

THE BASIC CONCEPT OF THE SPORTS PROGRAMME OF THE UNIVERSITY OF DEBRECEN

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ABSTRACT. In the past few years we got an opportunity to introduce a new, up-to-date programme, which resulted change in approach and solved the problem of competitive sports in the cases of many sports. It might be an advantage for universities rivaling for students, if the institute –next to giving students the authority of knowledge- prepares them for a healthy way of life and contributes to archive a sterling life.

For the sake of the cause, the University of Debrecen constituted years 2006 and 2007 the Years of Sports, decided to stand up for sports improvements and treat them appropriately.

Presently, there are more than thirty thousand students who study in higher education Debrecen has to offer, attending various forms of qualification training. Due to this fact, the majority of young adult population is trying to find their place in society as graduates, intellectuals. The revealing procedures of the last few decades' social- and regular conduct transformation and the medical statically evaluations show a negative outcome. The performance of future society -so thus the population of Debrecen's as well- is highly dependent on the carrying capacity, the health, the evolving lifestyle and the physical activity needs of today's generation. It is an extremely important task for the educational system to enforce the status of PE and sports, and to form and support student's needs for physical education. For certain age-groups, it is almost equivalent with the transfer of material knowledge.

Masses appeared in higher education to call our attention to the fact, that – as opposed to former conditions- we do have the opportunity to move huge masses and change student's approach. All this in such an age-group, which is about to enter adulthood, but is still in protected conditions. Has already an independent will and needs, and is on its way to show off from very tight bonds of family. This age-group lives in such a long-drawn-out period, when students are trying to set up for themselves, and are shaping up their subsequent customs.

There is an opportunity to introduce a new, up-to-date programme, which results change in approach, and means a solution for the problems occurring in the fields of competitive sports.

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Our ambition is that sports at the university –done among worthy conditions- prepare students for a healthy way of life in the future and to promote them to live a more complete life.

Targets laid down in this programme:

- To develop student's sports activities dynamically and to offer them more competition and leisure time sports-opportunity

The reason for this is that the number of students at the institution has increased by leaps and bounds. Over the usual amount of sports opportunities, the supply of sports has to stand all modern demands. The programme is also constantly impressed by the culture and needs of the university's international students.

We have to be aware of student's time-table for the most effective capacity.

- Necessary infrastructure should be improved and be reformed to suit up-to-date requirements;

Insistent operational tasks laid down in the programme for hitting our target:

- To resolve and develop the management and the operation of the institution. To make an effort on the economical utilization of the institutions belonging to the university or to the city by common compromise. The common tasks of the city and the university are prevention, rehabilitation, sport supply-training, and competitive sports.

It is essential for bringing our targets into effect that we think in a uniform system. That is why it is so important to define a concept -which we have developed together- about future tasks. We have to help host clubs to continue to exist by guaranteeing the basic conditions they need.

- Enlargement of the institutions together with the city of Debrecen

The big international competitions held all have a message towards people and popular sport competitions are visited by many of them. By developing outworn establishments we can win the right to host international and national championships as well. And last but not least, the conditions of the trainings can be better and more successful.

- To develop emphasized competitive sports and to support competitive sports at the university as well

Undertaking of many sporting events mainly depends on our funds and financial opportunities. Sometimes it is a question of the institution's background, and sometimes the question of objective elements. In some cases the university itself is able to feature sporting events. Moreover, it actuates and organizes sport supplies in many sports, although it needs the support of the city for that as well.

- To have the support of the city to recompense for prominent performance in sports and to support the fellowship at the university

Several students of the university compete at sports clubs in Debrecen.

It is a stable help for sections, that the new system of sports fellowship appreciates qualitative sports activities and sportsmen's work towards the university. Through the university's fellowship-system, the city government and the business sphere also has the possibility to reward sportsmen's performance. To effectuate this there is a need to operate a public benefit foundation.

- To enhance the organized co-operation with national and international sports organizations (MEFS, FISU, MOB, NOB), to have commonly organized national contentions and world tournaments with them

When appraising those who compete for holding competitions, it is point of vantage if the computer undertakes roles more often. We have to complete each other's imperfections and to boost our virtues. This way the settlements of the Youth Olympic Games for example may become a serious notion.

- To arrange and support international competitions for undergraduates.

The importance of sports at universities on a national level can be raised, when the competitions are held in a worthy place. That is why the university counts on Debrecen to lend them the sports-courts of the city. To fulfill this, there needs to be a written contract.

- To reinforce sports hygiene: to use the achievements of sports doctors' researches, to mend the standards of the city's sports doctors' services, to offer more free-time and recreation sports programmes in order to improve city residents' way of life.

The well-prepared, up-to-date professional work needs the results of sports doctors. Their research-conclusions can be used and are appreciated in all fields of sports, that is why there is a need for permanent contact with medical institutions. The university also contributes to execute sports programmes and bring a healthier way of life into affection by its medical and organizational capacity.

- Common organizations of sports programmes between the university and the city by the support of the city government should be held, which is subservient for the university to bring over more high-school students willing to study at the University of Debrecen.

It is a common interest that high-school students effect their purpose by studying at the University of Debrecen. Our sports programme has a basic rule in it as well. The university becomes better known by organizing talent spotter camps, transparent sport days, championships, conferences and balls. It shows a wide offer for would-be students.

- Allowances and bonuses for sportsmen. Students competing at one of the main sport clubs of the city receive special allowances and bonuses. The university appreciates performance in sport. There is an opportunity to award them with honors, to have their studies financed by the state, to give them fellowship, to let them study by a private schedule, or to offer them accommodation at one of the dormitories.

- Active involvement in organizing mass- and competitive sports events in the city. By agreement, using the university's establishments.

One form of collaboration is that we offer work for the university students, such as interpreting, translating, team-leading, and many several other tasks by

which they become more experienced and they make more contact. They can make use of this during their undergraduate years and even later on through their life.

- The University of Debrecen takes an active part in training qualitative sport professionals, taking the city's needs into consideration as well.

The senate of the university has accepted the plans of the sport programme. We are setting up extension courses, accredited courses, and OKJ (National Qualification Account) courses of trainings. Our primary task is to start an academic sport training of high standard at the University of Debrecen.

Summary

The sports programme of the University of Debrecen has taken on complex tasks. It offers a new opportunity for its participants to co-operate and build up real values. The project has aimed at such areas –like integrating new programmes, calling attention to a sporty lifestyle and by cultural and educational services– which were declining in the past few decades. One reason for this is that the world had been broaden out and nowadays sports, education and culture does not mean such values and challenges as they used to in the past.

The task of professional specialists of sports is to think forward, and not just appoint today's problems but join with and make sports important and find pleasure in it again. This is the message of the sports programme of the University of Debrecen.

The 3 main buildings of the university need renovation and improvements in various levels. PE and free-time sports need improvements on a basic level, while competitive sports, education and emphasized programmes need to be improved on a higher level.

-the improvement of competitive sports should work by the co-operation of the university and the city of Debrecen

The Athlete Club of the University (DEAC) plays a significant role in the sport life of the city. It is the host club of many supply of sportsmen. It is a sports club where young adult competitors can succeed. There are special kinds of sports whose future supply is given by the DEAC. Thus in the fields of sports our university supports the work of the city government.

-the university and the city should push an advantage in competitive sports and the PR resided in them should be used versatile and all-round

The university and the city have reached spectacular success in competitive sports. Many international and national events are held here, which is an example to be followed. The street-running World Championships, the U23 European Championships and the European Short Course Swimming Championships ment the start, and now we have the possibility to compete for the organization works of the Junieur Olympic Games in 2010. In this case we also have to build in our programme and to emphasize the importance of cultural values and education.

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-the way of life of university students (and city residents' as well) should become healthier and their attachment to the institution and to the city should become stronger

Debrecen is often mentioned as the capital of sports in Hungary, because its continental and international programs and their successions raised the city to the spotlight.

The university not just gives the possibility for students being brave at knowledge and sports to become a sportsmen, but also calls attention for regular sport activities. In addition, it shows students the traditional and also the modern opportunities for sports, which is unconnected with the cultural needs of this group of age.