2-4), excessive intake of alcohol may lead to the development of several diseases. Over 200 illnesses and/or health-related conditions are directly or indirectly linked to alcohol consumption among which alcohol dependence, liver cirrhosis, cancers and injuries are the predominant ones (5). It was also revealed that during the first year of COVID-19 pandemic, the intake of alcohol as well as associated harms increased (6).

### **1.1 Global alcohol situation**

In 2016 around 2.3 billion people 15 years or older were recorded as current drinkers. Among them, the average pure alcohol consumption increased from 5.5 to 6.4 litres from 2005 to 2010, while from 2010 to 2016 the level of consumption remained the same at 6.4 litres. When compared to males, females drink fewer quantities of alcohol worldwide and are less likely to be characterized as heavy drinkers (7). It has been estimated that in 2016 harmful alcohol consumption accounted for 5.3% (3 million) of all deaths and 5.1% (132.6 million) of all disability-adjusted life years (DALYs) worldwide, whereas 28.7%, 21.3% and 19% of these alcohol attributable deaths were due to injuries, digestive and cardiovascular diseases, respectively. Additionally, infectious diseases and cancers were responsible for 12.9% and 12.6% of alcohol-related deaths, respectively. Furthermore, noncommunicable, and mental health conditions accounted for 49% and injuries for 40% of DALYs associated with alcohol intake. Moreover, 7.2% of global all premature mortality was attributable to alcohol (7).

The frequency and amount of alcohol consumption varies among different World Health Organization (WHO) regions. Countries of the WHO European Region can be characterized by the highest levels of per capita intake of alcohol. Though the substantial differences in alcohol consumption among the countries of this region, the average alcohol intake decreased from 12.3 litres in 2005 to 9.8 litres in 2016 (7). Alcohol per capita (APC) trend analysis depicted that among European Union's (EU) inhabitants (15 years or older) pure alcohol intake has fallen

from 11.5 litres in 2010 to 11.3 litres in 2016, and in 2016 average consumption was four times higher among males compared to females (males 18.3 litres: females: 4.7 litres). In 2016 alcohol intake led to 5.5% of all deaths in the EU resulting from cancer (29%), liver cirrhosis (20%), cardiovascular disease (19%) and injury (18%). In addition, over 10.3 million DALYs were linked to alcohol use, where alcohol use disorders (AUDs) contributed to 93% of all DALYs.

In Hungary, pure alcohol consumption changed from 12.1litres in 2010 to 11.4 litres in 2016, and the average alcohol consumption varied from 19.1 litres for males to 4.5 litres for females (7). Although there has been a decreasing trend of alcohol consumption in Hungary, the consumption level was still higher compared to the Organisation for Economic Co-operation and Development (OECD) average and this country was among those which reported yearly per capita pure alcohol consumption of more than 11 litres (8). Additionally, the reported prevalence of heavy episodic drinking among Hungarian citizens aged over 15 years was 33.5% which is much higher than the global prevalence of 18.2%. Furthermore, Hungary had a significantly higher prevalence of alcohol use disorders (21.2% in Hungary versus 8.8% in Europe) and alcohol dependence (9.4% in Hungary, while 3.7% in Europe) compared to the average of the WHO European Region's (7). Moreover, standardized mortality rates related to alcohol intake were the highest in Hungary among European countries (9).

## **1.2 Ethnic-specific disparities in health behaviour and alcohol consumption**

Health behaviour together with alcohol consumption patterns may vary not only across populations but also between different races and ethnicities (10). Findings of earlier studies demonstrated that prevalence rates of overweight, poor diet and physical inactivity were higher among black women compared to white women, while among black and white men differences were less both in magnitude and consistency (11-13). Additionally, though there is a contradiction, results of several other studies indicated that compared to Mexican Americans, white women had a lower prevalence of overweight and physical inactivity levels (14-16). Furthermore, Winkleby et al. illustrated that ethnicity had a significant association with health behaviours, among black and Mexican American women the odds of obesity and physical inactivity were significantly higher than among white women. The research group also

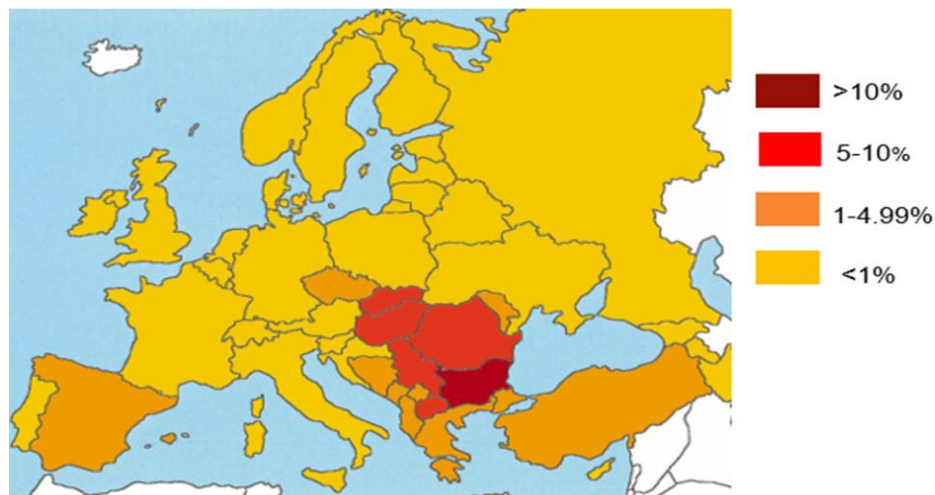
demonstrated that for men, the odds of smoking and physical inactivity were significantly higher among black individuals compared to white males (17).

Alcohol consumption levels may not only show regional differences but may also differ between ethnic minority groups. For instance, in one study among individuals above or equal to 12 years of age, American whites demonstrated higher (57.4%) alcohol consumption than other ethnic/racial groups (18). It was also observed that Native Americans (both men and women) and Hispanic men have had the highest prevalence of weekly and daily heavy drinking, respectively, while the lowest rates of weekly and daily heavy drinking were reported by Asian-American, Hispanic and Asian-American and African American women, respectively (19). Additionally, among adolescents (12–17 years), alcohol consumption varied across ethnic groups while the prevalence of 30-day alcohol use and binge drinking ranged from highest among whites to lowest among Asians (20). Besides, findings from the study of Borrell and colleagues represented a positive relationship between experiences of ethnic discrimination and drinking status. Hispanics, who were subjected to ethnic discrimination had a 62% greater odds of drinking heavily (21). Moreover, among several studies trying to elucidate ethnic-specific variations of alcohol-related harms, Hasin et al. presented that in the United States whites (13.8%) were more likely to develop alcohol dependence than blacks (13.8%) and Hispanics (13.8%) in their lifetime (22). Contradictory findings were obtained from another study stating that in the case of low levels of drinking, black and Hispanic adult drinkers reported more alcohol dependence symptoms and social consequences from drinking compared to white drinkers, while heavy drinking problems were similar for all the groups (23). Furthermore, the results of another study elucidated that the persistence of alcohol dependence was greater among blacks and Hispanics than non-Hispanic whites (24).

### **1.3 Roma population and alcohol consumption**

Roma is acknowledged as the largest and most widely distributed ethnic minority population in the European Union. Linguistic, cultural, anthropological, and genetic evidence suggested that Roma individuals came from the Indian subcontinent and entered Eastern Europe around 1000 years ago (25-32). Later, they spread all over Europe by the end of the fifteenth century (25).

Though, due to inadequate documentation, worry about stigmatization as well as disinclination to self-identification, the exact number of Roma remains unspecified (33). It is estimated that about 10-12 million Roma are inhabited in the European Region, where the majority of them are concentrated in Central and Eastern Europe (34). In most Central, Eastern, and Southern European countries representation of Roma individuals exceeds 5% of the total population (35). Among the countries with the highest representation of Roma, in Romania, this minority group accounted for 1.2–2.5 million (8.3% of the population), while in Bulgaria Roma represented 10.3% (700,000–800,000) of all individuals living in the country (34). Hungarian Roma represents 8.9% of the country's population with an estimation of 876,000 inhabitants and the number is rising continuously (36).



**Figure 1. Percentage of Roma of the total population in Europe**

*(Source: Council of Europe, Roma and Travellers Division, 2010)*

All over Europe, compared to mainstream populations, Roma individuals faced generations of discrimination and oppression which is manifested in racism, marginalisation in the formal labour market, poor education as well as inadequate access to healthcare services (37-43). Besides, several studies comparing Roma to the general majority populations revealed that along with worse health and well-being, the majority of Roma suffered from increased rates of communicable and non-communicable diseases, and higher mortality rates compared to non-Roma (44).

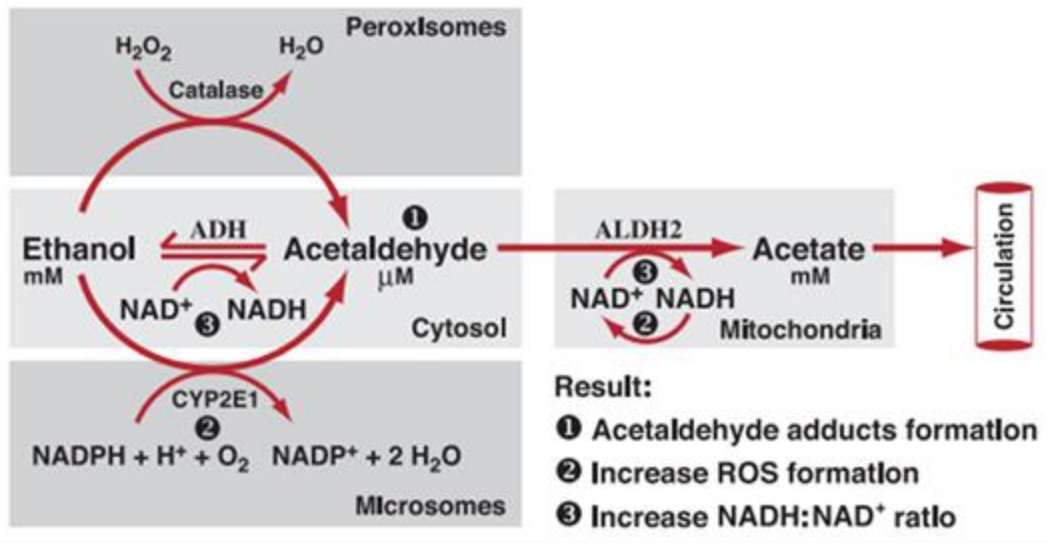
In Europe, numerous studies were conducted to compare patterns of alcohol consumption behaviour between Roma and the majority populations. Among them, a study conducted by Zelko et al. on the Roma and non-Roma populations of Slovenia is the only study where an AUDIT questionnaire was applied to evaluate drinking patterns. Results of the study demonstrated that for abstainers (Roma: 39.0%; non-Roma: 16.0%) and non-hazardous drinkers (Roma: 38.0 %; non-Roma: 64.0 %), there were significant differences between participants of Roma and non-Roma (45). One of the Slovak studies did not find any difference in overall alcohol consumption among males of Roma and non-Roma but in the case of binge drinking the rate was higher among Roma females than non-Roma (46). Additionally, a study on Roma and non-Roma mothers in Slovakia revealed that during pregnancy, Roma mothers had a greater risk of alcohol intake. The odds of alcohol drinking were 11.7 times higher for non-Roma mothers ( $p < 0.001$ ) (47). Though results from another study in Slovakia indicated that Roma adolescents drank less frequently than non-Roma (48). Findings of a study in Moldova represented that compared to non-Roma, Roma families spent more (116% of the non-Roma) on alcohol and tobacco, where the expenditure for essential goods among Roma was significantly lower than among non-Roma (49). In comparison with non-Roma, a higher proportion of Roma children in Lithuania and Latvia were daily alcohol users, though the differences were not statistically significant (50). Results of a study conducted on the Roma social workers in the Czech Republic showed that substance use including regular excessive alcohol intake was 2–6 times higher among Roma than that of the general population (51). Similar findings were also obtained from another study conducted in Spain stating that Roma women had significantly higher levels of alcohol consumption compared to non-Roma women (52). Gender-specific results were obtained from another study in Spain, it illustrated that young Roma men were more likely to drink alcohol compared to other young men, but among women, the frequency of alcohol consumption was lower among Roma than in the general population (53). Furthermore, a study conducted in Turkey demonstrated that compared to other strata of society, Roma individuals differed not only in traditions, livelihood and job opportunities but also suffered from excessive alcohol intake, where alcohol intake was 3.2 times higher compared to others (54).

Both daily alcohol consumption and drunkenness were more common among Roma adolescents in Hungary (55). Another study conducted among Hungarian Roma and non-Roma adolescents revealed that Roma ethnicity was significantly associated with the lifetime prevalence of alcohol intoxication (56). Besides poorer socioeconomic conditions, higher consumption of sweets and soft drinks, children living in Roma settlements in Hungary could also be characterized by earlier initiation of alcohol consumption and at the age of 11 years and trying alcohol was also more prevalent among Roma boys than non-Roma ones (57). Another Hungarian study described that between 2003 to 2014 there were negative changes regarding alcohol intake among Roma individuals and in comparison, with the general population, the gap was widened for alcohol consumption. From this study, it was articulated that during the surveys of 2014/2015 for both men and women and all age groups between 18 and 64 years, the percentage of heavy drinking was higher among Hungarian Roma than that of the general population (58). On the other hand, Kosa et al revealed that the prevalence of abstainers was significantly higher among Roma compared to the Hungarian general adult population (59).

#### **1.4 Genetic factors influencing alcohol consumption and related phenotypes**

Both patterns and the amount of alcohol consumed are accountable for the adverse health outcomes of alcohol intake (60, 61). Numerous factors comprising both genetic variations and non-genetic variables influence the quantity and patterns of alcohol consumption (62-64). Nongenetic factors include gender (65), age (66), duration of involuntary unemployment, extent of poverty (67) and relevant lifestyle factors like smoking and inadequate physical activity (68).

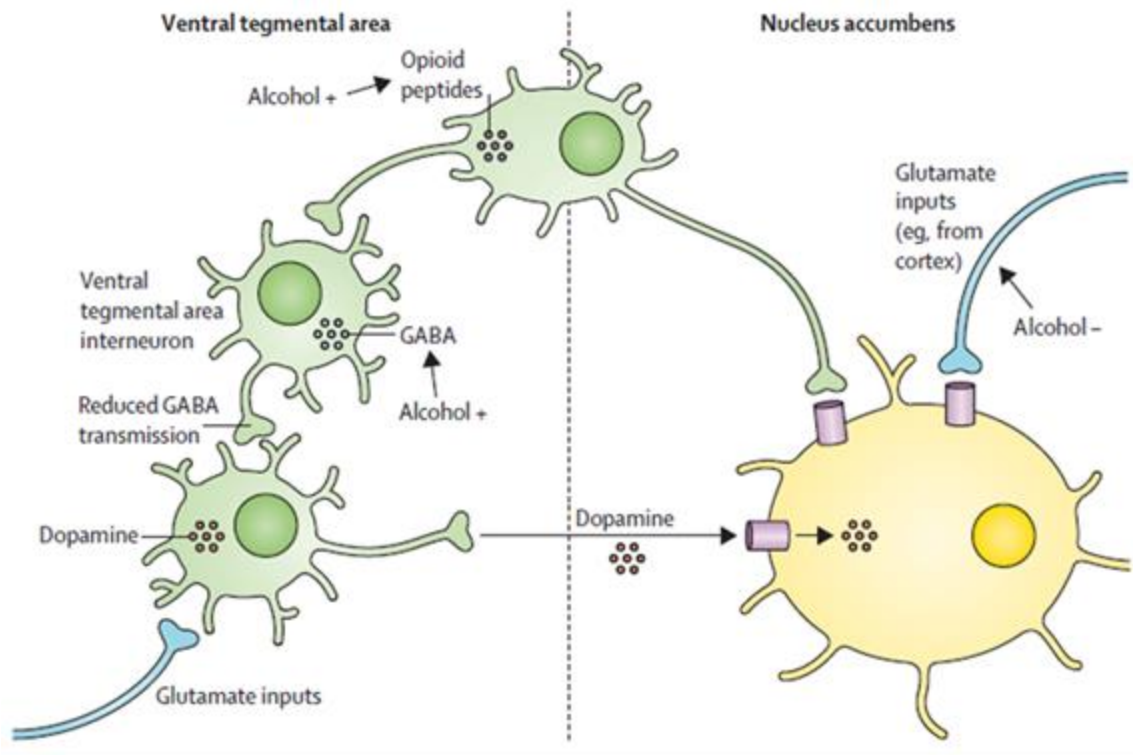
Several genes, particularly those coding for enzymes involved in alcohol metabolism have a substantial influence on alcohol consumption. Alcohol dehydrogenase (ADH) and aldehyde dehydrogenase (ALDH) are the two important enzymes responsible for the degradation of alcohol in the oxidative pathway. ADH is responsible for the oxidation of ethanol to acetaldehyde, which is further oxidized to acetate by aldehyde dehydrogenase ALDH (Figure 2). This toxic by-product of hepatic oxidation is responsible for the unpleasant effects of alcohol consumption. Thus, individuals with isoforms of ADH and ALDH that oxidize ethanol at a faster rate and acetaldehyde at a slower rate, respectively, are protected against the risk of alcohol dependence due to the accumulation of acetaldehyde (69).



**Figure 2. Oxidative pathways of alcohol degradation**

(Source: Zakhari, S., *Overview: how is alcohol metabolized by the body?* *Alcohol Res Health*, 2006, 29(4): p. 245-54.)

Additionally, a statistically significant association was found between GABRA2 ( $\gamma$ -amino butyric acid receptor A2) gene polymorphism and alcohol dependence (70), where the finding was repeated in individuals of different European (71-74) as well as African ancestries (75). Furthermore, numerous genes related to neurotransmitter pathways involved in the mediation of positive reinforcing effects of alcohol such as the cholinergic receptor, muscarinic 2 (CHRM2); cholinergic receptor, nicotinic, alpha 5 (CHRNA5); catechol-O-methyltransferase (COMT); glutamate receptor, metabotropic 8 (GRM8); solute carrier family 6, member 4 (5-HTT); nuclear factor of kappa light polypeptide gene enhancer in B cells 1 (NFKB1); monoamine oxidase A (MAOA); neuropeptide Y receptor Y2 (NPY2R); opioid receptor, kappa 1 (OPRK1); opioid receptor, mu 1 (OPRM1); prodynorphin (PDYN); and tachykinin receptor 3 (TACR3) were also found to be associated with certain alcohol consumption-related phenotypes (76).



**Figure 3. Effects of alcohol on neurotransmitter systems**

(Source: Connor, J.P., Haber, P.S., Hall, W.D., *Alcohol use disorders. The Lancet*, 2016, 387(10022): p. 988-98.)

Besides alcohol metabolizing and neurotransmitter genes, taste preference-related genetic variants may also influence drinking behaviours. Perceived taste is one of the sensory components assumed to influence alcohol intake. Based on concentration, the taste profiles of alcohol comprise bitter and sweet sensations (77). Furthermore, along with ethanol, alcoholic beverages usually contain several active-tasting compounds such as sugars, acids, proteins and polysaccharides which may either increase or mask the bitterness of the alcoholic drinks (78). Alcohol consumption was found to be negatively influenced by the degree of responsiveness towards bitter component 6-*n*-propylthiouracil (PROP), while sweet taste sensitivity is assumed to increase preference for alcoholic beverages. Individuals with higher bitter taste perception are supposed to consume fewer alcoholic beverages compared to those with a lower perception of bitter taste (77, 79).

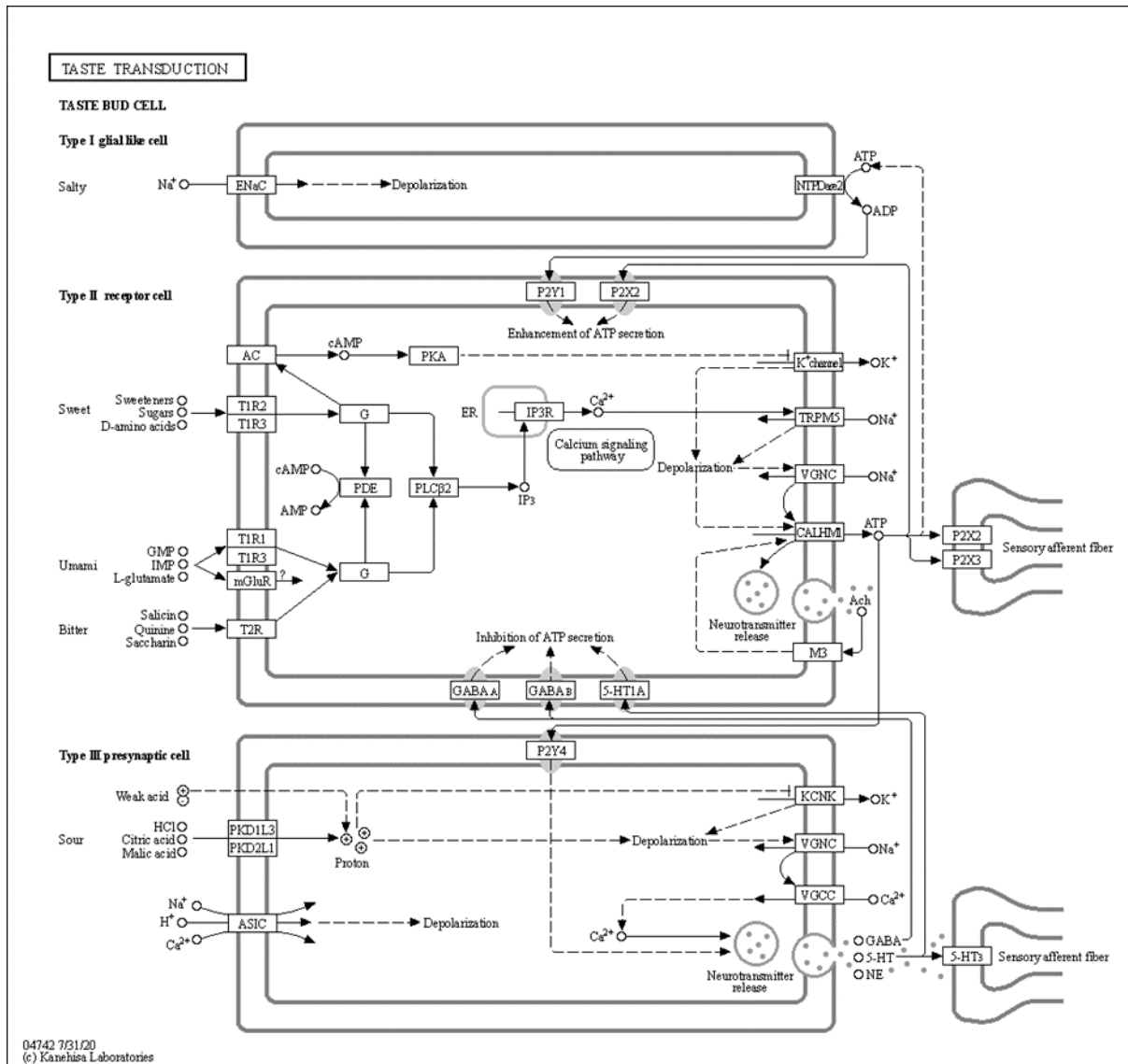
Human taste bud cells can be classified into four categories based on their morphological characteristics and three of those express taste receptors (Figure 4), type I, II and III being involved in salty, sweet-umami-bitter and sour taste perception, respectively (80). Numerous known genes are responsible for mediating bitter taste perception and many of them belong to the superfamily of G protein-coupled receptors of the TAS2R family (89, 90). The TAS2R family in humans is capable of interacting with several substances belonging to various taste qualities. Bitter-tasting compounds are linked to 25 different bitter taste receptors functioning as monomers (Figure 4) of the TAS2R gene family (81) among which TAS2R38 is the most studied one. Different variants of the TAS2R38 gene are linked to variation in responsiveness towards two bitter-tasting compounds called phenylthiocarbamide (PTC) and PROP (82, 83), and are associated with preferences for numerous foods such as brassica vegetables, other bitter-tasting foods, sweets, spicy foods and different alcoholic beverages (84-88). Three common variants such rs713598, rs1726866 and rs10246939 of TAS2R38 involved in changes of amino acids sequences and thus, results in two haplotypes, called AVI (alanine-valine-isoleucine) and PAV (proline-alanine-valine) which are liable for variation in human bitter taste sensitivity. Carriers of AVI homozygous are mainly non tasters while heterozygous and PAV homozygous carriers tend to be tasters (82, 83, 89, 90) Additionally, the bitter taste modality is also affected by other genes like TAS2R19 (Taste 2 Receptor Member 19), TAS2R31 (Taste 2 Receptor Member 31), TAS2R4 (Taste 2 Receptor Member 4), TAS2R5 (Taste 2 Receptor Member 5), TAS2R9 (Taste 2 Receptor Member 9) and CA6 (Carbonic Anhydrase 6) (gustin) (91). Gustin is a protein considered as a trophic factor for the growth and development of taste buds (92) and is linked with the formation and function of fungiform papillae (93).

In humans, receptor proteins of the TAS1R family functioning as heterodimers (Figure 3) are vital for the perception of sweet and umami taste modalities (94). Sweet taste perception is mostly mediated by the activation of TAS1R2 (taste receptor type 1, member 2) and TAS1R3 (taste receptor type 1, member 3) heterodimers and umami are mainly linked to TAS1R1/TAS1R3 heteromers (95). Cluster determinant 36 (CD36) encoding for the fatty acid translocase is responsible for sensation of fat taste (dietary long-chain fatty acids) and the epithelial sodium channel (ENaC) with four subunits and transient receptor potential cation channel subfamily V member 1 (TRPV1) play crucial roles in responsiveness towards salty taste

(96). A sour taste is sensed through acid detection. Though the underlying mechanism is not yet clearly identified, but it is suggested that transient receptor potential channels (TRPs), i.e. the polycystic kidney disease-like (PKDL-like) receptors are involved in sour taste perception (Figure 4) (97, 98). Genetic variants related to the perception of sweet, umami, fat, sour, and salty taste modalities may also contribute to variation in taste perception and consequential food intake, though these sensory pathways other than bitter and sweet are not relevant in terms of alcohol consumption.

Alcohol use disorder is a multifactorial disorder that can be influenced by a wide variety of genetic determinants and social, cultural and personal factors such as more permissive attitudes towards heavy drinking, physical and financial availability of alcohol (99, 100), poor family support (101, 102) parental drinking and individual expectations of alcohol effects may also contribute to AUD (103, 104) ADH1B and ALDH2, two important genes responsible for coding for alcohol-metabolizing enzymes were found to exhibit associations with different levels of alcohol consumption and with potential intermediate phenotypes of alcohol use disorder (AUD) (105). Relevant studies demonstrated that ADH1B rs1229984 and rs2066702 were associated with AUD (106-109) and numerous aspects of alcohol consumption such as alcohol dependence, and hazardous and harmful drinking (107, 110-113). Likewise, highly significant associations were found between ALDH2 and alcohol dependence (114-116) as well as with drinking status (117). These two genes ADH1B and ALDH2 involved in the metabolism of alcohol were found to have the strongest effect on the development of alcoholism. Through the accumulation of acetaldehyde toxic intermediate, which can create unpleasant feelings such as dizziness and nausea and thus have an effect on alcohol consumption (118). Other studies focus on genes and their variants involved in the central nervous system's responses linked to alcohol consumption. Findings from genetic association studies represented that GABRA2 and other GABA-A receptor genes (119-121) were significantly linked with alcohol dependence (70, 72, 74, 75).  $\gamma$ -amino butyric acid (GABA), the major inhibitory neurotransmitter in the vertebrate brain (122) binds to the GABA-A receptor and is involved in regulating brain excitability through changing neuron membrane potential via opening a chloride ion channel. GABA-A receptors are sensitive to ethanol and suppose to mediate many effects comprising anxiolysis, sedation, motor incoordination, tolerance, and dependence (123). Dopamine has been considered to be involved

in the development of alcoholism through the reward system (119) since the mesolimbic dopamine system plays a crucial role in the rewarding effects of alcohol (124, 125). Alcohol consumption leads to the release of neurotransmitters in the limbic system via stimulating dopamine neurons in the mesolimbic system and thus mediates positive reinforcement and reward (126). Dysfunction in the dopaminergic transmission is linked with a craving for ethanol (127) and appears to impact withdrawal symptoms (128, 129). Among 5 dopamine receptors, the dopamine D2 receptor gene (DRD2) controls both the release and synthesis of dopamine (119). Additionally, the dopamine transporter (DAT) affects dopaminergic neurotransmission (130), where a reduction in DAT density was observed among alcoholics (131). Furthermore, two important enzymes called catechol-O-methyltransferase (COMT) and monoamine oxidase A (MAO-A) (132, 133) play important roles to metabolize dopamine to homovanillic acid, which is recognized as a potential indicator for central dopaminergic neuronal activity (134). Serotonin (5-hydroxytryptamine; 5-HT) is also believed to be involved in the mediation of alcohol intake (135). Serotonin transporter (5-HTT) polymorphism located on chromosome 17q11.2 (136) was demonstrated being a functional polymorphism: the shorter allele exhibiting lower transcriptional efficiency. The association identified between the short allele of HTT and anxiety-related personality traits (137) facilitates the assumption that HTT may be involved in the regulation of alcohol consumption via participation in harm avoidance (138). Variations in kappa opioid receptors, such as opioid receptor kappa 1 (OPRK1) and prodynorphin (PDYN) are strongly linked to alcohol dependence (139). Moreover, 11 SNPs of cholinergic receptor muscarinic 2 (CHRM2) showed statistically significant associations with alcoholism (140)



**Figure 4 KEGG PATHWAY Database: Taste transduction - Reference pathway**

(Source: <https://www.kegg.jp/pathway/map=map04742&keyword=taste>)

## **1.5 Genetic studies of alcohol consumption in Hungary and among Roma**

Genetic association studies regarding alcohol drinking behaviours of the Hungarian general and Hungarian and other Roma populations are scarce. One Hungarian study illustrated that variations in alcohol consumption patterns among Hungarian general and Roma participants were not linked to the genetic constitution, but rather exposure to different environmental factors and respective cultural values that may have a prominent influence on alcohol intake (141). Another study of Hungarian men exhibited that ADH1B rs1229984 had a significant association with lower odds of drinking frequency (142) and in the case of Hungarian males ADH1C rs1693482/ rs698 alleles enhanced the risk of excessive and problematic drinking, respectively (143). Findings from another study illustrated that the allele frequency of ADH1B rs1229984 did not differ significantly between participants of Roma and Czech populations (144). At the same time, the effect of taste preference genetic variants on different dimensions of alcohol consumption among Roma individuals and in the Hungarian general population has not been investigated yet.

## **AIM OF THE STUDY**

Our study aimed to identify the factors that may influence alcohol consumption behaviours of the Hungarian general and Roma populations of North-East Hungary. The specific objectives were to:

1. Describe and compare alcohol consumption behaviours of the Hungarian general (HG) and Roma (HR) populations.
2. Evaluate the potential effect of taste preference-related gene polymorphisms on alcohol consumption behaviours among participants of HG and HR populations.
3. Synthesize the evidence on the effect of taste preference-related genetic variants on various aspects of drinking behaviours.

## **MATERIALS AND METHODS**

### **3.1 Study design and sampling**

The current research used data derived from a cross-sectional study conducted in 2018 from 17 May to 29 August (145). Within the framework of this three pillar (questionnaire survey, physical examinations, and laboratory analysis) complex comparative health survey, representatives of the HG and HR populations segregated settlements of two counties of North-East Hungary named Borsod-Abaúj-Zemplén and Szabolcs-Szatmár-Bereg, where most of Roma populations are inhabited (146). In the beginning, it was intended to comprise 500 participants from each of the two study groups. The inclusion of study subjects was aided by the pre-determined principle that if somebody was not available to reach, it was acceptable to add another individual, but when anyone denied to participate in the study, it was unacceptable to include another subject for the one who refused to participate. To collect data from study participants of HG and HR groups, questionnaires were administered by practice nurses and Roma field workers, respectively. Through interviews, information on alcohol intake, smoking, eating habits, physical activity, information on demographics, and socioeconomic status was collected. Physical examination included measurements of weight, height and waist circumference, blood pressure, ischiocrural muscle elasticity, and lateral spinal flexion. Furthermore, visual acuity and fitness of cardiovascular tests were also performed. For genetic analysis, blood samples were collected at General Practitioners' (GPs) practices. This study was approved by the Ethical Committee of the Hungarian Scientific Council on Health (61327-2017/EKU). By following the Helsinki Declaration written consent was taken from the study respondents of both groups.

### **3.2 Sample representative of the Hungarian general population living in Northeast Hungary**

Participants for the HG population sample were derived from a population-based disease registry called the General Practitioners' Morbidity Sentinel Stations Programme (GPMSSP). This registry was set up to observe the incidence and prevalence of various chronic non-communicable diseases (diabetes, hypertension, ischaemic heart disease, liver cirrhosis, acute

myocardial infarction, stroke, malignancies of the respiratory tract, colon and rectum, breast, cervix, and prostate). In 1998 the School of Public Health of the University of Debrecen together with the National Public Health and Medical Officer Service founded the GPMSSP (147). Initially, this program encompassed populations from four different counties: Hajdú-Bihar, Szabolcs-Szatmár-Bereg, Győr-Moson-Sopron, and Zala. Afterward, populations from several other regions of Hungary were also included in the GPMSSP (148).

The reference HG population sample for the present study was randomly recruited from the GPMSSP registry. The sample comprised individuals of 20–64 years residing in private houses in two selected counties of Northeast Hungary (Borsod-Abaúj-Zemplén and Szabolcs-Szatmár-Bereg) and registered by GPs involved in the GPMSSP. GPs documented the medical history, conducted physical examinations, and collected blood samples for routine examinations and DNA extraction. At the beginning, it was intended to recruit 25 respondents from each of twenty previously nominated GPs, which ultimately would have accounted for 500 subjects of the general population. Two GPs refused to take part; thus, the final sample size comprised 450 respondents from eighteen GPs. Health-related information was collected at the time of the participants' visits at the GP's practices and practice nurses administered questionnaires in a face-to-face mode.

### **3.3 Sample representative of the Hungarian Roma population living in segregated colonies in Northeast Hungary**

A stratified multistep sampling technique was applied to enrol representative subjects of the Hungarian Roma population from the same two counties (Borsod-Abaúj-Zemplén and Szabolcs-Szatmár-Bereg), where most of the Roma populations are inhabited. Earlier, an environmental survey was conducted in all settlements of Hungary, where Roma field workers were engaged to detect and characterize segregated Roma settlements of no less than, 100 residents and the ethnicity of the individuals of these segregated colonies was authenticated by self-statement (146). Followed by the required validation of this registry, twenty colonies were selected randomly for the present study and 25 households were chosen randomly from each of these selected colonies. Afterward, from each selected household all individuals within the age range

of 20–64 years were identified and one person of this age group from every house was nominated by using a random table for subsequent face-to-face interviews. To avoid probable adversities and mistrust of Roma participants regarding interviewers, skilled Roma university students were engaged to collect information related to health behaviours.

### **3.4 Sociodemographic and economic variables**

Several sociodemographic and economic variables (gender, ethnicity, sex, marital status, highest education level, economic activity, and self-perceived financial status) were used in this study, as predictor variables for different alcohol consumption phenotypes. During this study, different age categories (20-34, 35-49, and 50+ years) were used for describing study participants. The highest educational level was classified as primary or less, secondary, high school, and tertiary school. Based on their marital status the respondents were categorized as married, single, and widow, or divorced, while economic activity was illustrated by categories such as worker, unemployed, and pensioner/other allowance/student. A five-point Likert scale varying from very bad to very good was applied to gather information on participants' self-perceived financial status, and the responses were subsequently converted to three different options: good, satisfactory, and bad.

### **3.5 Assessment of alcohol consumption patterns**

Patterns of alcohol intake were evaluated by utilization of the 10-item Alcohol Use Disorders Identification Test (AUDIT-10) tool, where the total AUDIT score varies between 0 to 40 and total scores of 20 or greater indicate possible alcohol dependence. This tool comprises questions on three important domains of alcohol consumption such as hazardous alcohol use related to the frequency and quantity of drinking, dependence symptoms, and harmful alcohol use describing problems due to alcohol consumption. AUDIT questions 1- 8 have five response options to be chosen, while each response category has a corresponding score varying from 0 to 4. Questions 9 and 10 are scored on either of the three available options such as 0 (no), 2 (yes, but not in the last year), or 4 (yes, during the last year) (149). In our study, the Hungarian version of the AUDIT was applied (158). The first question of the AUDIT questionnaire provides information on

drinking frequency, while questions 2 and 3 gather data on the typical quantity of alcohol consumed and frequency of heavy drinking, respectively. Additionally, a score of more than 0 on questions 4 to 6 indicates the presence of alcohol dependence while points on questions 7 to 10 infer the possibility of alcohol-related harm being experienced. Total scores  $\geq 8$  out of 40 are generally suggested as an indication of hazardous as well as harmful alcohol use and the possibility of alcohol dependence (149). However, in certain cases improvements (obtaining optimal sensitivity and specificity of assessment) have been done by lowering the cut-off score, depending on the population investigated (149). Results from several other research on AUDIT indicated that for optimal revealing of hazardous and harmful alcohol use among women, lower than the originally suggested cut-off score of 8 is recommended by some researchers (150-154). Findings from another similar type of study revealed that among females, optimal sensitivity and specificity of the assessment of different alcohol consumption behaviours were obtained at AUDIT score cut-off point  $\geq 5$  (155). One explanation for this lower cut-off value for females may be the gender-specific differences in alcohol requirement and alcohol metabolism. As females have lower body weight than males, they have less body water to dissolve alcohol which results in more concentrated alcohol in women's bodies compared to men. Additionally, women possess fifty percent less ADH than men and thus more unmetabolized alcohol is passed into their bloodstream which ultimately decreases the alcohol requirement of the females than men to produce equal alcohol concentration in the blood (156). Though we have also included some analyses using the original cut-off score of 8 as well.

During the current study, several alcohol consumption phenotypes, i.e., problematic drinking, hazardous level of alcohol use, alcohol dependence, alcohol-related harm, and past alcohol problems were evaluated as primary outcome variables. To evaluate problematic drinking the following thresholds of total AUDIT score were considered:  $\geq 8$  points for men and  $\geq 5$  points for women (149, 155). Additionally, a score of  $\geq 1$  on questions 2 or 3 specified a hazardous consumption level, while a score above 0 on questions 4 to 6 indicated alcohol dependence. Furthermore, score on questions 7-10 pointed towards alcohol-related harms being experienced. Finally, the last two questions provided evidence of past problems(149). These domains were also considered separately in our research to gain more insight into several aspects of alcohol-related phenotypes of our two study samples, which might point out ethnic-specific problems and

the need for more tailored interventions. Moreover, for genetic association analysis the first three questions of the AUDIT questionnaire were used as potential outcome variables. The first question (“How often do you have a drink containing alcohol?”) and the second question (“How many standard drinks containing alcohol do you have on a typical day when drinking?”) of the AUDIT questionnaire measure the frequency of drinking and the typical quantity consumed respectively, while the third question (“How often do you have six or more drinks on one occasion?”) indicates the frequency of heavy drinking.

### **3.6 Selection of genetic polymorphisms**

A systematic literature review was conducted to identify single nucleotide polymorphisms linked to different taste preference genes, which are assumed to be associated with various alcohol consumption behaviours. Based on the literature search, SNPs, whose effects regarding bitter and sweet taste preference and/or perception were investigated comprehensively (91) and likely to be related to diverse alcohol intake phenotypes were included in the present study. Four SNPs, TAS1R3 (taste 1 receptor member 3) rs307355, TAS2R38 (taste 2 receptor member 38) rs713598, TAS2R19 (taste 2 receptor member 19) rs10772420 and CA6 (carbonic anhydrase 6) rs2274333 were selected for further analysis. Detailed descriptions of the selected SNPs and their effects on alcohol consumption and taste preferences are illustrated in Table 1.

**Table 1. Effect of selected genetic polymorphisms on alcohol consumption behaviour and taste phenotypes**

Gene	SNP	Association	No association	Relation to taste phenotypes
TAS1R3	rs307355	Soju intake and heavy drinking ( $\geq 30$ g/day; Individuals with CT genotype tend to be heavy drinkers) (157).	Intake of wine, spirit & beer. (157).	Taste responsiveness towards sucrose (T alleles linked with decreased sensitivity) (158).
TAS2R38	rs713598	Daily number of standard drinks (Individuals with P allele: fewer standard drinks, also from spirits and mixed drinks) (159). Frequency of alcohol intake (tasters: higher frequency) (160). Decreased alcohol intake (C allele; first AUDIT question (161).	Intake of Beer & wine (159). 2 <sup>nd</sup> and 3 <sup>rd</sup> AUDIT questions (161). Weekly intake of alcohol (162).	PTC, PROP, thioamide and salicin threshold, taster status, bitterness; preference for bitter vegetables (lower preference, threshold for tasters) (89, 163-172).  Preference/threshold of sucrose, preference, and intake of sweet tasting foods (GG lower preference) (173-175).
TAS2R38	rs713598, rs1726866, rs10246939	AVI/AVI homozygotes associated with more frequent and more alcohol intake (84, 176). Carriers of AVI/AVI positively associated with being alcoholic (177) Alcohol drinkers had a higher number of AVV homozygotes and were linked with higher alcohol consumption (178). Association between taster haplotype and	Daily intake of alcohol (180, 181). Beer and daily total alcohol intake (157). Alcohol drinker status (182, 183). Amount and frequency of alcohol consumption (184).	PROP phenotype, bitterness of ethanol, cruciferous vegetable preference & intake (taster had lower preference & threshold) (164-167, 170, 172, 185-200).  Preference and consumption of sweet-tasting foods (PAV higher preference) (201), (202).

		lower mean of the largest number of drinks (ever having in 24 hours) (179) and Individuals with minimum one PAV haplotype had lower weekly alcohol consumption (162). Subjects with AVI haplotype were less likely to be alcohol drinkers (157).		
<b>TAS2R19</b>	<b>rs10772420</b>	--	Alcohol consumption frequency (160). First three AUDIT questions (161). Drinking frequency as well as heavy drinker status of alcohol (203).	Preference, intensity, detection threshold of bitter-tasting compounds, and preference of grape-fruit juice (significant association between A allele and more intense perception of quinine (84).
<b>CA6</b>	<b>rs2274333</b>	--	Daily consumption of alcohol (180). Alcohol consumption frequency (160).	PROP (bitter) taster status, threshold (The A allele more common in supertasters (186, 188, 190, 204)

*AUDIT: Alcohol Use Disorders Identification Test; AVI: alanine- valine- isoleucine; PAV: proline–alanine–valine; PROP: 6-n-propylthiouracil; PTC: phenylthiocarbamide; SNP: single nucleotide polymorphism.*

### 3.7 DNA preparation

DNA extraction was conducted from previously collected ethylenediaminetetraacetic acid (EDTA)-anticoagulated blood samples. To isolate DNA from 500-µl aliquots of blood, the “MagNA Pure LC DNA Isolation Kit – Large Volume” made by Roche Diagnostics of Germany was used.

### 3.8 Genotype assessment

Genotyping of the selected 4 SNPs was conducted by the Mutation Analysis Core Facility (MAF) of the Clinical Research Center of Karolinska University Hospital of Stockholm, Sweden. Genotype assessment was conducted on the Sequenom Mass Array platform using the iPLEX Gold Chemistry. During the process, initially, a locus-specific polymerase chain reaction (PCR) reaction is carried out, and then a locus-specific primer extension reaction is accomplished, where oligonucleotide primers anneal to the polymorphic site of interest. In the iPLEX assay, both primers and amplified target DNA are incubated with mass-modified dideoxynucleoside terminators. Extended primer mass can be determined by matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) mass spectrometry, when the mass of primer specifies the sequence, thus alleles existing at the specific polymorphic site (205). Furthermore, validation, quality control as well as concordance analysis was carried out by MAF. The success rate of genotyping was over 98%.

### 3.9 Statistical analysis

Data were analysed by utilizing the statistical software STATA 10 version (Stata Corporation, College Station, Texas). The normality of the age distribution of HG and HR respondents was checked by the Shapiro-Wilk test, while a comparison of mean age and gender distribution of HG and HR respondents was made by execution of the Mann-Whitney U and chi-square ( $\chi^2$ ) tests, respectively. To compare the distribution of different sociodemographic variables between the study populations (HR versus HG)  $\chi^2$  and Fisher's exact tests were executed. Furthermore, both crude and gender-stratified distributions of different alcohol consumptions behaviours (problematic drinking, alcohol intake at hazardous levels, dependence syndrome of alcohol, harms associated with alcohol intake, and evidence of past problems related to alcohol consumption) between the two groups were calculated by  $\chi^2$  and Fisher's exact tests. To investigate the association between above mentioned sociodemographic variables and different alcohol consumption behaviours included in this study, multiple Poisson, as well as, logistic regression analyses were applied, where outputs of the association analyses were presented as respective odds ratios with corresponding 95% confidence intervals.

When Poisson or multivariate logistic analysis denoted statistically significant differences between HG and HR participants, the decomposition method established by Oaxaca (206) and Blinder (207) was applied to reveal the ethnicity-specific variations in different alcohol intake behaviours that could be described by various socioeconomic variables. This decomposition technique utilizes the output of regression analysis and divides the components of a group difference into the endowments and coefficients. The endowment is resulted from the variations in characteristics between groups, while the coefficient is attributable to the variations in the effects of characteristics. The STATA command “mvdcmp” was applied to run a multivariate decomposition analysis (208).

To assess the deviation from the Hardy-Weinberg equilibrium (HWE) and to calculate allele frequencies of the included SNPs the STATA commands “hwsnp” (209) and “genhw” (210) were executed, respectively. The  $\chi^2$  test was used to depict the differences in genotype frequencies between HG and HR populations. Additionally, an association of included genetic variants with different alcohol intake behaviours among HG and HR participants were evaluated by applying “qtl SNP” command in STATA (209). During all association analyses, adjustments were made for potential covariates (age, gender and marital status), and dominant and recessive models were considered (based on corresponding minor alleles). In the case of HWE p-value of <0.001 was applied as a significance threshold (211), while in every other case of analysis  $p < 0.05$  indicated statistical significance. Additionally, Bonferroni corrected p-values were presented for multiple testing analyses.

### **3.10 Systematic literature search to identify taste preference genetic variants related to alcohol consumption behaviours**

#### ***3.10.1 Procedure of literature search and inclusion criteria***

To identify articles investigating associations of taste preference-related genetic variants with various aspects of drinking behaviours, a systematic literature search was conducted using three search engines PubMed, Web of Science and, ProQuest Central. Principles of the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) statement (212) were followed throughout the search process. During the literature search the following keywords

were applied to ascertain desired articles: (“taste preference” OR “taste perception” OR “taste sensitivity” OR “sweet taste preference” OR “sweet taste perception” OR “sweet taste sensitivity” OR “bitter taste preference” OR “bitter taste perception” OR “bitter taste sensitivity” OR “fat taste preference” OR “fat taste perception” OR “fat taste sensitivity” “salty taste preference” OR “salty taste perception” OR “salty taste sensitivity” OR “sour taste preference” OR “sour taste perception” OR “sour taste sensitivity” OR “umami taste preference” OR “umami taste perception” OR “umami taste sensitivity” OR “taste threshold” OR “sweet taste threshold” OR “fat taste threshold” OR “salty taste threshold” OR “sour taste threshold” OR “umami taste threshold”) AND (“genes”) AND (“alcohol consumption”) NOT (“animal”). From the findings of the literature search articles meeting the desired criteria such as focusing on human samples, written in English, published in peer-reviewed journals, and existing in a full-text format were included for subsequent analysis.

### ***3.10.2 Quality evaluation of selected studies***

The validated 11-item quality assessment tool of genetic association studies called the Q-Genie tool was used to assess the quality of the included articles, where a 7-point Likert scale varying from 1 (poor) to 7 (excellent) was applied to evaluate included studies regarding certain quality aspects defined by each item. Depending on the total quality score, selected studies were specified as three quality categories, i.e., poor, moderate, or good. Total scores of  $\leq 35$ ,  $>35$  to  $\leq 45$  and  $> 45$  for studies with control groups, while total scores of  $\leq 32$ ,  $>32$  to  $\leq 40$  and  $>40$  for studies without control groups indicated poor, moderate, and good quality studies, respectively (213).

### ***3.10.3 Data extraction***

After the removal of duplicated studies, abstracts of the remaining publications were screened to identify eligible articles for further analysis.

## RESULTS

The study comprised altogether 797 respondents from both HG and HR populations: 410 HG and 387 HR subjects, respectively. Data related to different alcohol consumption behaviours were available for all 797 respondents, while for genetic association analysis, a total of 405 HG and 364 HR DNA samples were obtainable. The mean age of HG respondents did not differ significantly from that of HR participants (HG:  $44.3 \pm 12.3$  years, HR:  $42.8 \pm 12.1$  years,  $p=0.075$ ). Additionally, the output of  $\chi^2$  test analysis postulated that the proportion of male respondents was significantly lower in the HR (0.26 vs 0.44,  $p<0.001$ ) than in the HG sample.

### 4.1 Characteristics of the study populations

The socioeconomic characteristics of respondents of both study groups (HG and HR) are illustrated in **Table 2**. Except for marital status and age categories, all other socioeconomic variables included in the study such as education, economic activity, financial status, and gender differed significantly ( $p<0.001$ ) between the two study groups. Among HR, the majority of the individuals (84.5%) could be characterized by primary educational level or less while for HG, most of the study individuals (33.66%) completed high school. Additionally, 18.29% of HG participants were tertiary-level educated, while for HR this percentage was less than 1%. It is also articulated that the rate of unemployment was almost three times higher (HG: 7.80%; HR: 21.45%) among HR compared to HG. Furthermore, 30.98% and 14.99% of the HG and HR participants, respectively, were in good financial status, while for bad financial status, the percentage was almost three times higher (HG: 11.71%; HR:30.23%) among participants of HR than HG. Moreover, the percentage of female participants was significantly higher among HR (73.9%) compared to HG (56.1%).

**Table 2. Characteristics of the Hungarian general (HG) and Roma (HR) populations**

<b>Characteristics</b>	<b>Variable</b>	<b>Total n (%)</b>	<b>HG n (%)</b>	<b>HR n (%)</b>	<b>p-value*</b>
Education	primary or less	413 (51.82)	86 (20.98)	327 (84.50)	<b>&lt;0.001</b>
	secondary	151 (18.95)	109 (26.59)	42 (10.85)	
	high school	150 (18.82)	138 (33.66)	12 (3.10)	
	tertiary education	76 (9.54)	75 (18.29)	1 (0.26)	
Economic activity	worker	531 (66.62)	303 (73.90)	228 (58.91)	<b>&lt;0.001</b>
	Pensioner, other allowance. student	138 (17.31%)	69 (16.83)	69 (17.83)	
	unemployed	115 (14.43)	32 (7.80)	83 (21.45)	
Marital status	married	509 (63.86)	253 (61.71)	256 (66.15)	0.240
	single	166 (20.83)	95 (23.17)	71 (18.35)	
	widow, divorced	115 (14.43)	60 (14.63)	55 (14.21)	
Financial status	good	185 (23.21)	127 (30.98)	58 (14.99)	<b>&lt;0.001</b>
	satisfactory	434 (54.45)	227 (55.37)	207 (53.49)	
	bad	165 (20.70)	48 (11.71)	117 (30.23)	
Age category (years)	20-34	209 (26.22)	99 (24.15)	110 (28.42)	0.348
	35-49	308 (38.64)	160 (39.02)	148 (38.24)	
	50+	280 (35.13)	151 (36.83)	129 (33.33)	
Gender	male	281 (35.26)	180 (43.90)	101 (26.10)	<b>&lt;0.001</b>
	female	516 (64.74)	230 (56.10)	286 (73.90)	
Total		797 (100)	410 (100)	387 (100)	

*\*Pearson chi-square and Fisher's exact test. Bold indicates statistical significance.*

## 4.2 Alcohol consumption patterns of the Hungarian general and Roma populations

### 4.2.1 Drinking characteristics of study participants

**Table 3** demonstrates the alcohol-drinking frequencies of the HG and HR populations. Assessment of how often the study participants in both groups consumed alcoholic beverages was done based on the first question of the AUDIT questionnaire. From the table, it is observed that there is a statistically significant ( $p < 0.001$ ) difference in the frequency of having alcoholic drinks between HG and HR. In comparison with HG, a lower proportion of HR participants had alcoholic drinks “2-4 times a month” (HG: 12.01%; HR: 4.17%) and “2-3 times a week or more” (HG: 12.75%; HR: 5.47%). Meanwhile, a higher percentage of HR individuals (37.76%) had alcoholic drinks “monthly or less” compared to HG participants (28.43%). Additionally, after stratification by gender, the frequency of alcohol intake remained statistically significant between HG and HR males ( $p = 0.007$ ) and between HG and HR females ( $p < 0.001$ ).

**Table 3. Drinking frequencies of Hungarian general (HG) and Roma (HR) populations**

	<b>never n (%)</b>	<b>monthly or less n (%)</b>	<b>2-4 times a month n (%)</b>	<b>2-3 times a week or more n (%)</b>	<b>p-value*</b>
<b>HG Total</b>	191 (46.81)	116 (28.43)	49 (12.01)	52 (12.75)	<b>&lt;0.001</b>
<b>HR Total</b>	202 (52.60)	145 (37.76)	16 (4.17)	21 (5.47)	
<b>HG Male</b>	52 (29.05)	55 (30.73)	28 (15.64)	44 (24.58)	<b>0.007</b>
<b>HR Male</b>	22 (21.78)	52 (51.49)	12 (11.88)	15 (14.85)	
<b>HG Female</b>	139 (60.70)	61 (26.64)	21 (9.17)	8 (3.49)	<b>&lt;0.001</b>
<b>HR Female</b>	180 (63.60)	93 (32.86)	4 (1.41)	6 (2.12)	

*\*Pearson chi-square and Fisher's exact test. Bold indicates statistical significance.*

**Table 4** recapitulates the number of standard drinks consumed on a typical day and how often 6 or more alcoholic drinks per occasion were consumed by study participants. The table postulates that the number of standard drinks consumed did not differ significantly between the participants of HG and HR. After stratification by gender, consumption of standard alcoholic drinks varied significantly ( $p=0.011$ ) between HG and HR females. From the table, it is observed that 7.0% and 12.1 % of the HG females and HR females, respectively, consumed 3 to 4 standard alcoholic drinks, while in the case of 5 or more drinks it was 0.4% for HG females and 4.3% for HR females.

Additionally, it was also observed that in the case of 6 or more alcoholic drinks, there was no significant ( $p>0.05$ ) difference between participants of both study groups and even after stratification by gender.

**Table 4. Number of standard drinks consumed on a typical day and frequency of consuming 6 or more drinks per occasion among the Hungarian general (HG) and Roma (HR) populations**

	Number of standard drinks on a typical day				Frequency of six or more alcoholic drinks per occasion			
	1 or 2 n (%)	3 or 4 n (%)	5 or more n (%)	p-value*	Never n (%)	Less than monthly n (%)	monthly or more often n (%)	p-value*
<b>HG Total</b>	341 (83.58)	48 (11.76)	19 (4.66)	0.378	118 (65.56)	43 (23.89)	19 (10.56)	0.872
<b>HR Total</b>	303 (79.74)	55 (14.47)	22 (5.79)		62 (62.63)	25 (25.25)	12 (12.12)	
<b>HG Male</b>	128 (71.5)	33 (18.4)	18 (10.1)	0.106	214 (93.04)	14 (6.09)	2 (0.87)	0.342
<b>HR Male</b>	60 (60.6)	29 (29.3)	10 (10.1)		259 (91.52)	16 (5.65)	8 (2.83)	
<b>HG Female</b>	213 (93.0)	15 (7.0)	1 (0.4)	<b>0.011</b>	332 (80.98)	57 (13.90)	21 (5.12)	0.400
<b>HR Female</b>	243 (86.5)	26 (12.1)	12 (4.3)		321 (84.03)	41 (10.73)	20 (5.24)	

\*Pearson chi-square and Fisher's exact test. Bold indicates statistical significance.

#### ***4.2.2 Alcohol consumption behaviours of study respondents***

Mean AUDIT-C (HG:  $1.38 \pm 1.86$ ; HR:  $1.13 \pm 1.89$ ;  $p=0.063$ ) and AUDIT-10 (HG:  $1.60 \pm 2.35$ ; HR:  $1.65 \pm 3.64$ ;  $p=0.766$ ) scores did not show any significant difference ( $p>0.05$ ) between respondents of two study groups even after stratification by gender.

Different alcohol consumption behaviours of the HG and HR study populations are presented in **Table 5**. Among the listed five, only two alcohol consumption behaviours such as “alcohol-related harm” and “past problems” differed significantly between participants of the two study groups. Among Roma participants, the frequency of alcohol-related harm was significantly higher (13.33%) than in the HG sample (6.20%). After stratification by gender, the frequency of alcohol-related harm also varied significantly between males of HG and HR ( $p<0.001$ ) females ( $p=0.001$ ). Among Roma males experience of alcohol-related harm was more than 2 times higher than among HG males (HG: 12.92%, HR: 30.69%), while for females the experience of harm was nearly 7 times higher among HR compared to HG (HG: 0.89%; HR: 6.93%).

Additionally, past problems related to alcohol consumption differed significantly between respondents of the two study populations. It was observed to be 1.71% and 4.95% among respondents of HG and HR, respectively. The table also represents that after stratification, differences in evidence of past problems remained significant between males of HG and HR ( $p<0.007$ ) and females ( $p=0.035$ ) as well. Around 13% of the Roma males reported alcohol-related past problems, while 2.12% of Roma females reported such problems. Furthermore, though none of the HG females experienced past alcohol problems, 2.12% of HR females reported having evidence of past problems. The table also demonstrates that the three listed alcohol consumption behaviours such as problematic alcohol drinking, alcohol intake at hazardous levels and alcohol dependence showed no statistically significant ( $p>0.05$ ) differences between the two study groups (HG versus HR).

**Table 5. Alcohol consumption behaviours of Hungarian general (HG) and Roma (HR) participants**

	<b>HG n (%)</b>	<b>HR n (%)</b>	<b>p-value*</b>
<b>Problematic drinking</b>			
Male	13 (7.39%)	14 (14.74%)	0.054
Female	4 (1.79%)	13 (4.78%)	0.084
Total	17 (4.25%)	27 (7.36%)	0.065
<b>Consumption at hazardous level</b>			
Male	77 (43.02%)	46 (47.42%)	0.482
Female	25 (10.92%)	43 (15.30%)	0.147
Total	102 (25.00%)	89 (23.54%)	0.635
<b>Alcohol dependence</b>			
Male	14 (7.82%)	14 (14.14%)	0.094
Female	1 (0.44%)	6 (2.19%)	0.134
Total	15 (3.70%)	20 (5.36%)	0.265
<b>Alcohol-related harm</b>			
<b>Male</b>	23 (12.92%)	31 (30.69%)	<b>&lt;0.001</b>
<b>Female</b>	2 (0.89%)	19 (6.93%)	<b>0.001</b>
<b>Total</b>	25 (6.20%)	50 (13.33%)	<b>0.001</b>
<b>Past problems</b>			
<b>Male</b>	7 (3.89%)	13 (12.87%)	<b>0.007</b>
<b>Female</b>	0 (0.00%)	6 (2.12%)	<b>0.035</b>
<b>Total</b>	7 (1.71%)	19 (4.95%)	<b>0.010</b>

*Problematic drinking: cut-off: men $\geq$ 8; women $\geq$ 5. Alcohol consumption at hazardous the level: scores of 1 or more on question 2 or question 3. Alcohol dependence: points scored above 0 on questions 4-6. Alcohol-related harm: points scored on questions 7-10. Past problems: based on the final two questions of AUDIT (Alcohol Use Disorder Identification test). \*Pearson chi-square and Fisher's exact test. Bold indicates statistical significance.*

Additional descriptive analysis using a cut-off score of AUDIT  $\geq 8$  for both men and women as an indicator of hazardous and harmful alcohol intake is demonstrated in **Table S1**. From the table, it is observed that there was no significant difference (HG: 3.5%; HR: 5.18%;  $p > 0.05$ ) in hazardous and harmful alcohol intake between participants of both study groups when AUDIT  $\geq 8$  was used as a threshold. Even after stratification by gender, the difference remained insignificant among males and females of HG and HR. The binary logistic regression analysis has also been conducted to elucidate the association between different socioeconomic factors and hazardous and harmful alcohol intake using the AUDIT  $\geq 8$  cut-offs for both sexes and the outcome of the analysis is exhibited in **Table S2**. From the table, it is articulated that though gender and the oldest age category showed significant associations with hazardous and harmful alcohol intake, ethnicity and other factors included in the study did not depict any significant associations.

### ***4.2.3 Association of listed socioeconomic variables with various alcohol consumption behaviours***

Outcomes of univariate and multivariate logistic regression analyses between various listed socioeconomic variables and different alcohol consumption behaviours are illustrated in **Table 6 and Table 7**. The tables depict the associations of listed socioeconomic variables (ethnicity, educational level, economic activity, marital status, financial status, age categories, and gender) with different alcohol consumption behaviours (total AUDIT score, problematic drinking, hazardous alcohol intake, alcohol dependence, harms related to alcohol intake and evidence of past problems associated with alcohol consumption). Among different predictor variables, ethnicity showed a statistically significant ( $p < 0.05$ ) association with alcohol-related harms and evidence of past problems. The odds of having alcohol-related harms were 3.47 times higher (OR: 3.47; 95% CI:1.61-7.49) among respondents of Hungarian Roma compared to Hungarian general. Similarly, the odds of having evidence of past alcohol problems were 4.09 times higher (OR: 4.09; 95% CI:1.02-16.46) among HR participants than those of HG. Additionally, the marital status of the respondents also postulated a significant association with alcohol intake at the hazardous level. In comparison with married respondents, the odds of having hazardous alcohol intake were 1.57 times higher (OR: 1.57; 95% CI:1.00-2.48) among the individuals who were single. Like marital status, the age of the study population was also significantly associated with alcohol consumption at a hazardous level. It was observed that respondents of the oldest age category ( $\geq 50$  years of age) had lower odds (OR: 0.55; 95% CI:0.32-0.93) of having alcohol intake at the hazardous level compared to the youngest category. Gender was also significantly associated with all the alcohol consumption behaviours analysed in the study. The odds were lower among females compared to male participants for total AUDIT score (OR: 0.27; 95% CI:0.22-0.33), problematic drinking (OR:0.30; 95% CI:0.16-0.60), hazardous alcohol intake (OR:0.18; 95% CI:0.12-0.26), alcohol dependence (OR:0.11; 95% CI:0.04-0.26), alcohol-related harms (OR:0.14; 95% CI:0.08-0.25) and evidence of past alcohol problems (OR:0.12; 95% CI:0.04-0.32).

**Table 6. Negative binomial regression to reveal associations of listed socioeconomic variables with total AUDIT scores**

Characteristics	Variable	AUDIT OR*(95% CI)
Ethnicity	HG	1.00
	HR	1.29 (0.97-1.73)
Education	Primary or less	1.00
	Secondary	1.09 (0.80-1.48)
	High school	0.98 (0.70-1.39)
	Tertiary education	1.13 (0.75-1.72)
Economic activity	Worker	1.00
	Pension, other allowances, student	1.02 (0.77-1.36)
	Unemployed	1.10 (0.82-1.48)
Marital status	Married	1.00
	Single	1.18 (0.91-1.52)
	Widow, divorced	1.03 (0.77-1.39)
Financial status	Good	1.00
	Satisfactory	1.11 (0.87-1.42)
	Bad	1.34 (0.98-1.83)
Age category (years)	20-34	1.00
	35-49	1.08 (0.83-1.42)
	50+	0.98 (0.73-1.31)
Gender	Male	1.00
	Female	<b>0.27</b> <b>(0.22-0.33)</b>

*HG: Hungarian general population; HR: Hungarian Roma population. AUDIT: AUDIT total scores. OR: odds ratio, CI: confidence interval. \*Negative binomial regression.*

**Table 7. Binary logistic regression to reveal associations of listed socioeconomic variables with different alcohol consumption phenotypes**

<b>Characteristics</b>	<b>Variable</b>	<b>Problematic drinking OR** (95%CI)</b>	<b>Hazardous level OR** (95%CI)</b>	<b>Alcohol dependence OR** (95%CI)</b>	<b>Alcohol-related harm OR** (95%CI)</b>	<b>Past problems OR** (95%CI)</b>
Ethnicity	HG	1.00	1.00	1.00	1.00	1.00
	HR	1.69 (0.71-4.04)	1.14 (0.68-1.90)	1.29 (0.46-3.59)	<b>3.47</b> <b>(1.61-7.49)</b>	<b>4.09</b> <b>(1.02-16.46)</b>
Education	Primary or less	1.00	1.00	1.00	1.00	1.00
	Secondary	1.22 (0.51-2.91)	1.10 (0.65-1.88)	0.74 (0.25-2.21)	0.96 (0.44-2.11)	1.00 (0.26-3.82)
	High school	0.70 (0.21-2.32)	0.83 (0.45-1.54)	0.57 (0.15-2.21)	1.17 (0.46-2.99)	1.31 (0.24-7.24)
	Tertiary education	nc	1.01 (0.48-2.13)	0.24 (0.03-2.24)	0.61(0.15-2.48)	nc
Economic activity	Worker	1.00	1.00	1.00	1.00	1.00
	Pension, other allowances, student	0.83 (0.31-2.22)	0.63 (0.35-1.14)	1.03 (0.33-3.21)	0.65 (0.26-1.62)	0.72 (0.17-2.98)
	Unemployed	0.97 (0.40-2.40)	1.28 (0.75-2.18)	2.46 (0.95-6.42)	1.28 (0.63-2.60)	1.54 (0.52-4.53)
Marital status	Married	1.00	1.00	1.00	1.00	1.00
	Single	1.69 (0.76-3.76)	<b>1.57</b> <b>(1.00-2.48)</b>	1.26 (0.47-3.34)	1.61 (0.86-3.03)	0.95 (0.29-3.16)
	Widow, divorced	1.03 (0.40-2.68)	1.16 (0.67-2.03)	1.13 (0.39-3.33)	0.86 (0.36-2.10)	0.78 (0.20-2.95)
Financial status	Good	1.00	1.00	1.00	1.00	1.00
	Satisfactory	0.89 (0.37-2.16)	1.33 (0.84-2.12)	0.51 (0.20-1.30)	0.95 (0.49-1.85)	0.41 (0.13-1.32)
	Bad	1.68 (0.64-4.43)	1.38 (0.77-2.48)	0.87 (0.30-2.48)	1.24 (0.56-2.74)	1.32 (0.42-4.16)

Age category (years)	20-34	1.00	1.00	1.00	1.00	1.00
	35-49	1.73 (0.66-4.55)	0.73 (0.45-1.18)	1.88 (0.54-6.55)	0.85 (0.43-1.68)	3.94 (0.79-19.68)
	50+	1.70 (0.61-4.74)	<b>0.55</b> <b>(0.32-0.93)</b>	3.13 (0.88-11.09)	0.86 (0.41-1.81)	4.06 (0.77-21.29)
Gender	Male	1.00	1.00	1.00	1.00	1.00
	Female	<b>0.30</b> <b>(0.16-0.60)</b>	<b>0.18</b> <b>(0.12-0.26)</b>	<b>0.11</b> <b>(0.04-0.26)</b>	<b>0.14</b> <b>(0.08-0.25)</b>	<b>0.12</b> <b>(0.04-0.32)</b>

*HG: Hungarian general population; HR: Hungarian Roma population. AUDIT: AUDIT total scores. OR: odds ratio, CI: confidence interval. \*Negative binomial regression. Problematic drinking: based on AUDIT scores, where cut-off: men $\geq$ 8. women $\geq$ 5. \*\*Binary logistic regression. Alcohol consumption at the hazardous level: scores of 1 or more on question 2 or question 3. Alcohol dependence: points scored above 0 on questions 4-6. Alcohol-related harm: points scored on questions 7-10. Past problems: based on the final two questions of AUDIT. nc: not countable due to low strata-specific numbers. Bold indicates statistical significance.*

#### ***4.2.4 Decomposition analysis***

The predicted ethnic-specific differences in alcohol-related harms were decomposed by using Blinder Oaxaca decomposition methods for non-linear models. The outcomes of this decomposition analysis are presented in **Table 8**. From the table, it is observed that the single marital status and gender explained -7.90% and -59.86% of the alcohol-related harm frequency gap, respectively, between HG and HR respondents. These findings indicate that equalization of differences explained by gender and marital status may be expected to reduce the gap of alcohol-related harms between the two study groups by about 8% and 60%, respectively. And the effect of endowment coefficient for marital status was statistically significant ( $p < 0.05$ ), while for gender the coefficient effect was highly significant ( $p < 0.01$ ). For other socioeconomic variables (education, economic activity, financial status, and age category) the coefficient's effect was not statistically significant ( $p > 0.05$ ), which implies that the protective or risk effect of these studied variables is as strong for HG as for HR subjects. Additionally, Roma ethnicity had a significant positive effect (13.32%) on alcohol-related harm frequency. In other words, if there was no ethnicity-specific effect, the outcome gap would be 89.24% lower.

The decomposition analysis could not be done for evidence of past alcohol problems due to low stratum-specific numbers (only 7 respondents identified as having past alcohol problems among HG participants).

**Table 8. Multivariate decomposition of the group (HG, HR) difference in alcohol-related harm**

		Endowments		Coefficients	
		Coef. (95%CI)	Pct.	Coef. (95%CI)	Pct.
Education	Primary or less	1.00			1.00
	Secondary	0.58% (-1.90%;3.05%)	8.18%	-0.22% (-3.56%;3.13%)	-3.07%
	High school	-3.82% (-11.33%;3.69%)	-54.26%	2.58% (-3.47%;8.64%)	36.07%
	Tertiary education	nc	nc	1.06% (-1.23%;3.34%)	14.99%
Economic activity	Worker	1.00			1.00
	Pensioner, student	-0.14% (-0.43%;0.15%)	-2.00	-0.96% (-3.45%;1.54%)	-13.59%
	Unemployed	1.43% (-0.75%;3.60%)	20.25%	0.00% (0.00%;0.00%)	0.00%
Marital status	Married	1.00			1.00
	Single	<b>-0.56%</b> <b>(-1.01%;-0.10%)</b>	<b>-7.90%*</b>	2.57% (-0.19%;5.33%)	36.48%
	Widow, divorced	-0.02% (-0.08%;0.05%)	-0.23%	1.76% (-0.88%;4.40%)	24.98%
Financial status	Good	1.00			1.00
	Satisfactory	0.02% (-0.30%;0.34%)	0.28%	-0.35% 9-6.15%;5.45%)	-4.92%
	Bad	0.43% (-2.30%;3.17%)	6.17%	-0.45% (-1.90%;1.00%)	-6.37%
Age category (years)	20-34	1.00			1.00
	35-49	0.05% (-0.08%;0.17%)	68%	-0.07% (-4.50%;4.36%)	-0.99%
	50+	-0.04% (-0.44%;0.36%)	-0.53%	2.78% 9-2.05%;7.60%)	39.43%

Gender	Male	1.00			1.00
	Female	<b>-4.21%</b> <b>(-5.94%;-2.49%)</b>	-	3.98% <b>(-1.75%;9.70%)</b>	56.48%
Subtotal		-6.28% <b>(-15.37%;2.80%)</b>	-89.24%	<b>13.32%</b> <b>(3.00%;23.64%)</b>	<b>189.24%*</b>
	Total	7.04% (3.00%; 11.08%)**			

*HG: Hungarian general population; HR: Hungarian Roma population. Endowments: due to differences in characteristics. Coefficients: due to difference in coefficients. \*p<0.05, \*\*p<0.01. Coef. (%) = coefficients multiplied by 100. CI: confidence interval; Pct. = expressed as a percentage. nc: not countable due to low strata-specific numbers. Bold indicates statistical significance*

### 4.3 Effect of selected taste preference genetic variants on alcohol intake

#### 4.3.1 Genotype and allele frequencies of the selected polymorphisms

From **Table 9**, it is observed that none of the included SNPs deviated significantly ( $p<0.001$ ) from HWE in either of the two study groups (HG and HR).

**Table 9. Hardy-Weinberg equilibrium (HWE) test for included genetic polymorphisms among Hungarian general (HG) and Roma (HR) populations**

<b>Gene</b>	<b>SNP</b>	<b>Position</b>	<b>Consequence</b>	<b>HG (p-value of HWE)</b>	<b>HR (p-value of HWE)</b>
<b>TAS1R3</b>	rs307355	chr1:1329774	2KB Upstream Variant	0.978	0.996
<b>TAS2R38</b>	rs713598	chr7:141973545	Missense Variant (Ala49Pro)	0.021	0.362
<b>TAS2R19</b>	rs10772420	chr12:11021677	Missense Variant (Arg299Cys)	0.892	0.667
<b>CA6</b>	rs2274333	chr1:8957145	Missense Variant (Ser90Gly)	0.052	0.949

*SNP: single nucleotide polymorphism; HWE: Hardy-Weinberg equilibrium; The significance threshold for Hardy-Weinberg equilibrium was 0.001.*

The distribution of genotype and allele frequencies of the selected SNPs in HG and HR samples are illustrated in **Table 10**. Genotype and allele frequencies did not differ significantly ( $p < 0.05$ ) between HG and HR subjects.

**Table 10. Genotype and allele frequencies of selected SNPs in the Hungarian general (HG) and Hungarian Roma (HR) populations**

Gene	SNP	Genotype	Genotype frequency		p-value	Allele	Allele Frequency		p-value
			HG % (n)	HR % (n)			HG % (n)	HR % (n)	
<b>TAS1R3</b>	rs307355	CC	81.2 (329)	82.7 (301)	0.864	C	0.90(730)	0.91(662)	0.588
		TC	17.8 (72)	16.5 (60)		T	0.10(80)	0.09(66)	
		TT	1.0 (4)	0.8 (3)					
<b>TAS2R38</b>	rs713598	CC	34.1 (136)	37.1 (134)	0.203	C	0.56(446)	0.60(433)	0.107
		GC	43.6 (174)	45.7 (165)		G	0.44(352)	0.40(289)	
		GG	22.3 (89)	17.2 (62)					
<b>TAS2R19</b>	rs10772420	AA	19.3 (78)	16.4 (59)	0.215	A	0.44(357)	0.40(287)	0.087
		AG	49.6 (201)	46.8 (169)		G	0.56(453)	0.60(435)	
		GG	31.1 (126)	36.8 (133)					
<b>CA6</b>	rs2274333	AA	50.0 (199)	50.3 (182)	0.490	A	0.69(553)	0.71(513)	0.418
		AG	38.9 (155)	41.1 (149)		G	0.31(249)	0.29(211)	
		GG	11.1 (44)	8.6 (31)					

*SNP: Single Nucleotide Polymorphism  
p-value was calculated by the  $\chi^2$  test.*

### ***4.3.2 Association analysis of selected genetic polymorphisms with alcohol consumption phenotypes***

Associations of included genetic polymorphisms with different alcohol consumption phenotypes in study populations are demonstrated in **Table 11** and **Table 12**. To evaluate alcohol consumption phenotypes, the first three questions (AUDIT 1, AUDIT 2, and AUDIT 3) of the AUDIT questionnaire were used, where AUDIT 1 and AUDIT 3 provide information about the frequency of drinking and frequency of heavy drinking, respectively. AUDIT 2 assesses the number of standard alcoholic drinks on a typical day. During the association analysis dominant and recessive models were used, where models were defined based on the minor allele frequency of the respective SNPs. Adjustments were made for the potential covariates such as age, gender, and marital status.

From **Table 11** it is articulated that except TAS2R38 rs713598, no other selected SNPs showed significant association with any of the alcohol consumption phenotypes of interest in both study groups. Among HG respondents TAS2R38 rs713598 showed a statistically significant association ( $p=0.028$ ) with AUDIT 2, while in the case of HR participants this variant was significantly ( $p=0.048$ ) associated with AUDIT 3. **Table 11** also reveals that none of the included SNPs depicted a significant association with AUDIT 1 in either of the study groups. Furthermore, from the recessive model analysis, it is observed that TAS2R38 rs713598 (CC or GC vs GG) was significantly associated with AUDIT 2 (Coef: -0.136;  $p=0.028$ ) and AUDIT 3 (Coef: -0.170;  $p=0.049$ ) among HG and HR respondents, respectively (**Table 12**).

**Table 11. Association of selected genetic polymorphisms with alcohol consumption phenotypes in the Hungarian general (HG) and Roma (HR) populations**

Phenotype (AUDIT question)	Gene, SNP	HG	HR	HG	HR
		Dominant genetic model p-value	Dominant genetic model p-value	Recessive genetic model p-value	Recessive genetic model p-value
<b>AUDIT1</b>	TAS1R3 rs307355	0.500	0.289	0.381	0.416
	TAS2R38 rs713598	0.872	0.205	0.359	0.075
	TAS2R19 rs10772420	0.277	0.862	0.260	0.408
	CA6 rs2274333	0.443	0.195	0.861	0.354
<b>AUDIT2</b>	TAS1R3 rs307355	0.808	0.544	0.637	0.353
	TAS2R38 rs713598	0.402	0.812	<b>0.028</b>	0.255
	TAS2R19 rs10772420	0.557	0.525	0.482	0.684
	CA6 rs2274333	0.787	0.494	0.243	0.264
<b>AUDIT3</b>	TAS1R3 rs307355	0.517	0.204	0.543	0.876
	TAS2R38 rs713598	0.523	0.499	0.994	<b>0.048</b>
	TAS2R19 rs10772420	0.246	0.693	0.108	0.770
	CA6 rs2274333	0.482	0.072	0.550	0.363

*SNP: single nucleotide polymorphism; AUDIT: Alcohol Use Disorder Identification Test; AUDIT1: How often do you have a drink containing alcohol? (0p: never; 1p: monthly or less; 2p: 2 to 4 times a month; 3p: 2 to 3 times a week; 4p: 4 or more times a week); AUDIT2: How many standard drinks containing alcohol do you have on a typical day when drinking? (0p: 1 or 2; 1p: 3 or 4; 2p: 5 or 6; 3p: 7 to 9; 4p: 10 or more); AUDIT3: How often do you have six or more drinks on one occasion? (0p: Never; 1p: Less than monthly; 2p: Monthly; 3p: Weekly; 4p: Daily or almost daily); Covariates: Gender, age, marital status; Nominally significant p-values are presented in bold.*

**Table 12. Associations of selected genetic polymorphisms with alcohol consumption behaviours in the Hungarian general (HG) and Roma (HR) populations**

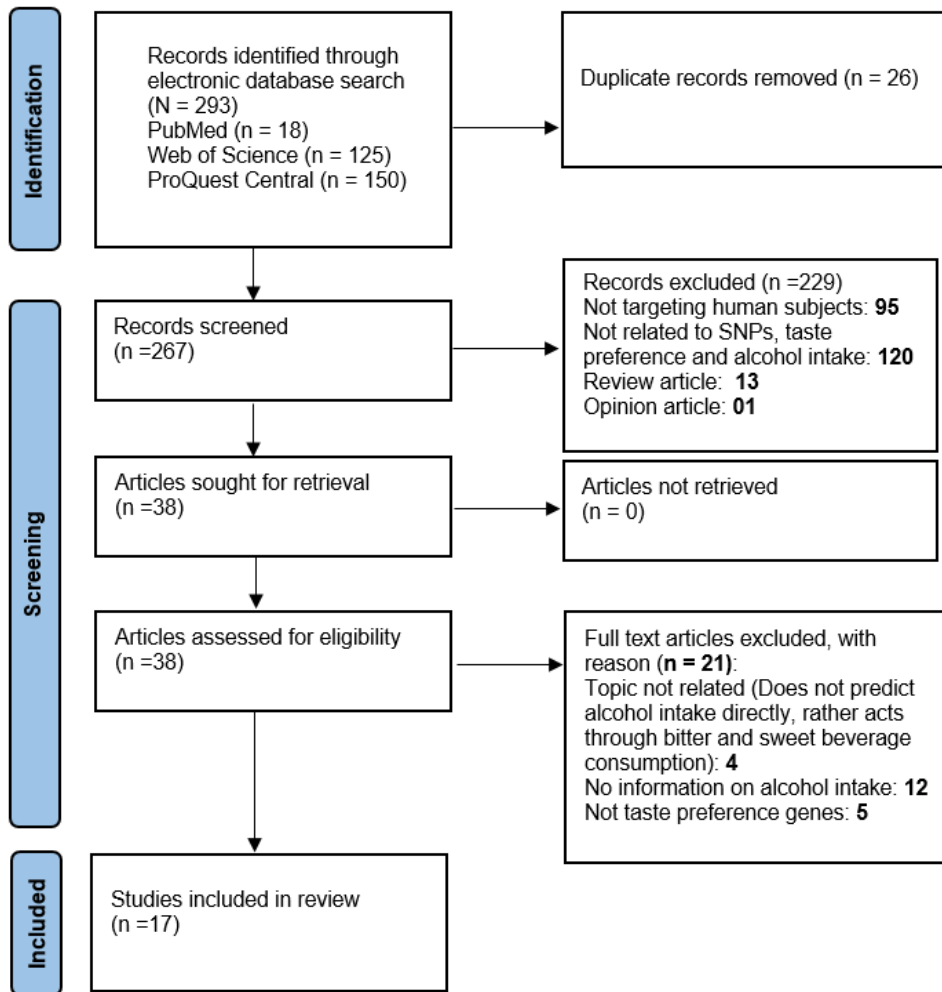
Gene, SNP	Phenotype	Population	Genetic model	Reference	Genotype	Coef	p-value
TAS2R38 rs713598	AUDIT 2	HG	Recessive	CC or GC	GG	-0.136	0.028 0.224*
TAS2R38 rs713598	AUDIT 3	HR	Recessive	CC or GC	GG	-0.170	0.049 0.392*

*SNP: Single nucleotide polymorphism; Models were defined based on minor alleles; AUDIT2: How many standard drinks containing alcohol do you have on a typical day when drinking? (0p: 1 or 2; 1p: 3 or 4; 2p: 5 or 6; 3p: 7 to 9; 4p: 10 or more); AUDIT3: How often do you have six or more drinks on one occasion? (0p: Never; 1p: Less than monthly; 2p: Monthly; 3p: Weekly; 4p: Daily or almost daily); Coef: Regression coefficient; Covariates: age, gender, marital status; Only at least nominally significant results are presented. \*p-value after Bonferroni correction.*

#### 4.4 Relationship of taste preference genetic variants with different drinking behaviours

##### 4.4.1 Findings of literature search

Overall, 293 publications were identified in our search, among them 18 and 125 articles were derived from PubMed and Web of Science, respectively, while the rest (150) were obtained from ProQuest Central. Initially, 26 duplicated publications were removed, and then 229 articles that were unable to meet the inclusion criteria were excluded. The remaining 38 articles were preliminary selected for full-text assessment. After initial assessment 21 articles were eliminated, which led to the availability of the final 17 publications for extensive analysis. Details of the study selection process are described in **Figure 5**.



**Figure 5 . PRISMA flowchart of the study selection process**

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#### ***4.4.2 Characteristics of the included genetic association studies***

Among the 17 studies selected for the systematic review, 5 (29.4%) articles were of good quality and the rest 12 (70.6%) were rated as moderate quality.

A detailed description of the 17 genetic association studies selected for a systematic review is depicted in **Table 13**.

**Table 13. Overview of the genetic association studies included in the systematic review**

<b>Publication (First author, Year)</b>	<b>Gene</b>	<b>SNP</b>	<b>Study population Characteristics</b>	<b>Phenotype assessment method</b>	<b>Findings</b>
Beckett (2017) (159)	TAS2R38	rs713598	180 patients at Gosford Hospital, NSW, Australia, who also reported their alcohol consumption information. (51% women; average age 61.6 years).	Alcohol intake was assessed by FFQ, which was then converted to standard drinks (1 standard drink=10ml alcohol).	Individuals with the P allele consumed fewer standard drinks per day than those without P allele.  No association with alcohol intake in beer and wine.
Hayes (2011) (84)	TAS2R16	rs846672	96 healthy adults from the University of Connecticut, mostly European ancestry who did not smoke more than 9 cigarettes per week. Average age 40.9 years and 76% were female.	Semiquantitative food frequency survey (standard drinks equaled 12, 5, and 1.5 oz, respectively).	Significant association between rs846672 and frequency as well as quantity of alcohol intake. Carriers of AA consumed alcoholic beverages twice as frequently and drank more compared to other genotypes.  TAS2R38 AVI homozygotes consumed more total beverage

					<p>compared to heterozygotes or PAV homozygotes. In comparison with PAV homozygotes, AVI homozygotes drank alcohol more frequently.</p> <p>Samples with CC homozygotes of rs1308724 drank alcohol less frequently compared to heterozygotes and GG homozygotes.</p>
	TAS2R38	rs713598, rs1726866, rs10246939			
	TAS2R16	rs1308724			
Ramos-Lopez (2015) (178)	TAS2R38	rs713598, rs1726866, rs10246939	375 subjects from Mexico (182 women, men 193) without chronic sinus problems and any prescribed medication.	<p>Medical history questionnaire and expressed as: g ethanol = volume mL x % alcohol x 0.8/100.</p> <p>Participants were categorised into drinkers (drank &gt; 2 drinks/occasion) and non-drinkers (drank &lt; 2</p>	<p>Higher frequency of AVV was found among drinkers compared to non-drinkers while AVV/AVV homozygote was significantly associated with alcohol consumption.</p>

				drinks/occasion).	
Duffy (2004) (176)	TAS2R38	rs713598, rs1726866, rs10246939	84 healthy non-smoker adults without a high level of dietary restraint and uncommon haplotypes. Participants were of 21 to 59 years old (53 females and 31 males) and primarily of European ancestry.	Block Food Survey, version 98.1. For consumption frequency range from “never” to “every day” was used while glass, bottle, and serving size were applied for amount/time.	TAS2R38 AVI/AVI homozygotes consumed more alcohol than PAV/AVI or PAV/PAV.
Fu D (2019) (160)	TAS2R38	rs10246939, rs1726866, rs713598	519 subjects in California (52% women; ≥ 21 years of age) mostly European descent (86%).	Frequency of weekly alcohol intake was recorded as “<2 drinks, 2–7 drinks and >7 drinks”.	TAS2R38 significantly associated with intake of alcohol while carriers of alleles allowing responsiveness towards bitterness in PTC drank more alcohol.  No statistically significant association between CA6 rs2274333, GNAT3 rs1524600, TAS2R16 rs846664, TAS2R16 rs846672, TAS2R19 rs10772420, TAS2R20 rs12226920, TAS2R43 rs71443637, TAS2R46 rs2708377,
	CA6	rs2274333			
	GNAT3	rs1524600			
	TAS2R16 (84, 160, 161, 184)	rs846664, rs846672			
	TAS2R19	rs10772420			
	TAS2R20	rs12226920			
	TAS2R43	rs71443637			
	TAS2R46	rs2708377			
	TAS2R50	rs10772397			
TAS2R60	rs4595035				

	TAS2R8	rs1548803			TAS2R50 rs10772397, TAS2R60 rs4595035, TAS2R8 rs1548803, TRPA1 rs11988795 and frequency of alcohol intake.
	TRPA1	rs11988795			
Hinrichs (2006) (215)	TAS2R16	rs846664, rs978739, rs860170, rs1204014	262 families (2310 subjects) while 298 subjects from 35 pedigrees of African American, and 8 pedigrees of mixed ancestry.	Assessment of alcohol dependence was conducted based on DSM-III-R, DSM-IV, Feighner definite alcoholism, alcohol dependence, and ICD-10 criteria.	Carriers of an ancestral allele of rs846664 tend to higher risk of being alcohol dependent, regardless of ethnicity while no association was found between rs978739, rs860170, rs1204014 and alcohol dependence.
Wang (2007) (179)	TAS2R38	rs713598, rs1726866, rs10246939	2309 subjects were from 262 families, while 219 families from European descent.	SSAGA was used to assess alcohol dependence, the largest number of drinks in a 24-hour period, age at first intoxication and onset of regular drinking.	Common taster haplotype had association with lower mean of largest number of drinks in a 24-hour period. Compared with the other haplotypes, but no association with alcohol dependence.  Significant association between rs846664 and lower risk of alcohol dependence as well as risk lower mean of largest
	TAS2R16	rs846664			

					number of drinks in a 24-hour period.
Choi (2016) (181)	TAS2R38	rs713598, rs1726866, rs10246939	1524 Korean subjects (men 832, women 748) without diabetes mellitus, severe systemic or mental disease, any other cancer within the past five years or advanced gastric cancer, missing genotype, no dietary data, total energy intake was < 500 kcal or > 5,000 kcal).	Self-administered questionnaire (FFQ) was applied to assess alcohol intake.	No association with daily intake of alcohol.
Choi (2017) (216)	TAS2R38	rs713598, rs1726866, rs10246939	1829 subjects (997 men, 832 women) having no systemic or mental disorder, diabetes mellitus, cancers within the past five years and visited the Center for Cancer Prevention and Detection.	Questionnaire.  Total daily alcohol consumption was estimated from the frequency of drinking, amount of alcohol consumed (ml) and the ethanol content drinks consumed.	Carriers of AVI haplotype of TAS2R38 were less likely to be a drinker while individuals with TT of TAS2R5 rs2227264 drank more alcohol compared to others.  Significant association between TAS1R3 rs307355 CT and heavy
	TAS2R5	rs2227264			
	TAS2R4	rs2233998			
	TAS1R3	rs307355			
	TAS1R2	rs35874116			
	TAS2R50	rs1376251			
	TAS2R20	rs12226920			

				Drinkers were classified into heavy drinkers (>30 g/day), and light drinkers (<30 g/day)	drinking status.  TAS2R4 rs2233998 and TAS2R5 rs2227264 linked with rice wine drinking while TAS1R2 rs35874116 exhibited significant association with wine consumption.  Association between TAS2R50 rs1376251 and intake of rice wine and spirits.  TAS2R20 rs12226920 was associated with spirits consumption.
Keller (2013) (162)	TAS2R38	rs713598, rs1726866, rs10246939	1007 participants from Eastern Germany (405 men, 602 women; average age 48) without type 2 diabetes.	Questionnaire.	Among the carriers of a minimum of one PAV haplotype vs. AVI/AVI homozygous, PAV groups showed lower weekly alcohol consumption.
Vinuthalakshmi (2019) (177)	TAS2R38	rs713598, rs1726866, rs10246939	296 healthy subjects of Koragas primitive of India who were free from sinus problems, food	Questionnaire.	AVI/AVI haplotype was significantly associated with alcoholics.

			allergies and not taking any medication.		
Dotson (2012) (161)	TAS2R38	rs713598 rs10246939 rs1726866	173 cancer patients (126 males and 47 females; average age 60.7) from clinics of University of Florida	First three questions of the AUDIT questionnaire: "How often do you have a drink containing alcohol?";  "How many drinks containing alcohol do you have on a typical day when you are drinking?";  "How often do you have six or more drinks on one occasion?"	TAS2R38 associated with the first AUDIT question. Significant association exists between the C allele of rs713598 and decreased alcohol intake.  TAS2R13 rs1015443 significantly associated with 2nd and 3rd AUDIT questions.  Participants homozygous for the major allele (CC carriers) consumed alcoholic beverages less frequently compared to heterozygotes and minor allele homozygous. No association was found for the following variants: rs846672, TAS2R3 rs765007, TAS2R4 rs2234001, TAS2R5 rs2234012, TAS2R38 rs10246939, TAS2R38
	TAS2R13	rs1015443			
	TAS2R3	rs765007			
	TAS2R4	rs2234001			
	TAS2R5	rs2234012			
	TAS2R7	rs619381			
	TAS2R8	rs1548803			
	TAS2R10	rs10845219			
	TAS2R14	rs7138535 rs1376251			
	TAS2R19	rs10772420			
	TAS2R20	rs10845281			
	TAS2R39	rs4726600			
	TAS2R40	rs10260248			
	TAS2R41	rs1404635			
<i>TAS2R10</i> (161)	rs4763216				
PRH1-	rs11612527				

	TAS2R14				
	EPHA1-AS1	rs12666496			
	PRH1	rs10492098			
	PRR4	rs1047699 rs1063193			
	<i>TAS2R16</i> (84, 160, 161, 184)	rs1308724 rs846672			
	<i>TAS2R40</i> (161, 217)	rs534126			
					rs1726866, TAS2R39 rs4726600, TAS2R40 rs10260248, N/A rs534126, EPHA1-AS1 rs12666496, TAS2R41 rs1404635, TAS2R7 rs619381, TAS2R8 rs1548803, TAS2R10 rs10845219, LOC107984459 rs4763216, TAS2R14 rs7138535, TAS2R14 rs1376251, TAS2R20 rs10845281, TAS2R19 rs10772420, PRH1- TAS2R14 rs11612527, PRR4 rs1047699, PRR4 rs1063193, PRH1 rs10492098

Choi (2019) (183)	TAS2R38	rs713598, rs1726866, rs10246939	3567 respondents of 40-89 years of age from Korea (men: 1338; women: 2229) who had no missing genotype and free from hypertension, hyperlipidemia, or diabetes mellitus, implausible total energy intake (5000 kcal/day).	Structured questionnaire.  Subjects were categorized as never, past, or current drinkers.  Daily alcohol intake was estimated based on types of alcoholic drinks, frequency of alcohol consumption, size of glass, and percentage of alcohol.	Not linked with alcohol consumption.
Choi (2017) (180)	TAS2R38	rs713598, rs1726866, rs10246939	2042 participants from Korea (men: 1390, women: 652, average 56.1 years).	Structured questionnaire.	Either individual or combined effect of TAS2R38 and CA6 genetic variants had no influence on alcohol intake.
	CA6	rs2274333			
Timpson (2005) (182)	TAS2R38	rs713598, rs1726866, rs10246939	3383 British women 60–79 years of age and had DNA available.	Questionnaire.  Frequency of consumption was classified as consumption of alcohol	TAS2R38 PAV and AVI haplotypes not associated with the intake of alcohol.

				at any frequency and no alcohol consumption.	
Schembre (2013) (184)	TAS2R38	rs713598, rs1726866, rs10246939	914 colorectal adenoma cases (men 60.2%) and 1188 controls (men 62.7%) average age: 60.6) with available DNA.	Food Frequency Questionnaire.	No associations of the TAS2R38 PAV/PAV, TAS2R50 rs1376251 and TAS2R16 rs846672 with daily consumption of alcohol.
	TAS2R50	rs1376251			
	TAS2R16	rs846672			
Ong (2018) (203)	TAS2R38	rs1726866	438 870 subjects of England, Wales, and Scotland (men 45.8%; average age: 56.5).	Six-point frequency scale ranging from never to daily.  The cut-off for light/non-drinkers (no consumption) and heavy drinkers (> 3-4 times weekly) are set at 20th and 80th percentile of the consumption distribution respectively.	TAS2R38 rs1726866 exhibited inverse association with alcohol intake while TAS2R19 rs10772420 and PRH1-TAS2R14 rs2597979 showed an association.
	TAS2R19	rs10772420			
	PRH1-TAS2R14	rs2597979			

*AUDIT*: Alcohol Use Disorders Identification Test; *FFQ*: food frequency questionnaire; *SSAGA*: Semi-Structured Assessment for the Genetics of Alcoholism.

#### ***4.4.3 Effect of taste preference genetic variants on drinking behaviours***

The systematic review focused on 43 single nucleotide polymorphisms (SNPs) of 27 different taste preference-related genes. The relationships between different dimensions of alcohol consumption behaviour and TAS2R38 rs713598 (n=10), rs1726866 (n=9), rs10246939 (n=8) followed by TAS2R16 rs846672 (n=4); TAS2R16 rs1308724 (n=3); TAS2R50 rs1376251 (n=3); TAS2R16 rs846664 (n=3); TAS2R19 rs10772420 (n=3); TAS2R20 rs12226920 (n=2); TAS2R8 rs1548803 (n=2); and CA6 (Carbonic Anhydrase 6) rs2274333 (n=2) were analysed by multiple studies. The effects of other included polymorphisms on alcohol intake patterns were examined only by single studies.

Effects of those SNPs, which were included in our genetic association study on various aspects of drinking behaviours are illustrated in **Table 14**. Effects of other SNPs are illustrated in supplementary Table S4 titled Summary of impact of taste preference genetic SNPs on different alcohol consumption behaviors.

**Table 14. Summary of the impact of taste preference genetic SNPs included in our genetic association study on different alcohol consumption behaviors**

Gene	SNP	Association	No association
TAS2R38	rs713598, rs1726866, rs10246939	<p>AVI/AVI carriers consumed significantly higher alcohol and alcoholic beverages than other genotypes (84).</p> <p>Drinkers had a higher frequency of AVV homozygotes and demonstrated a significant association with a higher intake of alcohol than carriers of heterozygotes and PAI homozygotes (178).</p> <p>Carriers of AVI/AVI drank higher alcoholic beverages compared to other genotypes (176).</p> <p>Significantly related to the common taster haplotype (179).</p> <p>Dominant model analyses established that individuals with the AVI haplotype were less likely to be drinkers (216).</p> <p>AVI/AVI positively associated with alcoholism (177).</p> <p>Weekly reduce alcohol consumption was found with PAV haplotype compared to AVI/AVI (162).</p> <p>Significantly associated with alcohol consumption frequency (160).</p>	<p>PAV/PAV, PAV/AVI and AVI/AVI not related to variations in daily alcohol intake (181).</p> <p>No relationship between beer and alcohol intake (216).</p> <p>Not linked to drinker status of alcohol (183).</p> <p>Not linked to daily alcohol intake (180).</p> <p>Not associated with drinker status (182).</p> <p>Not linked with frequency and amount of alcohol intake (184).</p>
TAS2R38	rs713598	P allele carriers drank fewer standard drinks daily than non-carriers (216).	Not associated with the consumption of beer and wine (216).

		Significantly associated with the frequency of alcohol intake (160).	Not associated with 2nd and 3rd AUDIT questions (161).
		Participants with the C allele revealed a strong significant association with decreased alcohol intake (161).	Not related with the weekly intake of alcohol (162).
TAS1R3	rs307355	Compared to wild types, individuals of heterozygous genotype tend to be more heavy drinkers. Demonstrated minimal association with the consumption of Soju (216).	Not associated with the intake of beer, wine, and spirit (216).
TAS2R19	rs10772420		Not associated with alcohol intake (160). Not associated with the first 3 questions of AUDIT questionnaire (161).  Not associated with drinking behavior and drinker status (203).
CA6	rs2274333		Not related to daily alcohol intake (180). Not associated with alcohol intake frequency (160).

*Italic gene names refer to the nearest genes as used by cited authors; AUDIT: Alcohol Use Disorder Identification Test*

## DISCUSSION

Globally, harmful alcohol intake is considered a major public health problem. Besides individuals and their families, alcohol addiction also affects the whole community altogether. Harmful use of alcohol is linked to the reduction of production, increase in accidents, violence, and injuries, which ultimately distress the health, social and economic conditions of the community as a whole (218). Globally, the WHO European Region is recognised as the area of the highest alcohol intake together with highest percentage of poor health and premature death attributable to alcohol intake (7).

In recent times, ethnicity-specific health inequalities are given a major emphasis for public health research, though not all countries of the European Region have comprehensive data regarding various aspects of drinking behaviours stratified by factors other than age and gender. The occurrence of alcohol-linked poor health and premature death was unequally distributed between countries and within countries among different ethnic groups (219). In Hungary, consumption of alcohol has declined in recent years, and it was estimated to decline in the future as well in the pre-pandemic era. Though the pre-pandemic decrease in alcohol consumption levels, the prevalence of alcohol use disorders and dependence in Hungary was one of the highest in the world and among the countries of OECD areas (7, 8), which presumably will be influenced by the COVID-19 pandemic influence on alcohol consumption levels. In Europe, numerous studies were conducted to compare patterns of alcohol consumption behaviour between Roma and majority populations. Findings of some relevant studies demonstrated that in the case of binge drinking the rate was higher in Roma females than non-Roma (46), Roma mothers had 11.7 times higher risk of alcohol intake than non-Roma mothers (60), compared to non-Roma, Roma families spent more on alcohol and tobacco (49), regular excessive alcohol intake was 2–6 times higher among Roma social worker than non-Roma (51), Roma women have had significantly higher consumption of alcohol compared to non-Roma women (52), young Roma men are likely to drink more alcohol compared to other young men, but among women, the frequency of alcohol consumption was less among Roma than in the general population (53). A study conducted in Hungary depicted that though the numbers of abstainers were higher among Roma than the mainstream general population (59), in the case of drinking behaviours of alcohol non-Roma children and adolescents were in much more favourable condition than Roma adolescents (55-57). The only study, which was conducted in Slovenia, where the AUDIT questionnaire

was applied to evaluate drinking patterns illustrated that a higher and lower percentage of Roma participants were abstainers and non-hazardous drinkers, respectively (45).

The findings of our study demonstrated that 4.25% and 25% of HG participants had problematic drinking (total AUDIT score  $\geq 8$  for men and  $\geq 5$  for women) and hazardous drinking, respectively, and the percentage was higher among males compared to females for both drinking patterns. A study using a similar methodology was conducted in Australia by O'Brien to examine hazardous alcohol intake among respondents of 14 years or above, where the AUDIT questionnaire was used to assess drinking at hazardous levels (total AUDIT score  $\geq 8$ ). Results of the study indicated that in 2016 around 29.60% of the respondents, irrespective of age and gender had drinking patterns at hazardous levels, while for men it was 14.99%. (220). In our study, only 7.39% of HG males had problematic drinking (total AUDIT score  $\geq 8$ ). In addition, the latest available data regarding alcohol intake exhibited that among the population of 15 years and above recorded alcohol intake was higher in Hungary than in Australia (8). This lower percentage of HG men with problematic drinking may have resulted from underreporting of drinking behaviours, as unhealthy alcohol drinking is a sensitive issue and in our study information on problematic drinking was collected by the practice nurses. The study of Australia also demonstrated that a higher percentage of males were identified as positive for hazardous drinking compared to females (220), which is consistent with our study findings depicting that male respondents had higher odds of having alcohol intake at hazardous levels. Another study was conducted in Sweden to compare alcohol consumption between 1997 and 2018, where the AUDIT questionnaire was applied to evaluate harmful alcohol habits and alcohol-related problems. The results of this research illustrated that males were rather characterized by higher drinking than females (221).

The present study also represented that 81% of HG participants never reported consuming 6 or more alcoholic drinks on one occasion, while 13.90% of them had 6 or more alcoholic drinks on one occasion less than monthly. Similar Hungarian research called "Population National Survey on Addiction Problems in Hungary (NSAPH 2015)" provided comparable information with our study regarding various aspects of alcohol intake of the HG population. This study was conducted among 2274 HG participants within the age group of 18-64 years, where the AUDIT screening tool was used to collect information regarding drinking frequency and quantity, heavy drinking, drunkenness, family history of regular alcohol use, as well as outpatient- inpatient care owing to alcohol use. Research findings indicated that

around 79% of participants never experienced  $\geq 6$  alcoholic drinks on one occasion, and 14.6% respondents consumed alcohol less than monthly (222), which is consistent with our study findings. Among HG participants of our study, higher abstinence rates may be due to higher health awareness of the study participants. During the study, data of HG respondents was collected in the GP's offices, thus, for collection of data an additional visit was required to GPs, which may have indicated high levels of consciousness, compliance, and understanding of various health-related issues. The contrary to NSAPH, our study questionnaire was administered by practice nurses in a face-to-face way, therefore we should note that certain aspects of alcohol intake could have been considered as a potentially sensitive issue by patients attending the GPs' offices. Furthermore, the present study was conducted in two counties of Northeast Hungary, which counties are a part of the Northern Great Plain, where abstinent rates were the highest in the country (223). Furthermore, NSAPH gathered information nationwide on alcohol consumption for three years before our research was conducted. Another European study was conducted within the framework of the GENACIS project among nine countries such as Switzerland, Spain, the U.K. Sweden, Finland, the Netherlands, the Czech Republic, Iceland, and Hungary applying the AUDIT tool for describing various aspects of alcohol intake. The study results showed that monthly or more often consumption of  $\geq 6$  drinks among men and women of Hungary were 35.2% and 9.2%, respectively, which were higher compared to or present study (HG men: 10.56%; HG women: 0.87%) (224).

It was also observed from our study that 12.75% of HG participants had 2 to 3 times alcoholic drinks in a week or more, while for HG men and HG women, it was 24.58% and 3.49%, respectively. Findings of the European study conducted in nine European countries illustrated that consuming 2 or more drinks a week was highest among males (79.4%) and females (55.6%) in Switzerland, while among Hungarian males and females, the percentages were 43.2% and 11.2%, respectively, which are much higher than the findings of the current study (224). The results of this study were hard to compare with our study findings as age category, time and process of interviews as well as analysis of alcohol-related harms were different between the studies. During this European study data collection was carried out more than one and half decades ago (between 2000-2001) when alcohol intake was higher in Hungary and continued to remain at higher levels till 2006. After 2006 a decreasing trend in alcohol intake was observed among the Hungarian population (225).

The current study also aimed to compare the alcohol consumption patterns of HG and HR participants. From the study findings, it is observed that there was a significant difference in the frequency of having alcoholic drinks between the respondents of HG and HR, even when analysing the two sexes separately. In comparison with HG, a lower proportion of HR participants had alcoholic drinks 2 to 4 times a month and 2 to 3 times a week or more, while a higher percentage of HR individuals had alcoholic drinks monthly or less compared to HG participants. Additionally, a higher percentage of HR males had alcoholic drinks monthly or less than HG males. On the contrary, compared to HR females, a higher proportion of HG females drank alcohol monthly 2-4 times. Findings obtained from one study of Slovakia revealed Roma women were identified to report less frequent recent drinking than non-Roma women (46). Additionally, Sudzinová et al. stated that Roma patients of coronary angiography consume alcohol less frequently than non-Roma patients undergoing the same procedure, though after adjustment for several covariates such as educational level, gender and age these differences became statistically insignificant (226). A study conducted in Slovenia among Roma and non-Roma participants of 18-65 years of age demonstrated that for abstainers (Roma: 39.0%; non-Roma:16.0%) and non-hazardous drinkers (Roma: 38.0 %; non-Roma: 64.0 %), there were significant differences between participants of Roma and non-Roma, where ethnicity was identified to significantly influence drinking behaviour (45). Ostrihoňová and Bérešová illustrated that among Roma respondents, alcohol consumption frequency was significantly lower than in the majority population and this finding is harmonized with our study findings (227).

The present study also depicted that the number of standard alcoholic drinks consumed varied significantly between females of HG and HR, where 7.0% and 12.1 % of the HG females and HR females consumed 3 to 4 standard alcoholic drinks, respectively. Furthermore, in the case of 5 or more drinks, it was 0.4% for HG females and 4.3% for HR females. For 6 or more alcoholic drinks on one occasion there was no significant difference between the participants of the study groups not even after stratification by gender. Similar findings were obtained from another study in Slovakia stating that there was no significant difference in alcohol drinking (the previous day of data collection) of  $\geq 1$  drink and  $\geq 6$  drinks ever or once a month between Roma and non-Roma men. While Roma women were identified to report less frequent recent drinking as well as binge alcohol drinking of 6 or more drinks on a single occasion compared to females of the mainstream population (46). Contrasting results derived

from the study of the Czech Republic represented that among Roma prevalence of binge drinking was relatively high, where 36.0% and 20.4% of the respondents drank excessively at least once a month and once a week, respectively (51). Additionally, findings from other studies on minority populations illustrated that the majority of them were either abstinent or lower-level drinkers; but those who were drinkers, had a greater risk of harmful alcohol intake (228, 229).

Our study also demonstrated that ethnicity had a statistically significant association with the experience of alcohol-related harms and evidence of past problems related to alcohol drinking. The odds of having both harms and past problems were higher for Roma respondents. Results from another study demonstrated that among different U.S. ethnic groups, whites and Asians had lower alcohol-related harm than Native Americans, Hispanics, and blacks (230). It is also observed from another study that in comparison with white, African American, and Hispanic drinkers reported significantly higher social consequences attributable to drinking and the racial gap in alcohol-related problems was the highest among drinkers with little or no heavy drinking. The study also presented that these ethnic-specific differences in alcohol-related problems may be due to racial or ethnic stigma (23). Additionally, another European study also demonstrated that alcohol-related problems varied differentially with different socioeconomic statuses, where higher harms existed among individuals of low socioeconomic status even though accompanied by lower alcohol consumption (219).

Results of the current study indicated that even though frequency of alcohol consumption was lower among Roma participants, they suffered from more alcohol-related harms and evidence of past problems, which findings are in line with the above-mentioned ethnic studies conducted in the US. Similar findings were also obtained by Zelko et al., where the AUDIT screening tool was used to assess various alcohol consumption patterns of the study participants (45). Harms linked to alcohol intake are also distributed disproportionately among ethnic groups, where individuals from underprivileged areas and ethnic minorities experienced more harm compared to the upper-class majority population even from equal amounts of alcohol consumption. This difference may be due to variations in socioeconomic factors (24), variances in cultural attitudes towards alcohol (24, 231), problems with access to health care facilities dealing with alcohol problems, poor knowledge of adverse manifestations of harmful alcohol intake, shame, and stigma resulting from alcohol-related problems as well as biological and genetic distinctions of alcohol metabolism (24).

It is also articulated from the present study that gender had a significant association with all the alcohol consumption behaviours considered during this study. The odds were lower among females compared to male participants for total AUDIT score, problematic drinking, hazardous alcohol intake, alcohol dependence, alcohol-related harms, and evidence of past alcohol problems. One explanation for these lower alcohol intake and subsequent alcohol problems by females may be gender-specific differences in alcohol metabolism. As females have lower body weight than males, they have less body water to dissolve alcohol which results in more concentrated alcohol in women's bodies compared to men. Additionally, women possess fifty percent less ADH than men and thus more unmetabolized alcohol is passed into their bloodstream, which ultimately decreases alcohol requirement of the females than men to produce equal alcohol concentration in the blood. Besides, women from different ethnic communities have to follow specific cultural norms and practices which may have an influence on their drinking habits (156). Results of the study conducted in 16 European countries revealed that males had significantly higher alcohol intake at hazardous levels compared to females which is in line with our study findings (232). Another study in the United States also showed that in comparison with women, men drank alcohol more often and more heavily (233).

Our study also illustrated that marital status showed a significant association with alcohol intake at hazardous level. The odds of having hazardous alcohol intake were 1.57 times (OR: 1.57; 95% CI:1.00-2.48) and 1.16 times (OR: 1.16; 95% CI:0.67-2.03) higher among single individuals compared to those who were married and widow, divorced, respectively. Opposite findings derived from another study revealed that for both males and females living with a partner is linked with higher and riskier alcohol intake, while participants who lived alone were more likely to be abstainers (234). Furthermore, Power et.al. demonstrated that divorced and married respondents had the highest and the lowest levels of heavy drinking (women: >20 units/week; men: >35 units/week; 1 unit equals 8 grams of alcohol), respectively, while single participants could be characterized by intermediate heavy drinking (235). Another study conducted in Australia depicted that unmarried, divorced/separated respondents drank more alcohol at levels likely to increase risk of long-term and short-term harm than respondents who were married (236). These diverse associations of alcohol consumption patterns may be due to the quality of the marriage/relationship life. Living in a well-functioning relationship contributes to more favourable mental and physical health and happiness (237-240), which

situation changes negatively if losing the partner. On the other hand, alcohol consumption could be a certain “coping strategy” for some individuals living in problematic relationships, and in these cases, alcohol consumption levels may decrease after divorce (241).

The present study also demonstrated that age category had a statistically significant association with hazardous level alcohol intake, where the odds of having hazardous alcohol intake was (237) lower among the respondents of the oldest age group. Similar findings were obtained from another two studies, where higher age groups had a lower risk of hazardous alcohol consumption (220) and lower age group respondents scored higher in the AUDIT test (221). Life experience, prevalence of long-term illness, and overall health condition may be the most important factors for lower hazardous alcohol consumption among the oldest age group respondents of our study. Additionally, an increase in social responsibility with increasing age and a decrease in the ability to metabolize alcohol may also contribute to lower intake at hazardous levels. One study illustrated that among Hungarian respondents of both males and females alcohol intake is influenced by chronic disease conditions (242). Another research conducted in the U.S. demonstrated that the majority of the participants of  $\geq 65$  years of age with chronic illness avoid alcohol (243). Our study finding is also justified by some earlier European studies presenting that among individuals, heavy drinking declines with increasing age and social responsibilities (244-246).

The decomposition analysis of the present study also demonstrated that in the case of alcohol-related harms gender and differences in marital status acted more intensively among respondents of Roma compared to Hungarian general participants. Single marital status and female gender were associated with differences in alcohol-related harm. After equalization of these differences, the alcohol-related harm frequency gaps could be expected to be reduced by 8% and 60% for HG and HR participants, respectively. These gaps in alcohol-related harms may be due to the cultural factors of Roma respondents because in Roma communities single status and being a female are considered as inferior status (43, 247).

Additionally, taste receptor proteins mediating the oral sensation of taste may also mediate alcohol intake. Differences in receptor function for bitter, sweet, salty, sour, umami, and fat tastes could be the basis for inter-individual variations in taste perception (193). Changes in the functional properties of these receptor proteins can result from alterations in their genomic sequences, which consequently leads to differences in responsiveness and preference for a

specific taste. Thus, genetic variability in the taste perception mechanism might contribute to differences in alcohol consumption (86). People with increased sensitivity towards bitter-tasting compounds like PTC and PROP have been found to drink less alcohol compared to those with less sensitivity (77, 176). Individuals with intense responsiveness (supertaster) towards PROP (248), also experience more irritation (249, 250) and higher bitterness from ethanol compared to less sensitive persons (supertaster) (250) which ultimately decreases alcohol consumption among supertasters (251). Supertasting towards PROP is mediated by the number of fungiform papillae tongue (252). There is a positive association between PROP bitterness and a number of fungiform papillae (253), where non-tasters have fewer taste papillae on the anterior tongue compared to supertasters and thus experience less bitterness and more sweetness sensations from alcohol (176). Additionally, allelic variation of the TAS2R38 bitter-tasting gene, which determines the presence of a functional receptor may also influence the responsiveness towards bitter-tasting compounds (252). Supertasters of sweet drink more alcohol as sweetness elicited by ethanol was found to stimulate neural fibres sensitive to sweetness in gustatory nerves (254). Furthermore, central mechanisms like opioidergic, serotonergic, and dopaminergic systems activated by ethanol and sweet solutions, potentially contribute to the reward linked to alcohol intake consistent with that of sugar intake (254, 255).

Results of our study presented that TAS1R3 rs307355, TAS2R19 rs10772420, and CA6 rs2274333 depicted no statistically significant relationships with any phenotypes of our interest. The T alleles of TAS1R3 rs307355 were previously found to decrease sucrose taste sensitivity (121). This polymorphism may introduce variation in the perception of sweet and alcohol (216) via alteration of gene transcription through a substitution of cytosine to thymine (158). Though this finding is in line with our study results, since no other research demonstrated associations with alcohol intake. TAS2R19 rs10772420, which was intensively investigated by the literature in relation to bitter taste phenotypes, exhibited no association with alcohol intake (160) and heavy drinker status (203) in previous research. The A allele of TAS2R19 rs10772420 was found to be linked to the more intense perception of quinine and grapefruit juice (91), which may be resulted from strong linkage disequilibrium (LD) between two polymorphisms such as TAS2R19 and TAS2R31 (256). In our study, we also did not find any association between TAS2R19 rs10772420 and the first three questions of the AUDIT questionnaire. Moreover, results of other studies postulated that individuals with A alleles of CA6 rs2274333 were linked to PROP super tasting (186, 188, 190, 204). The CA6 rs2274333

was not linked to frequency of alcohol intake (97) and daily intake of alcohol (180) in other studies which corresponds with our findings.

It is articulated from our study that TAS2R38 rs713598 showed a significant association with AUDIT 2 (typical quantity of alcohol drinking) and AUDIT 3 (frequency of heavy drinking) among respondents of HG and HR, respectively. In the haplotypes of TAS2R38 (defined by rs713598, rs1726866, rs10246939) rs713598 (P/A) is placed in the first location, while rs1726866 (A/V) and rs1024693 (V/I) are located in second and third positions, respectively (225). The dominant haplotype of these three SNPs (PAV; proline–alanine–valine) indicates the taster phenotype and AVI (alanine-valine-isoleucine) homozygotes characterize the non-taster phenotype, while heterozygotes are entitled by intermediary responsiveness towards PROP and PTC (121). For signal transduction of bitter taste modality, rs713598 and rs1726866 retain the highest and the weakest effects, respectively, while rs10246939 depicted no quantifiable impact (226).

Contradictory results were derived from other relevant studies. Some research established that carriers of taster genotypes drank less alcohol, though these studies varied extensively in study participants and way of phenotype evaluation, while numerous studies were unable to report the relationship between these SNPs and alcohol consumption behaviours. On the contrary, another study, where the first three AUDIT questions were used to assess alcohol intake demonstrated that the major “C” allele was linked to decreased alcohol intake among head and neck cancer participants (161). The minor allele-based recessive model analysis in our study indicated that the non-taster GG genotype was negatively correlated with number of standard drinks consumed and the frequency of having six or more drinks per occasion among HG and HR participants, respectively. Similar to our findings, another study presented that tasters consumed more alcohol. This study also proposed that other factors may be involved in stimulating alcohol intake among individuals with increased responsiveness to bitterness sensitivity (160), such as the consumption of wine, which may be linked to an enhanced perception of PROP bitterness (257, 258). Analogous factors may explain the findings of the present study.

The abovementioned results exhibited ethnicity-specific differences in alcohol intake in some respects. TAS2R38 rs713598 was significantly associated with the number of standard drinks consumed and having six or more drinks on one occasion among HG and HR participants,

respectively. This difference in alcohol consumption behaviours between the two study groups could be due to differences in the influence of taste perception and preference on alcohol consumption. Additionally, the taste profile of consumed alcohol may vary among participants of two study populations. Furthermore, ethnic-specific findings were also found in some genetic association studies (259-268), even when comprising taste preference genetic variants (269), which may be resulted from variations in ethnic-specific LD (263, 270). Thus, the impact of investigated genetic polymorphisms might be weakened or masked by other not yet studied genes being responsible for the occurrence of phenotypes of interest (261). It may also be assumed that certain alleles act differently in certain populations (265, 270) and research findings also suggest that various alcohol consumption-related phenotypes (frequency and quantity measures, AUD) encompass different genetic backgrounds.

Several limitations need to be considered during the interpretation of the study results. There is a high possibility of underreporting of alcohol intake, which is demonstrated by other studies (271) even with the standard structured AUDIT questionnaire (272). Moreover, the effectiveness of the AUDIT screening tool may vary between ethnic groups and minorities (150). Results of other studies indicated that compared to mainstream populations, Roma respondents may tend to please the field investigators, which may affect the quality of collected information (159, 160, 216). Additionally, during our study, AUDIT questions were interviewed in a face-to-face manner and Roma participants are already subject to negative stereotypes, which may manipulate their responses on alcohol in a way that will not be considered negatively by others. Furthermore, the AUDIT questionnaire provides no information on lifelong alcohol use and associated problems, as well as fundamental causes of abstinence (161).

During the present study the Roma population was recruited only from two counties of North-East Hungary, where the majority of Roma individuals inhabit, thus included Roma participants did not represent the whole country's Roma population. Besides, some Roma individuals, who were integrated into the Hungarian population may not be willing to declare themselves as Roma (273); consequently, the Hungarian reference sample may have also comprised some Roma individuals. It is also important to mention that the proportion of female participants was higher among HR compared to HG which is in line with the previous survey and study conducted on segregated Roma settlements in Hungary (274) and in Slovakia, respectively (275). The potential reason for the higher proportion of HR female

participants is that in our study data was collected during the daytime when the majority of the households' women were at home and males travelled for public work. From 2010 to 2015 the Hungarian government expanded the budget for public works in all municipalities. These works were particularly pertinent for the villages, where the majority of the Roma communities are settled and most of the workers involved in the program are males from Roma communities (276). Furthermore, the present study did not comprise individuals aged  $\geq 65$  years as from previous Roma studies it was suggested that people  $\geq 65$  years of age represent only 3–4% of the total population (58, 274, 277), which is low to derive reliable inference for this stratum of the population.

To our knowledge, this is the first study that analysed factors potentially influencing several aspects of alcohol consumption behaviours of HG and HR populations applying the AUDIT questionnaire. Although the systematic review on taste preference genetic polymorphisms influencing alcohol drinking behaviours indicated that TAS2R38 rs10246939, rs1726866, rs713598 were mostly investigated, additional research is still recommended to elucidate susceptible and protective genetic factors for alcohol consumption-related phenotypes due to inconclusive findings. Understanding the ethnic-specific differences of genetic and other factors expected to impact alcohol consumption behaviours may facilitate the development of efficient policy and related interventions to address harmful alcohol use.

## SUMMARY

**Background:** Unhealthy alcohol use is considered a significant public health problem globally, while the burden of mortality and disability-related to alcohol intake varies disproportionately between certain populations and ethnic minority groups. Consumption of alcohol is a complex human trait, which is influenced by a wide variety of environmental factors and numerous genetic variants including taste preference genetic polymorphisms.

**Objective:** Our study aimed to characterize and compare alcohol consumption behaviours of HG and HR participants as well as to evaluate the impact of potential influencing factors on various alcohol consumption patterns. We also aimed to synthesize evidence of the effect of taste preference-related genetic variants on various drinking behaviours.

**Methods:** 410 HG and 387 HR respondents of 20-64 years of age were included in our study and AUDIT questionnaire was used to assess alcohol consumption patterns. Univariate and multivariate logistic regression analysis were performed to elucidate the associations between various socioeconomic variables and different alcohol consumption phenotypes. To identify the taste preference-related genetic polymorphisms associated with various alcohol consumption behaviours, a systematic review was prepared. Based on this review, four single nucleotide polymorphisms (SNPs), TAS1R3 rs307355, TAS2R38 rs713598, TAS2R19 rs10772420 and CA6 rs2274333 linked with bitter and sweet taste preferences, were selected for further analysis.

**Results:** Compared to HG, Roma participants experienced more alcohol related harms and evidence of past problems related to alcohol intake. When alcohol-related harms were considered, impacts of differences in gender and marital status are much higher among Roma compared to non-Roma. Additionally, TAS2R38 rs713598 had significant association with AUDIT 2- number of standard drinks on a typical day and AUDIT 3- frequency of having six or more drinks per occasion among HG and HR participants respectively.

**Conclusion:** Roma ethnicity was demonstrated to influence certain alcohol consumption behaviours, i.e., having experience of alcohol-related harm as well as evidence of past problems related to alcohol drinking. For alcohol-related harm, gender and differences in marital status act more strongly among Roma participants compared to non-Roma. We may also presume that genetics influencing bitter taste phenotypes may have an effect on alcohol consumption patterns in our study samples, though it is suggested to interpret the findings with caution.

## KEY WORDS

Alcohol consumption, AUDIT, Hungarian general population, Hungarian Roma population, decomposition, taste preference, genetic polymorphisms

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## APPENDIX

**Table S1. The prevalence hazardous and harmful alcohol use among Hungarian general (HG) and Roma (HR) populations by gender (based on the WHO cut off "≥8").**

		Prevalence hazardous alcohol use n(%)	p-value*
Male	HG	13 (7.39%)	0.054
	HR	14 (14.74%)	
Female	HG	1 (0.45%)	0.229
	HR	5 (1.84%)	
Total	HG	14 (3.50%)	0.253
	HR	19 (5.18%)	

HG: Hungarian general population; HR: Hungarian Roma population; \*Pearson chi-square and Fisher's exact test.

**Table S2. Factors influencing having AUDIT ≥8 based on binary logistic regression**

Characteristics	Variable	OR (95% CI)
Ethnicity	HG	1.00
	HR*	1.37 (0.48-3.90)
Education	Primary or less	1.00
	Secondary	0.92 (0.31-2.70)
	High school	0.48 (0.11-2.15)
	Tertiary education	0.00 (0.00-0.00)
Economic activity	Worker	1.00
	Pension, other allowance, student	1.47 (0.48-4.49)
	Unemployed	1.62 (0.56-4.68)
Marital status	Married	1.00
	Single	1.36 (0.49-3.77)
	Widow, divorced	1.08 (0.37-3.22)
Financial status	Good	1.00
	Satisfactory	0.56 (0.20-1.55)
	Bad	1.21 (0.40-3.68)
Age category (years)	20-34	1.00
	35-49	10.58 (1.30-86.22)
	50+	<b>9.31 (1.09-79.31)</b>
Gender	Male	1.00
	Female	<b>0.09 (0.04-0.24)</b>

HG: Hungarian general population; HR: Hungarian Roma population. AUDIT: AUDIT total scores. OR: odds ratio, CI: confidence interval. Bold indicates statistical significance.

**Table S3. Description of single nucleotide polymorphisms included in the systematic review**

<b>Gene/Nearest Gene</b>	<b>Encoded protein</b>	<b>SNP ID</b>	<b>Alleles (dbSNP)</b>	<b>Effect on taste perception/preference (if available)</b>
TAS2R38	taste 2 receptor member 38	rs713598, rs1726866, rs10246939	C>A, G, T G>A T>C	<p>When haplotypes are considered rs713598 located first (P/A) followed by rs1726866 is the second location (A/V) and rs1024693 is the third location (V/I) (278).</p> <p>PAV (proline–alanine–valine) homozygotes, the dominant haplotype characterizes the taster phenotype while AVI (alanine-valine-isoleucine) homozygotes outline the non-taster phenotype and heterozygotes are designated by intermediate sensitivity to PROP and PTC (91).</p> <p>From the perspective of bitter taste signal transduction rs713598 possesses the highest effect and rs1726866 has weaker effects. On the other hand, rs10246939 showed no measurable effect (83).</p>
TAS1R2	taste 1 receptor member 2	rs35874116	T>C	Influence in variation of sweet taste sensation and consumption of food and wine (216).
TAS1R3	taste 1 receptor member 3	rs307355	T>A, C	May affect gene transcription via cytosine to thymine substitution (158) and contribute to changes in perception for sweetness and alcohol (216). T alleles of this variant is also identified to reduce the taste sensitivity towards sucrose (91).
TAS2R10	taste 2 receptor member 10	rs10845219	T>C	-
<i>TAS2R10</i> (161)	taste 2 receptor member 10	rs4763216	C>A, G	-

TAS2R13	taste 2 receptor member 13	rs1015443	T>A, C	Not associated with bitterness of capsaicin, piperine, ethanol, PROP (78, 165, 199, 279).
TAS2R14	taste 2 receptor member 14	rs7138535	T>A	Not associated with stevioside perception (280).
TAS2R16	taste 2 receptor member 16	rs846664	A>C, G	Not linked to bitterness of PROP (91) but leads to functional change in receptor (215) that may contribute in alteration of taste- linked signaling and sensitivity towards bitterness which ultimately affect variations in alcohol intake.
TAS2R16	taste 2 receptor member 16	rs978739	T>C, G	No association with PROP bitterness (165).
TAS2R16	taste 2 receptor member 16	rs860170	C>T	A allele was linked with perception of salicin bitterness (165).
TAS2R16	taste 2 receptor member 16	rs1204014	C>G, T	-
<i>TAS2R16</i> (84, 161)	taste 2 receptor member 16	rs1308724	G>A, C, T	Not associated with Acesulfame Potassium and quinine bitterness (281, 282).
<i>TAS2R16</i> (84, 160, 184)	taste 2 receptor member 16	rs846672	A>C, T	Not related to bitterness of quinine (282).
TAS2R19	taste 2 receptor member 19	rs10772420	G>A	A allele was linked with more intense quinine and grapefruit juice perception (91), which may be resulted from the strong linkage disequilibrium (LD) between polymorphisms of TAS2R19 & TAS2R31 (256) .
TAS2R20	taste 2 receptor member 20	rs12226920	G>A, T	Correlated with intensities of bitter grosheimin (81) and quinine (282).
TAS2R20	taste 2 receptor	rs10845281	T>A, C, G	Correlated with intensities bitter grosheimin (81).

	member 20			
TAS2R3	taste 2 receptor member 3	rs765007	T>A, C	Not associated with bitterness of capsaicin, piperine and ethanol threshold (283).
TAS2R39	taste 2 receptor member 39	rs4726600	G>A, C	Not associated was quinine bitterness (282).
TAS2R4	taste 2 receptor member 4	rs2233998	T>C	Not linked with bitterness of PROP, capsaicin, piperine and ethanol (165, 199, 279).
TAS2R4	taste 2 receptor member 4	rs2234001	G>A, C, T	Not associated with intensity of sucrose, gentiobiose, aspartame, rebaudioside A and D (281).
TAS2R40	taste 2 receptor member 40	rs10260248	C>A	-
<i>TAS2R40</i> (161, 217)	taste 2 receptor member 40	rs534126	C>G, T	-
TAS2R41	taste 2 receptor member 41	rs12666496	A>T	-
TAS2R41	taste 2 receptor member 41	rs1404635	G>A, C	-
TAS2R43	taste 2 receptor member 43	rs71443637	T>C	Linked with detection threshold & intensities of grosheimin (81) and coffee liking (283).
TAS2R46	taste 2 receptor member 46	rs2708377	C>A, G, T	Linked with perceived bitterness and detection threshold of caffeine (284).
TAS2R5	taste 2 receptor member 5	rs2227264	G>A, T	Predicted by SIFT algorithm to modify function (285).

TAS2R5	taste 2 receptor member 5	rs2234012	A>G	May regulate translation efficiency or stability of messenger RNA (84).
TAS2R50	taste 2 receptor member 50	rs1376251	C>T	Association between C allele and intake of dietary fiber & vegetable (184).
TAS2R50	taste 2 receptor member 50	rs10772397	C>A, G, T	Not associated with quinine bitterness (282).
TAS2R60	taste 2 receptor member 60	rs4595035	T>A, C, G	Not associated with quinine bitterness (282).
TAS2R7	taste 2 receptor member 7	rs619381	C>T	May impact TAS2R expression (286).
TAS2R8	taste 2 receptor member 8	rs1548803	C>T	Association with intensity of quinine (282).
CA6	carbonic anhydrase 6	rs2274333	A>G	A alleles linked with PROP supertasting (91).
GNAT3	g protein subunit alpha transducin 3	rs1524600	G>A	Association between C alleles and greater sucrose sensitivity (287).
PRH1*	proline rich protein haeiii subfamily 1	rs10492098	G>A, C	Modulate bitter taste perception (186).
PRH1-TAS2R14	proline rich protein haeiii subfamily 1 - taste 2 receptor member 14	rs2597979	G>A, C, T	Association between G allele and higher intensity rating of PROP (203).
PRH1-TAS2R14	proline rich protein haeiii	rs11612527	T>A	-

	subfamily 1 - taste 2 receptor member 14			
PRR4*	proline rich 4	rs1047699	T>A, C	Associated with Lipocalin-1 (LCN1) and thus may influence taste reception (288).
PRR4*	proline rich 4	rs1063193	C>A, G, T	Associated with Lipocalin-1 (LCN1) and thus may influence taste reception (288).
TRPA1	transient receptor potential cation channel subfamily a member 1	rs11988795	C>A, G, T	Not associated with quinine (282). Association was found between A allele and higher perception of odorous stimulants (289).

*Italic gene names indicate nearest genes as use by cite authors. \* Potential role in taste perception based on STRING Database (<https://string-db.org>, accessed on 22 November 2022). – denoted no association or no explanation has yet been found/investigated for the potential effect of the variant.*

**Table S4. Summary of impact of taste preference genetic SNPs on different alcohol consumption behaviors**

Gene	SNP	Association	No association
TAS2R38	rs1726866	Reverse association with intake and drinker status of alcohol (203).	Not linked with first 3 questions of AUDIT questionnaire (161).
		Significant relationship with alcohol intake (160).	Not associated with weekly intake of alcohol (162).
TAS2R38	rs10246939	Significant relationship with frequency of alcohol intake (160).	Not associated with weekly alcohol consumption (162). Not linked with first 3 AUDIT questions (161).
TAS1R2	rs35874116	Carriers of C allele tend to drink less wine. Furthermore, Individuals with CC recessive drank wine higher than other genotypes (216).	Not associated with intake of Soju, beer and spirit (216).
TAS2R10	rs10845219		Not associated with the first three AUDIT questions (161).
<i>TAS2R10</i> (161)	rs4763216		
TAS2R13	rs1015443	Exhibited a significant relationship with 2nd and 3rd questions of AUDIT. Carriers of CC alleles drank less alcoholic beverages than heterozygotes and homozygous of minor allele (161).	
TAS2R14	rs7138535		Not associated with the first three AUDIT questions (161).
TAS2R16	rs846664	Significant association between K172 allele and higher chance of alcohol dependence, regardless of ethnicity (215).	Not linked with intake of alcohol intake (160).
		Significant association with lower risk of alcohol dependence (184).	
<i>TAS2R16</i> (84, 161)	rs846672	Individuals with AA alleles drank alcoholic beverages double than heterozygotes or major allele homozygotes	No significant association with frequency as well as amount of alcohol

		(84).	consumption (184). Not associated alcohol intake (160). Not linked with first 3 questions of AUDIT (161).
<i>TAS2R16</i> (84, 160, 184)	rs1308724	Carriers of CC drank alcohol less frequently compared to heterozygotes and GG homozygotes (84).	Not related to alcohol consumption (84). Not associated with first three AUDIT questions. (161).
TAS2R16	rs978739		Not associated with alcohol dependence (215).
	rs860170		
	rs1204014		
TAS2R20	rs12226920	Associated with spirits drinking (216).	Not associated with consumption of beer (160).
TAS2R20	rs10845281		Not associated with first 3 AUDIT questions (161).
TAS2R3	rs765007		
TAS2R39	rs4726600		
TAS2R4	rs2233998	Individuals of homo-recessive polymorphisms drank rice wine more than other genotypes (216).	Not significantly associated with intake of Soju, beer and spirit (216).
TAS2R4	rs2234001		Not associated with first 3 AUDIT questions (161).
TAS2R40	rs10260248		
<i>TAS2R40</i> (161, 217)	rs534126		
TAS2R41	rs12666496		
TAS2R41	rs1404635		
TAS2R43	rs71443637		
TAS2R46	rs2708377		
TAS2R5	rs2227264	Carriers of TT drank higher alcohol and rice wine compared to carriers of other genotypes (216).	Not associated with intake of Soju, beer and spirit (216).
TAS2R5	rs2234012		Not associated with first 3 AUDIT

			questions (161).
TAS2R50	rs1376251	Associated with spirit drinker status while individuals with CC genotype drank more rice wine than others (216).	Not associated with daily alcohol intake (184). Not associated with intake of Soju, beer and wine (216). Not linked to first three AUDIT questions (161).
TAS2R50	rs10772397		Not associated with alcohol intake frequency (160).
TAS2R60	rs4595035		
TAS2R7	rs619381		Not associated with first three AUDIT questions (161).
TAS2R8	rs1548803		Not linked with first 3 questions of AUDIT tool (161). Not linked with frequency of alcohol intake (160).
TRPA1	rs11988795		Not associated with alcohol intake frequency (160).
GNAT3	rs1524600		Not associated with alcohol intake frequency (160).
PRH1	rs10492098		Not linked with first 3 AUDIT questions (161).
PRH1-TAS2R14	rs2597979		Not associated with drinking behavior and drinker status (203).
PRH1-TAS2R14	rs11612527		Not associated with first 3 questions of AUDIT questionnaire (161).
PRR4	rs1047699		
PRR4	rs1063193		

*Italic gene names refer to nearest genes as used by cited authors; AUDIT: Alcohol Use Disorder Identification Test*

## List of Publications



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Registry number: DEENK/77/2023.PL  
Subject: PhD Publication List

Candidate: Ali Abbas Mohammad Kurshed  
Doctoral School: Doctoral School of Health Sciences

### List of publications related to the dissertation

1. **Kurshed, A. A. M.**, Vincze, F., Pikó, P., Sándor, J., Kósa, Z., Ádány, R., Diószegi, J.: Alcohol consumption patterns of the Hungarian general and Roma populations.  
*Front. Public Health.* 10, 1-14, 2023.  
DOI: <http://dx.doi.org/10.3389/fpubh.2022.1003129>  
IF: 6.461 (2021)
2. **Kurshed, A. A. M.**, Vincze, F., Pikó, P., Kósa, Z., Sándor, J., Ádány, R., Diószegi, J.: Taste Preference-Related Genetic Polymorphisms Modify Alcohol Consumption Behavior of the Hungarian General and Roma Populations.  
*Genes.* 14 (66), 1-16, 2023.  
DOI: <http://dx.doi.org/10.3390/genes14030666>  
IF: 4.141 (2021)
3. **Kurshed, A. A. M.**, Ádány, R., Diószegi, J.: The Impact of Taste Preference-Related Gene Polymorphisms on Alcohol Consumption Behavior: a systematic review.  
*Int. J. Mol. Sci.* 23 (24), 1-22, 2022.  
DOI: <https://doi.org/10.3390/ijms232415989>  
IF: 6.208 (2021)





**List of other publications**

4. Diószegi, J., **Kurshed, A. A. M.**, Pikó, P., Kósa, Z., Sándor, J., Ádány, R.: Association of single nucleotide polymorphisms with taste and food preferences of the Hungarian general and Roma populations.  
*Appetite*. 164, 1-13, 2021.  
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