

1 Original Article

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## **Endocannabinoids**

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### **Limit Excessive Mast Cell Maturation**

5

### **and Activation in Human Skin**

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37 **Abstract**

38

39 **Background-**Mast cells (MCs) crucially contribute to many inflammatory  
40 diseases. However, the physiological controls preventing excessive MCs  
41 activities in human skin are incompletely understood.

42

43 **Objective-**Since endocannabinoids are important neuroendocrine MCs  
44 modifiers, we investigated how cannabinoid receptor (CB) 1-  
45 stimulation/inhibition affects human skin MCs biology *in situ*.

46

47 **Methods-**This was investigated in the MCs-rich connective tissue sheath (CTS)  
48 of organ-cultured human scalp hair follicles (HFs) by quantitative  
49 (immuno)histomorphometry, ultrastructural and qPCR techniques, using CB1  
50 agonists or antagonist, CB1 knock-down, or CB1 knockout mice.

51

52 **Results-**Kit+ MCs within the CTS of human HFs express functional CB1  
53 receptors, whose pharmacological blockade or gene silencing significantly  
54 stimulated both, MCs degranulation and maturation from resident progenitor

55 cells *in situ* (i.e. enhanced the number of tryptase+, FcεRIα or chymase+ CTS-  
56 MCs). This was, at least in part, stem cell factor-dependent. CB1 agonists  
57 counteracted the MCs-activating effects of classical MCs secretagogues.  
58 Similar phenomena were observed in CB1 knock-out mice, attesting to the *in*  
59 *vivo* relevance of this novel MCs-inhibitory mechanism.

60

61 **Conclusion**-Using human HF organ-culture as an unconventional, but clinically  
62 relevant model system for studying MCs biology *in situ*, we show that normal  
63 skin MCs are tightly controlled by the endocannabinoid system. This limits  
64 excessive MCs activation and maturation from resident progenitors via “tonic”  
65 CB1 stimulation by locally synthesized endocannabinoids. The excessive MCs  
66 numbers and activation in allergic and other chronic inflammatory skin diseases  
67 may partially arise from resident intracutaneous MC progenitors, e.g. due to  
68 insufficient CB1-stimulation. Therefore, CB1-stimulation is a promising strategy  
69 for the future management of allergy and MCs-dependent skin diseases.

70

71

72 **Capsule Summary**

73 CB1-stimulation by endocannabinoids is required to limit human and murine  
74 skin mast cells activation as well as mast cell maturation from resident  
75 progenitors *in situ*. Therefore, mast cell-dependent human skin diseases should  
76 profit from CB1 stimulation.

77

### 78 **Key Messages**

79 # Endocannabinoids control not only human skin mast cell activation but also  
80 their maturation from resident progenitor cells *in situ* via CB1 stimulation.

81 # Endocannabinoids also regulate stem cell factor (SCF) expression in human  
82 hair follicle epithelium (increased SCF production via CB1 stimulation).

83 # CB1-stimulation is a promising strategy in the future management of allergy  
84 and other mast cell-dependent inflammatory diseases by limiting skin mast cell  
85 activation and maturation.

86

87

### 88 **Keywords**

89 endocannabinoid, cannabinoid receptor, skin, hair follicle, mast cell, stem cell  
90 factor, tryptase

91

92

93 **Abbreviations used**

94 MC mast cell

95 HF hair follicle

96 CTS connective tissue sheath

97 ORS outer root sheath

98 CB cannabinoid receptor

99 ECS endocannabinoid system

100 SCF stem cell factor

101 KO knockout

## 102 INTRODUCTION

103

104 In many developed countries, the incidence of allergic diseases is increasing to  
105 epidemic proportions, affecting up to 30% of the population<sup>S26</sup>. Thus, these  
106 diseases constitute a considerable burden to affected patients and to healthcare  
107 providers. Given the crucial role that mast cells (MCs) play in the pathogenesis  
108 and clinical phenotype of allergic diseases and many other chronic inflammatory  
109 disorders<sup>1,2</sup>, we clearly need a better understanding of how healthy human  
110 tissues that are very rich in MCs (such as skin or bronchial mucosa) avoid  
111 excessive MCs activities and numbers under physiological circumstances<sup>3</sup>. This  
112 should open new, more effective, and better-tolerated avenues to counteracting  
113 the critical input of MCs into allergic and many other chronic inflammatory  
114 diseases.

115 As key protagonists of innate immunity, MCs not only play a pivotal role in anti-  
116 infection defence and “danger”-response systems, but also regulate  
117 inflammation, tissue repair, and tissue remodelling<sup>1-5</sup>. Though it is now  
118 understood that MCs are involved in both inciting and limiting inflammation<sup>2, 6-8</sup>,  
119 the main focus of clinically applied MCs research still is on undesired, excessive

120 MCs activities and their disease-promoting consequences, e.g. in atopic  
121 eczema, chronic urticaria, allergic asthma and allergic rhinitis. Yet, the  
122 physiological controls of MCs that prevent an excessive accumulation and  
123 activation of MCs in normal human tissues *in situ* have been much less studied  
124 and are therefore only very incompletely understood. Thus, it remains a major  
125 unmet challenge for translational MCs research to identify important  
126 endogenous controls that prevent excessive MCs activation and numbers within  
127 healthy human tissues (as opposed to cell culture conditions, where MC  
128 behaviour is generally studied in the – highly artificial - absence of complex  
129 regulatory cues that normally emanate from their local tissue environment).

130 Therefore, these endogenous controls are best studied under *in situ*-conditions.  
131 In the human system, they can best be characterized in human skin, since the  
132 latter is easily accessible, very rich in MCs<sup>9</sup> and becomes frequently available  
133 during elective plastic surgery. It is important to remember that immature bone  
134 marrow-derived MC progenitors not only are deposited in peripheral tissues,  
135 such as skin, where they complete their development<sup>1,2</sup>. Mature skin MCs can  
136 also be generated *in situ* from resident progenitor cells in the absence of bone  
137 marrow, namely in the stroma of organ-cultured murine and human hair follicles



138 (HFs), the follicular connective tissue sheath (CTS)<sup>10, 11</sup>. Therefore, we  
139 hypothesized that robust mechanisms must be in place to avoid excessive  
140 increases in MCs numbers by limiting the intracutaneous maturation of MCs  
141 from resident progenitor cells within human skin, namely from resident, CTS-  
142 associated MC progenitors<sup>10,11</sup>.

143 Given the pivotal dependence of MCs on signals from their local tissue milieu<sup>1, 5,</sup>  
144 <sup>8</sup>, it is critical to elucidate the behaviour of normal primary human MCs within  
145 their natural tissue environment. In this context, neuroendocrine controls of MCs  
146 are of particular interest since neuromediators regulate multiple human skin  
147 MCs functions, e.g. during innate immune defense, neurogenic inflammation,  
148 angiogenesis, wound healing and hair growth<sup>8, 10, 12</sup>. Moreover, the maturation  
149 of human CTS-MCs from resident precursors and/or their activation are strongly  
150 stimulated by prototypic stress-associated mediators, namely by corticotropin-  
151 releasing hormone<sup>11, 13</sup> and substance P<sup>14</sup>. Thus, the organ culture of healthy,  
152 adult human scalp HFs with their MCs-rich CTS<sup>11, 14</sup> provides an unconventional,  
153 but highly instructive, accessible, physiologically and clinically relevant human  
154 model system for studying primary skin MCs, intracutaneous MC progenitors,

155 and their neuroendocrine controls within a precisely defined mesenchymal

156 compartment *in situ*.

157 Besides their multiple functions in the nervous system, endocannabinoids are

158 now recognized as important neuroendocrine regulators of MC biology<sup>15-18</sup>. The

159 endocannabinoid system (ECS) consists of cannabinoid receptors (CBs), their

160 endogenous ligands (i.e. endocannabinoids, such as anandamide [AEA] and 2-

161 arachidonoylglycerol [2-AG]), and enzymes responsible for endocannabinoid

162 synthesis and degradation<sup>15, 19-22</sup>. However, the role of the ECS in the regulation

163 of primary human MCs in general, and of human skin MCs *in situ* in particular,

164 remains unknown. Moreover, there are several conflicting reports on how CB

165 stimulation impacts on rodent or human MC lines *in vitro* (for details, see

166 Supplementary Introduction in the Online). Furthermore, it remains to be studied

167 whether the ECS affects MC maturation from human progenitor cells *in situ*.

168

169 Therefore, we have investigated whether and how CB stimulation/inhibition

170 affects normal, experimentally unmanipulated human skin MCs *in situ*<sup>23</sup>.

171 Specifically, we asked whether resident MCs in the CTS of HFs express

- 172 functional CB1 and whether the local ECS regulates their activation and/or
- 173 maturation from resident progenitor cells.

174 **METHODS**

175 **HF Organ Culture**

176 Human scalp HFs in the anagen VI stage of the hair cycle<sup>24, 25</sup> were  
177 microdissected and organ-cultured as described previously<sup>11, 14, 23</sup>. Human  
178 tissue collection and handling was performed according to Helsinki guidelines,  
179 after Institutional Research Ethics approval (University of Lübeck) and informed  
180 patient consent. In total, 414 anagen VI HFs were isolated from excess normal  
181 occipital and temporal scalp skin obtained from eight healthy patients (aged 49-  
182 72, average: 59) undergoing routine face-lift surgery. HF organ culture details  
183 are given in the supplementary Online Methods.

184

185 **Mast cell histochemistry**

186 Mature human skin MCs were detected with two sensitive histochemical  
187 staining methods: toluidine blue and Leder's esterase histochemistry<sup>11</sup>.

188

189 **Quantitative immunohistochemistry**

190 Kit, CB1, tryptase, chymase and FcεRIα antigens were immunodetected *in situ*  
191 using the highly sensitive tyramide signal amplification (TSA) technique (Perkin

192 Elmer, Boston, MA) according to the manufacturer's protocol, and were  
193 assessed by quantitative immunohistomorphometry with the help of Image J  
194 (National Institutes of Health, Bethesda, MD) in precisely defined reference  
195 areas (details: see supplementary Online Methods).

196

### 197 **CB1 knock-down *in situ***

198 All reagents required for transfection (human CB1 siRNA (sc-39910), control  
199 (scrambled, SCR) siRNA (sc-37007), siRNA transfection reagent (sc-29528)  
200 and siRNA transfection Medium (sc-36868)) were obtained from Santa Cruz  
201 Biotechnology Inc (Santa Cruz, CA). HF transfection was performed according  
202 to the manufacturer's protocol (details: see supplementary Methods in the  
203 Online).

204

### 205 **Statistical Analysis**

206 Data were analyzed using either the Mann-Whitney *U*-test or Student's *t*-test for  
207 unpaired samples, using Prism 4.0 software (GraphPad Prism Program,  
208 GraphPad, San Diego, CA). *p* values <0.05 were regarded as significant. All  
209 data in the Figure are expressed as mean + SEM. \* *P*<0.05, \*\* *P*<0.01, \*\*\*

210 P<0.001 for the indicated comparisons.

211 **RESULTS**

212

213 **Human CTS-MCs express CB1**

214 Human scalp HFs, including their MCs-rich connective tissue sheath (CTS),  
215 express CB1 mRNA and protein, but not CB2<sup>20</sup>. Therefore, we first asked  
216 whether cells positive for Kit (CD117, a marker that identifies even relatively  
217 immature MCs<sup>5, 11, 26</sup>) within the CTS<sup>11, 14</sup> (which does not contain any Kit+  
218 melanocytes), express CB1. By immunohistology, 75.5% of Kit+ CTS-MCs  
219 prominently co-expressed CB1, both in organ-cultured HFs (Figures 1A and B)  
220 and in intact human scalp skin (Figure 1C). The highly CB1-selective  
221 fluorescent ligand, Tocrifluor T1117, bound directly to Kit+ CTS-MCs (Figure 1D),  
222 demonstrating that these CB1 receptors display functional and specific binding  
223 activity.

224

225 **CB1 inhibition induces CTS-MCs activation and increases their number**

226 We then assessed whether treatment with the prototypic endocannabinoid, AEA  
227 (30  $\mu$ M)<sup>15, 21, 23</sup>, or with the selective CB1 agonist, ACEA (30  $\mu$ M)<sup>27</sup> altered the  
228 total number of histochemically detectable CTS-MCs and/or their activation

229 status (degranulation). Interestingly, this was not the case (Figures 2B-E and  
230 Figures S1A and B in the Online).

231

232 In contrast, the selective CB1 antagonist, AM251 (1  $\mu$ M)<sup>15, 23</sup>, significantly  
233 increased both the number of mature CTS-MCs and their degranulation  
234 (Figures 2B-E, Figures S1A and B in the Online). These effects were completely  
235 abrogated by co-incubation with AEA or ACEA (Figures 2B-E, Figures S1A and  
236 B in the Online). High resolution light microscopy independently confirmed that  
237 selectively antagonizing CB1 significantly up-regulated CTS-MCs degranulation  
238 (Figures S1D and E in the Online). By transmission electron microscopy,  
239 AM251-treated MCs showed the typical ultrastructural morphology of  
240 degranulated human MCs<sup>S27</sup> (Figure S1F in the Online).

241

242 Thus, antagonizing CB1-mediated signaling clearly increases human skin MC  
243 degranulation *in situ*. This conflicts with a previous report that the CB1  
244 antagonist, AM281, does not affect the degranulation of RBL-2H3 cells by  
245 itself<sup>28</sup>.

246



247 **CB1 inhibition induces CTS-MCs maturation, but not proliferation**

248 Next, we studied the impact of CB1 stimulation/inhibition on the number of Kit+  
249 cells. In human skin mesenchyme, Kit is expressed almost exclusively by MCs,  
250 and Kit immunohistology allows visualization of both, more immature MCs and  
251 mature MC populations than is possible with classical MC histochemistry, which  
252 depends on the demonstration of metachromatic granules<sup>1, 11, 14</sup>. Surprisingly,  
253 CB1 inhibition up-regulated the number of Kit+ human CTS-MCs *in situ* (Figures  
254 3A-C) (since we cannot exclude that CB1-negative, but Kit+ CTS-MCs were  
255 also counted, particularly in the control group, the real effect of CB1 blockade  
256 on CTS-MCs may well be even more significant than is apparent from Figure 3B  
257 and C). Interestingly, however, AM251 altered neither the number of Ki67+/Kit+  
258 cells (Figure 3D) nor TUNEL+/Kit+ cells (Figure 3F). Most Kit+ CTS cells were  
259 Ki67-negative in both control and AM251 treated organ-cultured HF (Figure 3E).  
260 This suggests that the increased number of Kit+ CTS-MCs seen after CB1  
261 inhibition does not primarily result from stimulating the proliferation or inhibiting  
262 the apoptosis of resident MCs. Although no statistically significant differences in  
263 the number of Ki67+/Kit+ cells were seen between test and control groups, it  
264 cannot be excluded that availability of a larger -“n”- of human HFs for study

265 might have revealed a slight, significant difference. However, it is unlikely that  
266 this would explain the large differences seen in the total number of  
267 histochemically and immunohistologically detectable MCs during such a short  
268 HF organ culture period (24 hrs).

269

270 To independently validate this concept, we assessed the expression of antigens  
271 characteristically found on/in mature MCs, i.e. the MC proteases tryptase and  
272 chymase, and the high-affinity receptor for IgE, Fc $\epsilon$ RI $\alpha$ <sup>1, 5, 26, 29</sup>. Indeed, multiple  
273 cells positive for tryptase, Fc $\epsilon$ RI $\alpha$ , or chymase were detected in the CTS of  
274 organ-cultured HFs, and their number was significantly increased by AM251  
275 treatment (Figures 3G-I).

276

277 This suggests that CB1 blockade, rather than affecting the  
278 proliferation/apoptosis<sup>3</sup> of resident mature CTS-MCs, first, stimulates the  
279 differentiation of resident, highly immature, Kit-negative MC progenitors into Kit+  
280 MCs, and subsequently promotes their differentiation into fully mature  
281 tryptase+/chymase+/ Fc $\epsilon$ RI $\alpha$ + MCs (note that in our organ-culture assay, MC  
282 precursors could not possibly have been recruited from the circulation or bone

283 marrow, even though these resident MC progenitors may well have immigrated  
284 from the bone marrow into the HF-CTS *in utero* and/or postnatal life). Thus,  
285 constitutive CB1 stimulation is required to avoid the excessive intracutaneous  
286 maturation of functional MCs from *resident* progenitor cells within healthy  
287 human skin.

288

### 289 **CB1 gene knockdown is possible in organ-cultured human HFs**

290 To further probe this novel and provocative concept by experimentally reducing  
291 the possibility of endocannabinoids to signal *via* CB1, CB1 gene silencing was  
292 attempted by standard siRNA technology. Successful knock-down was  
293 demonstrated by a significant down-regulation of CB1 immunoreactivity  
294 (Figures 4A, B and Figure S2A in the Online) as well as by QPCR (which  
295 demonstrated a reduction in the intrafollicular CB1 transcript level; data not  
296 shown). Additional functional evidence that CB1 knockdown was successful  
297 arose from the MC effects reported below.

298

299 **Continuous CB1 stimulation by endocannabinoids controls the number**  
300 **and activation of human CTS-MCs *in situ***

301 CB1 knockdown significantly increased the number of CTS-MCs that were  
302 detectable by either histochemistry or immunohistology (Kit+, tryptase+), and  
303 increased their degranulation: The CTS of CB1 siRNA-treated human HFes  
304 contained greater numbers of mature, degranulated MCs than the CTS of HFes  
305 treated with scrambled oligos) (Figures 5A-E, H and I). Interestingly, Kit  
306 immunoreactivity also significantly increased in the CTS of CB1-knock-down  
307 HFes (Figure 5F). CB1 knockdown decreased intracellular (Figure S3B, Online),  
308 but increased intercellular tryptase immunoreactivity (Figures S3A and C,  
309 Online). This suggests that tryptase was actively secreted after CB1 knockdown.  
310 However, CB1 knockdown did not significantly elevate tryptase levels in the  
311 culture medium (Figure S3D, Online), possibly due to the well-recognized  
312 strong binding of secreted tryptase to collagen<sup>S28</sup>. In fact, many extracellularly  
313 located, tryptase+ granules were detectable in the collagen-rich CTS, most  
314 prominently in CB1 siRNA treated HFes (Figure S3A in the Online). CB1 gene  
315 knockdown did not stimulate CTS-MC proliferation *in situ* (Figure 5G).

316

317 Taken together, this suggests that, under physiological conditions, continuous  
318 CB1 stimulation by endocannabinoids, which are present in substantial

319 quantities within the CTS of normal human scalp HFs<sup>23</sup>, maintains Kit  
320 expression and MC numbers/activation at a relatively low baseline level. These  
321 CB1 silencing data further support the concept that CB1 blockade stimulates  
322 the maturation of very immature, resident MC precursors *in situ* that are not  
323 even Kit+ yet. These then differentiate, first, into Kit+, and subsequently into  
324 tryptase+/chymase+/ FcεRIα+ mature MCs.

325

### 326 **Endocannabinoids inhibit excessive MCs activation via CB1**

327 Since excessive MCs degranulation and numbers in human skin play a key role  
328 in the pathogenesis and clinical phenotype of several major skin diseases<sup>1, 2, 6, 8</sup>,  
329 we asked whether CB1 stimulation counteracts the MCs-activating effects of  
330 classical MCs secretagogues. Quantitative MCs histomorphometry *in situ*  
331 demonstrated that this is the case: Both, the potent, non-selectively CB1-  
332 stimulating endocannabinoid AEA (30 μM)<sup>20, 23</sup> and the CB1-specific agonist, the  
333 synthetic cannabinoid ACEA (30 μM)<sup>20, 27</sup>, inhibited the degranulation-promoting  
334 effects of key endogenous and exogenous MCs activators: substance P (10<sup>-10</sup>  
335 M), a key mediator of stress-induced, neurogenic skin inflammation<sup>30</sup> (Figure  
336 6A), and the standard secretagogue, compound 48/80<sup>31</sup> (10 μg/ml) (Figure 6B).

337 Thus, CB1 stimulation effectively counteracts excessive MC activation in normal  
338 human skin *in situ*. This suggests that, rather than acting on resting MCs (see  
339 Figure 2B-E and Figure S1A and B Online), the ECS of human skin may  
340 primarily tone-down *activated* MCs *in situ*.

341

342 **CB1 stimulation regulates human CTS-MCs maturation by controlling**  
343 **stem cell factor expression by the HF epithelium**

344 Human HF epithelium expresses functional CB1<sup>23</sup> and is a major source of stem  
345 cell factor (SCF)<sup>11</sup>, the key growth factor that drives MC maturation<sup>2, 5</sup>.

346 Therefore, we asked whether CB1 stimulation/inhibition may induce the  
347 observed effects on MCs maturation and activation also indirectly, i.e. through  
348 stimulating the intrafollicular expression of SCF by CB1+ HF epithelial cells *in*  
349 *situ*.

350

351 Indeed, AM251 (1  $\mu$ M) significantly up-regulated SCF expression in organ-  
352 cultured HFs, both at the gene (Figure 7C) and protein level (Figures 7A and B).

353 This was abrogated by co-administering ACEA (30  $\mu$ M) (Figures 7B and C).

354 Furthermore, AM251 significantly increased SCF secretion into the culture

355 medium of ORS keratinocytes *in vitro* (Figure 7D). After AM251 treatment,  
356 compared to the control, SCF immunoreactivity was prominently detectable in  
357 close proximity to the cell membrane (Figure 7E). 60% of the cells treated with  
358 AM251 showed this fluorescence staining pattern, while this was observed only  
359 in 36.8 % of the cells in vehicle control group. This further suggests increased  
360 SCF secretion after blockade of CB1-mediated signaling and adds additional  
361 credence to the concept that SCF production by human HF epithelium is  
362 controlled by the ECS *via* CB1 stimulation.

363

364 To further assess this indirect effect of CB1 inhibition by AM251 on CTS-MCs  
365 *via* SCF secretion by the HF epithelium<sup>10, 11</sup>, we performed additional HF organ-  
366 culture for 1 day with 1  $\mu$ M of AM251 in the presence of 1  $\mu$ g/ml of SCF-  
367 neutralizing antibody. When test and control groups were compared with  
368 respect to the number of Kit+ CTS-MCs, the increase in the number of Kit+ MCs  
369 after pharmacological CB1 blockade was partially, yet significantly reduced by  
370 neutralizing SCF (Figure 7F).

371

372 **CB1 deletion induces CTS-MCs maturation and activation *in vitro***

373 Finally, by examining CB1 knockout mice<sup>32, 33</sup>, we probed whether the novel  
374 concepts revealed above in an organ-cultured human skin appendage *in situ*,  
375 also apply *in vivo*. As expected, c-kit+ CTS-MCs were CB1-negative in these  
376 knockout mice (Figure S5, Online). Moreover, in line with our human HF organ  
377 culture data, the total number of MCs and c-kit+ cells was significantly  
378 increased in the subcutaneous CTS in the skin of CB1 knockout mice *in vivo*  
379 (Figures 8A, C and D). Here, the number of degranulated MCs was also  
380 significantly higher than in age- and hair cycle-matched wild type mice (Figure  
381 8B). There was no significant change in the number of Ki67/Kit double-positive  
382 CTS-MCs between CB1 knockout and WT mice (Figure 8E). This suggests that  
383 even *in vivo*, CB1 acts primarily on murine skin MC maturation and activation,  
384 and not at the level of MC proliferation. Taken together, these complementary  
385 murine data suggest that constitutive CB1 stimulation also is required *in vivo* to  
386 avoid excessive maturation and activation of skin MCs.



387 **DISCUSSION**

388

389 Collectively, our findings provide the first unequivocal evidence that, within their  
390 natural tissue habitat, normal human skin MCs utilize CB1-mediated signaling to  
391 limit not only their own activation/degranulation, but also their maturation from  
392 resident progenitor cells *in situ*. We show that CB1 stimulation/blockade has  
393 both, direct and indirect (i.e. SCF-mediated) effects on normal human skin *in*  
394 *situ*.

395

396 Previous *in vitro*-studies, which had investigated rodent and human MC lines<sup>16,</sup>  
397 <sup>17, 28, 34-37</sup>, had painted a contradictory picture on the role of the ECS in MC  
398 activation (see Supplementary Introduction [Online] for details). Likely, this is  
399 explained by the fact that MC lines of debatable physiological/clinical relevance  
400 were studied or that isolated primary MCs were investigated in the absence of  
401 crucial physiological cues from their mesenchymal and epithelial  
402 microenvironment. Here, we document that, under maximally “physiological” *in*  
403 *vitro*- conditions, continuous “tonic” stimulation of CB1 expressed on human  
404 skin MCs by locally produced endocannabinoids maintains the number and

405 activities of mature MCs at a relatively low baseline level.

406

407 The indirect, SCF-mediated effects of CB1 signaling revealed here provide the

408 first indication that “tonic” CB1 signaling also appears required to avoid

409 excessive SCF secretion in human skin. Since it is very well possible that the

410 SCF neutralizing antibody we have used here did not completely block all SCF

411 activity (thus explaining why the effect is not completely abrogated), our assay

412 system does not allow one to state with certainty whether all of the effects of

413 CB1 antagonist on MCs are “direct” or “indirect” through SCF. However, our

414 results with Tocrifluor (Figure 1D) as well as CB1/Kit-double

415 immunofluorescence (Figure 1A-C) make it reasonable to assume that direct,

416 CB1-mediated effects on MCs operate side-by-side with indirect ones (i.e., CB1-

417 regulated secretion of SCF by human HF keratinocytes).

418

419 Our study demonstrates that the CTS provides an important peripheral tissue

420 site of and source for immature MC precursors, not only in mouse vibrissae

421 HFs<sup>10</sup>, but also in healthy human skin<sup>11</sup>. Moreover, we provide the first evidence

422 that the differentiation of these resident precursors into mature, functional MCs

423 is constitutively inhibited by the ECS. In contrast to rapidly proliferating hair  
424 matrix keratinocytes<sup>23</sup> or various neuronal cell populations<sup>38</sup>, CB1-mediated  
425 signaling primarily seems to affect CTS-MC maturation and activation, but not  
426 proliferation or cell death. That this also applies to murine skin *in vivo* attests to  
427 the physiological relevance of human HF organ culture.

428

429 While the CB1 KO mouse data confirm our human HF organ culture  
430 observations with respect to the regulation of skin MCs by CB1, it must be kept  
431 in mind that, under *in vivo* conditions, the MC phenomena observed in the skin  
432 of CB1 KO mice may reflect more complex mechanisms.

433

434 We are currently testing how CB1 stimulation/blockade affects human mucosal  
435 type MCs in organ-cultured human nasal polyp samples, an excellent surrogate  
436 tissue for human bronchial mucosa<sup>S29</sup>. Our available pilot observations indicate  
437 that CB1 also suppresses the maturation of functional mucosa-type MCs from  
438 resident progenitor cells: Kit+ cells in human nasal polyps express CB1 *in situ*,  
439 and AM251 increases the total number of tryptase+ and Kit+ MCs without  
440 modulating their proliferation. (Sugawara, Hundt, Zákány, and Paus; manuscript

441 in preparation). This encourages one to explore whether CB1-mediated “tonic”  
442 inhibition of MC maturation and activation by the ECS is a general principle that  
443 also operates in other human MC populations than the ones investigated here  
444 in human skin.

445

446 Our study strongly suggests that targeting the ECS for the down-modulation of  
447 excessive MC activities in human skin could become an attractive new  
448 therapeutic strategy in clinical medicine. Moreover, the current study  
449 encourages one to systematically dissect whether allergic diseases and many  
450 other disorders characterized by excessive MCs numbers and/or activation (e.g.  
451 in bronchial asthma, allergic rhinitis, atopic eczema, prurigo dermatoses,  
452 psoriasis, mastocytosis, and chronic urticaria) are associated with defined  
453 defects in the ECS, such as insufficient endocannabinoid synthesis, excessive  
454 endocannabinoid metabolism, and/or defective CB1-mediated signaling.

455

456 Furthermore, our data call attention to the HF’s CTS as a previously ignored  
457 tissue compartment that may play an important role in excessive MC activities  
458 within inflamed, hair-bearing human skin. (We are currently examining whether

459 similar principles apply to MCs in the stroma of other human skin appendages  
460 such as sweat and sebaceous glands). Methodologically, we show that HF  
461 organ-culture provides an excellent, clinically relevant new *in situ*-model for  
462 preclinical MCs research in the human system, whose clinical relevance  
463 exceeds the traditional analysis of isolated human MCs, MC leukemia lines, or  
464 mouse models.

465

466 Studying primary human MC biology and pathology under clinically relevant *in*  
467 *situ* conditions in human HF organ culture, thus, deserves to be fully discovered  
468 by mainstream MC research as a research tool that ideally complements and  
469 validates concepts derived from the study of MC lines and murine *in vivo*-  
470 models. Available human skin organ-culture assays<sup>S8, S30</sup> can complement such  
471 HF organ culture systems so as to further probe whether selective CB1 agonists  
472 can be employed as an adjuvant strategy for the management of allergic and  
473 chronic inflammatory skin disorders with excessive MCs accumulation and  
474 degranulation. Even though such organ culture approaches exclude neural and  
475 perfusion-dependent inputs into skin MC biology, these two companion assay  
476 systems allow one to dissect the clinically important, but under-explored

477 neuroendocrine controls of skin MCs<sup>11, 14, 15, 39, 40</sup> under conditions where critical  
478 cell-cell (e.g. MCs-fibroblast and MCs-keratinocyte) as well as cell-matrix  
479 interactions are fully preserved.

480

481 Since CB1 receptors, *in vitro*, may signal in the absence of ligand<sup>S31</sup>, in theory,  
482 CB1 receptors might exert “tonic” MC inhibition in human skin even in the  
483 absence of endocannabinoids. Also, it deserves to be investigated whether  
484 some patients with excessive skin MCs numbers and/or massive degranulation  
485 of skin MCs (e.g. in atopic dermatitis or chronic urticaria) display CB1 receptor  
486 mutations or CB1 receptor polymorphisms that incapacitate this “tonic” inhibitory  
487 signaling system. Similar effects could be brought about in genetically  
488 susceptible individuals by insufficient intracutaneous endocannabinoid  
489 synthesis and/or excessive endocannabinoid degradation<sup>S32</sup>.

490

491 Although Paul Ehrlich himself, the discoverer of MCs, had already noted that  
492 skin MCs are found in highest density around blood vessels, nerves and HFs,  
493 their physiological functions in these specific locations remain to be fully  
494 explored. In selected peripheral tissue sites, such as HFs, MCs have been

495 proposed to bestow “some low-level immune privilege”<sup>7</sup> (note that HFs are  
496 immunoprivileged mini-organs<sup>S33</sup>). Such an immunoinhibitory role of  
497 perifollicular MCs would make it particularly important that excessive, pro-  
498 inflammatory MCs activation and excessive numbers of mature MCs are strictly  
499 avoided in human skin. The constitutive, inhibitory “endocannabinoid tone”  
500 revealed here may represent one such mechanism. Moreover, therapeutic  
501 stimulation of this inhibitory pathway offers an attractive alternative to, and  
502 complementation of, promoting MC apoptosis<sup>3</sup> where this is clinically desired.

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632

633 **Figure legends**

634

635 **Figure 1. CB1 expression on CTS-MCs**

636 **A.** Kit and CB1 double+ CTS cells within organ-cultured human HFs and  
637 isolated scalp skin (**C**). **B.** A high magnification image shown in **A** by laser  
638 scanning confocal microscopy. **D.** Kit immunostaining with 1-day organ-cultured  
639 human HFs with Tocrifluor (1  $\mu$ M). Arrow denotes double+ cell. ORS=outer root  
640 sheath. NC=negative control.

641

642 **Figure 2. Effect of CB1 signaling on CTS-MC number and degranulation**  
643 **status**

644 **A.** “Degranulated” (Arrow head) and “non-degranulated” (Arrow) CTS-MCs were  
645 detected by Leder’s esterase histochemistry. The number of degranulated (**B**  
646 and **C**) and total CTS-MCs (**D** and **E**) per visual field in 1 day-cultured HFs with  
647 AEA (30  $\mu$ M), ACEA (30  $\mu$ M) and AM251 was analyzed.

648

649 **Figure 3. CTS-MCs differentiation and proliferation**

650 **A.** Kit immunohistology with organ-cultured HFs. **B.** and **C.** Quantitative



651 immunohistomorphometry of Kit<sup>+</sup> cells in organ-cultured HFs. **D.** Quantitative  
652 immunohistomorphometry of Kit/Ki67 double<sup>+</sup> cells. **E.** Yellow-arrow denotes  
653 Ki67<sup>+</sup> proliferative hair matrix keratinocytes. Green-arrow denotes Kit<sup>+</sup>/Ki67-  
654 cells. **F.** Quantitative immunohistomorphometry of Kit/TUNEL double<sup>+</sup> cells.  
655 Quantitative immunohistomorphometry of FcεR1α (**G**), tryptase (**H**), and  
656 chymase (**I**)<sup>+</sup> cells.

657

658 **Figure 4. CB1 gene knockdown is possible in human HFs**

659 **A.** (Upper panel) Representative images of CB1 immunohistochemistry with  
660 TFE, SCR, and CB1 siRNA treated HFs. (lower panel) High magnification  
661 images of CB1<sup>+</sup> ORS keratinocytes of each treatment group. Arrows denote  
662 positive immunoreactivity. **B.** Quantitative immunohistomorphometry of CB1  
663 immunohistochemistry with CB1 siRNA treated human HFs.

664

665 **Figure 5. CB1 knockdown increases degranulated and total CTS-MCs *in***

666 ***situ.***

667 **A.** Leder's-esterase histochemistry. **B.** Quantitative histomorphometry of  
668 degranulated CTS-MCs. **C.** Quantitative histomorphometry of total CTS-MCs. **D.**

669 Kit immunohistology. **E.** Quantitative immunohistomorphometry of Kit+ cells. **F.**  
670 Quantitative analysis of Kit immunoreactivity in Kit+ cells. **G.** Quantitative  
671 immunohistomorphometry of Kit/Ki67 double+ cells. **H.** Tryptase  
672 immunohistology. **I.** Quantitative immunohistomorphometry of tryptase+ cells.

673

674 **Figure 6. Inhibitory effects of cannabinoids on human skin MCs**  
675 **degranulation induced by endogenous or exogenous MC secretagogues.**

676 Quantitative histomorphometry of CTS-MCs degranulation detected by leder's-  
677 esterase histochemistry in substance P ( $10^{-10}$ M) (**A**) and compound 48/80 (10  
678  $\mu$ g/ml) (**B**) treated organ-cultured human HFs.

679

680 **Figure 7. Dependence of CB1-mediated CTS-MC effects on SCF**

681 **A.** SCF immunohistology. **B.** Quantitative analysis of SCF immunoreactivity. **C.**  
682 QPCR analysis for *SCF* with 1-day organ-cultured HFs. **D.** SCF measurement  
683 in ORS keratinocytes culture medium. **E.** SCF immunocytochemistry. **F.**  
684 Quantitative immunohistomorphometry of Kit+ cells in organ-cultured HFs with  
685 AM251 (1  $\mu$ M) or/and SCF neutralizing antibody (1  $\mu$ g/ml). ORS=outer root  
686 sheath.

687

688 **Figure 8. *In vivo* effects of CB1 knock-out on CTS-MC number,**  
689 **degranulation and proliferation in mice**

690 **A.** Leder's-esterase histochemistry. Arrows denote CTS-MCs. **B.** Quantitative  
691 histomorphometry of the number of degranulated CTS-MCs. **C.** Quantitative  
692 histomorphometry of the number of total CTS-MCs. **D.** Quantitative  
693 immunohistomorphometry of the number of c-kit+ cells. **E.** Quantitative  
694 immunohistomorphometry of the number of c-kit/Ki67 double+ cells.

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## **Endocannabinoids**

699

### **Limit Excessive Mast Cell Maturation**

700

### **and Activation in Human Skin**

701

702

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703

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708

709 **Supplementary Information**

710

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712 **Supplementary Introduction**

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715 **Supplementary Figure Legends1-5**

716 **Supplementary Introduction**

717

718 There are conflicting reports on how CB stimulation impacts on rodent or human  
719 MC lines *in vitro*. For example, the CB1 and 2 agonist, CP55940, and the CB1  
720 agonist, methanandamide, reportedly inhibited IgE-mediated MC degranulation  
721 in the RBL-2H3 MC line *in vitro*. These effects were reversed by treatment with  
722 the CB1 antagonist, AM281; however, administration of this CB1 antagonist  
723 alone did not affect MC degranulation<sup>1</sup>. Methanandamide reportedly also  
724 inhibited IgE-mediated MC degranulation in primary murine bone marrow-  
725 derived MCs *in vitro*<sup>2</sup>. In RBL-2H3 cells, endocannabinoid,  
726 palmitoylethanolamide, produced a small, but significant reduction in antigen-  
727 stimulated serotonin release at high concentrations, whereas anandamide was  
728 without effect. In contrast, the endocannabinoid, 2-arachidonoylglycerol (2-AG)  
729 and methanandamide both increased the antigen-stimulated MC degranulation<sup>3</sup>.  
730 Palmitoylethanolamide, but not anandamide downmodulated MC activation via  
731 CB2 in same cell line<sup>4</sup>. Furthermore, the phytocannabinoid compound,  
732 cannabidiol triggered RBL-2H3 cell degranulation<sup>5</sup>.  $\Delta^9$ -tetrahydrocannabinol and  
733  $\Delta^8$ -tetrahydrocannabinol also induced histamine release from rat peritoneal MCs  
734 *in vitro*, apparently in a CB1/CB2-independent manner, while endocannabinoids

735 and their analogues neither induced histamine secretion, nor promoted  
736 compound 48/80-induced degranulation<sup>6</sup>. Concerning human MCs, it has been  
737 reported that supernatants from SW756 cervical carcinoma cells stimulated  
738 degranulation of the human MC line, LAD2, which was inhibited by CB2  
739 stimulation<sup>7</sup>.

740 This leaves us with a confusing and contradictory picture of the role that CB1  
741 versus CB2 stimulation may play in the control of MC activation. Moreover, it  
742 remains completely unknown how the ECS impacts on primary human MCs,  
743 and under clinically relevant conditions, e.g. on human skin MCs *in situ*.

744 **Supplementary Methods**

745

746 **Methods**

747 **Reagents**

748 AEA, ACEA, AM251, substance P, and compound 48/80 were purchased from

749 Sigma-Aldrich (Taufkirchen, Germany), whereas 5-

750 carboxytetramethylrhodamine (5-TAMRA) conjugated AM251, Tocrifluor was

751 from Tocris Bioscience (Bristol, UK).

752

753 **HF Organ Culture**

754 Isolated HFs were maintained in supplemented serum-free William's E

755 medium<sup>8-11</sup>. HFs were first incubated overnight to adapt to culture conditions

756 after which the medium was replaced and vehicle or test substances was added.

757 For the organ culture with MC secretagogues, substance P and compound

758 48/80, HFs were first treated with AEA (30  $\mu$ M) or ACEA (30  $\mu$ M) for 1 day after

759 the overnight incubation. Then the HFs were treated with either substance P

760 ( $10^{-10}$  M) or compound 48/80 (10  $\mu$ g/ml) in the combination with AEA or ACEA

761 for additional 1 day. Following culturing for the time indicated, HFs were then

762 cryoembedded and prepared for histology and immunohistochemistry.

763

764 **Immunohistochemistry**

765 For the detection of Kit, CB1, tryptase, chymase and FcεRIα, the highly  
766 sensitive tyramide signal amplification (TSA) technique (Perkin Elmer, Boston,  
767 MA) was applied. Cryosections were incubated overnight at 4°C with primary  
768 antibodies, either rabbit anti-human CD117 (Cell Marque Corp., Rocklin, CA,  
769 USA) at 1:1000, rat anti-mouse CD117 (BD Biosciences, San Jose, CA, USA)  
770 at 1:5000, rabbit anti-human CB1 (Cayman Chemical, Michigan, USA, or Santa  
771 Cruz, CA, USA) at 1:400, or mouse anti-human FcεRIα (Acris GmbH,  
772 Hiddenhausen, Germany) at 1:1000, or mouse anti-human chymase (Abcam  
773 plc) at 1:1000, or mouse anti-human tryptase (Abcam plc, Cambridge, UK) at  
774 1:5000 diluted in TNB (Tris, NaOH, Blocking reagent, TSA kit; Perkin-Elmer).  
775 Thereafter, the cryosections were incubated with goat biotinylated antibodies  
776 against rabbit or mouse IgG (Jackson Immunoresearch Laboratories, West  
777 Grove, PA) at 1:200 in TNB for 45 min at room temperature (RT). The TSA  
778 method was applied according to the manufacturer's protocol.

779

780 Double-immunostaining for Kit and CB1 was performed by using the TSA



781 technique. Briefly, cryosections were incubated overnight at 4°C with a primary  
782 antibody against Kit followed by biotinylated goat anti-rabbit IgG (Jackson  
783 Immunoresearch Laboratories) (1:200 in TNB, 45 min, RT). Sections were then  
784 incubated with streptavidin-conjugated horseradish peroxidase (1:100, 30 min,  
785 TSA kit) and were finally incubated with fluorescein isothiocyanate (FITC)  
786 conjugated tyramide (1:50, TSA kit). After careful washing with TNT wash buffer  
787 (0.1 M Trizma hydrochloride, 0.15 M NaCl and 0.05% Tween 20), sections were  
788 then incubated overnight with rabbit anti-human CB1 antibody (Santa Cruz) at  
789 4°C followed by incubation with goat biotinylated antibody against rabbit IgG  
790 (Jackson Immunoresearch Laboratories) (1:200 in TNB, 45 min, RT). After  
791 incubating with streptavidine-conjugated horseradish peroxidase (1:100, 30 min,  
792 TSA kit) sections were incubated with tetramer rhodamine conjugated tyramide  
793 (1:50, TSA kit).

794

795 To study the proliferation of the Kit<sup>+</sup> cells, double-immunostaining for Ki-67 and  
796 Kit was performed. Briefly, after the staining for Kit using a TSA kit, sections  
797 were incubated overnight at 4°C with a mouse anti-human Ki67 antibody  
798 (DAKO, Hamburg, Germany) at 1:20 in phosphate-buffered saline (PBS) for

799 detecting human Ki67, or with rat anti-mouse Ki67 antibody (DAKO) at 1:100 in  
800 PBS for detecting mouse Ki67+ cells. Sections were then washed with PBS,  
801 followed by incubation with rhodamine conjugated goat anti-mouse IgG or goat  
802 anti-rat IgG (Jackson Immunoresearch Laboratories) (1:200 in PBS, 45 min) at  
803 RT.

804

805 To evaluate the apoptosis of Kit+ cells, Kit immunostaining and terminal dUTP  
806 nick-end labeling (TUNEL) was performed on the same sections. Briefly, after  
807 the immunostaining for Kit, sections were incubated with a digoxigenin-deoxy-  
808 UTP (ApopTag fluorescein in situ apoptosis detection kit; Millipore Corp.,  
809 Billerica, MA) in the presence of terminal deoxynucleotidyl transferase (60 min)  
810 at 37°C. After the incubation with Stop/Wash buffer (ApopTag kit) (10 min, RT)  
811 and the additional wash with PBS, TUNEL-positive cells were visualized by an  
812 antidigoxigenin fluorescein isothiocyanate-conjugated antibody (ApopTag kit)  
813 (30 min, at RT).

814

815 To evaluate the immunoreactivity of CB1 in CB1 siRNA-treated HF<sub>s</sub> as well as  
816 in intact human scalp skin sections, the expression of CB1 in the HF<sub>s</sub> was

817 visualized using the peroxidase-based avidin-biotin complex method (Vectastain  
818 Elite ABC kit; Vector Laboratories, Burlingame, CA). Frozen sections were fixed  
819 in cold acetone and rinsed with PBS, and endogenous peroxidase activity was  
820 saturated with 0.3 % H<sub>2</sub>O<sub>2</sub> in PBS for 15 min. After the incubation with 5 % of  
821 normal goat serum, sections were incubated with rabbit anti-human CB1  
822 antibody (Cayman chemical) (1:40 in PBS) at 4°C overnight. After incubation  
823 with a biotinylated goat anti-rabbit antibody (Jackson Immunoresearch  
824 Laboratories) (45 min, at RT), sections were treated with Vectastain ABC  
825 reagent (Vector laboratories) and visualized with AEC (3-amino-9ethylcarbazol)  
826 (Vector laboratories). As negative controls, the appropriate primary antibodies  
827 were omitted from the procedure. The specificity of CB1 immunostaining was  
828 measured on intact human scalp skin sections (Figure S2B in the Online)  
829 mouse brain sections (positive control) which clearly demonstrated positive CB1  
830 immunoreactivity in the expected areas (data not shown).

831 For detecting SCF in organ cultured human HF's as well as isolated human  
832 ORS keratinocytes, indirect immunofluorescence method was applied using  
833 anti-human SCF (Acris GmbH) at 1:20 in PBS as a primary antibody and FITC  
834 (Rhodamine for ORS keratinocytes) conjugated goat anti-mouse IgG at 1:200 in

835 PBS as a secondary antibody. Intact human scalp skin sample was used as a  
836 positive control (supplementary Figure S4).

837

838 The immunoreactivity of CB1, Kit, tryptase and SCF in defined reference areas  
839 was assessed by quantitative immunohistomorphometry<sup>9, 11-13</sup> using the ImageJ  
840 software (National Institutes of Health, Bethesda, MD).

841

842 For counting MCs, MCs were classified as “degranulated” when five or more  
843 extracellularly located metachromatic granules could be detected  
844 histochemically at high magnification (x400) by light microscopy (visual field).  
845 The number of degranulated and total CTS-MCs around the HF per visual field  
846 was counted, and at least 13 visual fields per HF in total were evaluated.

847 Some degranulated MCs were detected even in the vehicle control group  
848 (Figures S1A and B in the Online). This is in line with previously reported data<sup>9</sup>.

849 The percentage of degranulated MCs in freshly microdissected HFs evaluated  
850 by leder’s-esterase histochemistry was significantly higher than in  
851 unmanipulated human skin, suggesting that the trauma of HF microdissection  
852 caused some degree of MCs degranulation. MCs in freshly isolated skin also

853 displayed a steady-state level of degranulation (Figure S1C in the Online).

854

855 High magnification images of Kit and CB1 double+ cell were taken by laser

856 scanning confocal microscopy (Fluoview 300, Olympus Tokyo, Japan) running

857 Fluoview 2.1 software (Olympus).

858

859 **High resolution light microscopy (HRLM) and Transmission electron**

860 **microscopy (TEM)**

861 Organ cultured human scalp HFs were immersed in a mixture containing 2%

862 paraformaldehyde, 2.5% glutaraldehyde, and 0.025% CaCl<sub>2</sub> in 0.1 mol/L

863 sodium cacodylate buffer, pH 7.4 and fixed. The specimens were then

864 immersed in 1% osmium tetroxide in the same buffer. The samples were

865 dehydrated in a gradient series of ethanol, immersed in propylene oxide, and

866 embedded in plastic resin. Thin and thick sections were generated on a Leica

867 Ultra UCT (Leica, Vienna, Austria). 1 μm of thick sections were prepared for an

868 alkaline-Giemsa histochemistry<sup>14</sup>. MCs were defined as degranulated according

869 to the previous article<sup>14</sup>. Thin sections were stained with uranyl acetate and lead

870 citrate and observed with an electron microscope (JEM-1200EXII, JEOL, Tokyo,

871 Japan).

872

### 873 **Quantitative PCR**

874 Expressions of specific mRNA transcripts of SCF were analyzed by quantitative  
875 real-time PCR performed on an ABI PRISM 7000 Sequence Detection System  
876 (Applied Biosystems, Foster City, CA, USA) as described before<sup>12, 13</sup> using  
877 TaqMan primers and probes (Assay ID: Hs00241497\_m1 for human SCF).  
878 Three different internal housekeeping genes, glyceraldehyde 3-phosphate  
879 dehydrogenase (GAPDH),  $\beta$ -actin (ACTB), cyclophilin A (PPIA) were assessed  
880 (Assay ID: Hs99999905\_m1 for GAPDH, Hs99999903\_m1 for ACTB, and  
881 Hs99999904\_m1 for PPIA). The amount of SCF transcripts was normalized to  
882 those of the control genes as previously reported<sup>12, 13</sup>.

883

### 884 **CB1 knock-down *in situ***

885 All reagents required for transfection (human CB1 siRNA (sc-39910), control  
886 (scrambled, SCR) siRNA (sc-37007), siRNA transfection reagent (sc-29528)  
887 and siRNA transfection Medium (sc-36868)) were obtained from Santa Cruz. HF  
888 transfection was performed according to the manufacturer's protocol. Briefly,

889 freshly isolated human HF<sub>s</sub> were kept in cold William's E medium right before  
890 the transfection. During transfection CB1 specific siRNA or control siRNA (2.5  
891  $\mu$ l) and siRNA transfection reagent (2  $\mu$ l) was mixed in transfection medium  
892 (500  $\mu$ l) per well (24 well-plate). After the careful wash, HF<sub>s</sub> were applied to  
893 each well (3 HF<sub>s</sub> per well) and incubated at 37 °C in a CO<sub>2</sub> incubator for 6  
894 hours after which the medium was replaced with supplemented William's E  
895 medium. HF<sub>s</sub> were cryo-embedded 24 hrs following transfection.  
896 TFE=transfection reagent treated HF<sub>s</sub>, SCR=scrambled siRNA treated HF<sub>s</sub>,  
897 CB1 siRNA=CB1 siRNA treated HF<sub>s</sub>.

898

### 899 **CB1 knock-out mice**

900 Targeted disruption of the CB1 receptor gene was performed by replacing the  
901 CB1 coding sequence with a non-receptor sequence by homologous  
902 recombination in MPI2 embryonic stem cells. Mutant mice have been crossed to  
903 C57BL/GJ animals for more than 13 generations and are therefore considered  
904 to be congenic for this genetic background. Homozygous CB1<sup>-/-</sup> mice and  
905 wild-type (CB1<sup>+/+</sup>) animals were generated by matings of heterozygous  
906 (CB1<sup>+/-</sup>) mice<sup>15, 16</sup>.

907

### 908 **Tryptase immunoassay**

909 Organ cultured human scalp HFs were treated with CB1 siRNA for 1 day. The  
910 culture supernatants of these HFs were collected for the analysis. The level of  
911 tryptase was measured by a fluorescent enzyme immunoassay using a  
912 commercial assay from Phadia (ImmunoCap™ Tryptase, Uppsala, Sweden).  
913 The principle of the assay is based on a monoclonal anti-tryptase capture  
914 antibody which binds specifically tryptase. After washing,  $\beta$ -galactosidase-  
915 labeled anti-tryptase antibody is added. Bound complexes are stained by the  
916 conversion of 4-methylumbelliferyl- $\beta$ -D-galactoside. The fluorescent signal is  
917 correlated with the amount of tryptase.

918

### 919 **Isolation and culture of ORS keratinocytes**

920 Isolation and culture of human ORS keratinocytes were performed according to  
921 our established protocol<sup>17</sup>. Briefly, ORS keratinocytes were isolated by an  
922 enzymatic digestion (0.2 % trypsin, 0.1 % ethylenediaminetetraacetic acid  
923 (EDTA) in calcium and magnesium free phosphate buffered saline (CMF-PBS)  
924 for 1 hour at 37°C; all from Sigma Aldrich) and gentle trituration. Following



925 isolation, the single cell suspension was removed, collected by centrifugation  
926 (1000 rpm for 10 min) and resuspended in ORS keratinocyte culturing medium.  
927 It comprises 3:1 mixture of Dulbecco's modified Eagle medium (DMEM;  
928 supplemented with L- glutamine, Na-pyruvate, 4.5 g/L glucose) and Ham's F12  
929 (both from Invitrogen), supplemented with 10% Fetal Clone II (Hyclone) and 5  
930 µg/ml insulin, 0.4 µg/ml hydrocortisone, 2.43 µg/ml adenin, 2 nM  
931 triiodothyronine, 0.1 nM cholera toxin, 10 ng/ml EGF, 1 mM ascorbyl-2-  
932 phosphate, 100 U/ml penicillin G, and 25 µg/ml gentamycin (all from Sigma).  
933 ORS keratinocytes were seeded and cultured on mitomycin treated human  
934 dermal fibroblast feeder-layer in ORS keratinocyte culturing medium.

935

### 936 **SCF immunoassay**

937 The supernates of human ORS keratinocytes culture were collected and  
938 freezed at -80 °C until the assay was performed. Samples were analyzed their  
939 SCF levels by Quantikine Human SCF ELISA Kit (R&D Systems).

940

941 Mouse skin harvesting was performed under an appropriate animal  
942 experimentation license obtained by the University of Bonn. Human tissue use

943 was approved by the Ethics Committee, University of Lübeck.

944 **Supplementary Discussion**

945

946 Our results show that CB1 blockade effects not only directly on MCs, but also  
947 induces SCF secretion by human HF keratinocytes. This suggests that, under  
948 physiological conditions, “tonic” CB1 stimulation by the intracutaneous ECS  
949 keeps SCF production by human HF epithelium at a relatively low level and that  
950 blocking CB1 releases this endogenous “molecular brake” on SCF production.  
951 Increased SCF secretion then serves as a stimulus for the intracutaneous  
952 maturation of MCs from resident precursors in the CTS. These data not only  
953 provide the first available evidence for a link between CB1 signaling and SCF  
954 biology, but also underscore the importance of epithelial-mesenchymal  
955 interactions in human skin MC biology.

956

957 Do ECS affect itching as well as tissue remodeling after inflammation? This  
958 important question has been discussed in a number of original reports and  
959 reviews, including our own<sup>18, 19</sup>. Given the limitations of our human HF organ  
960 culture system, which is unsuitable for pruritus research, evidently, we cannot  
961 provide any corresponding experimental data with this assay on how the ECS

962 may affect itch (pruritogenic pruritus) and its processing in the central system  
963 after inflammation. For this, CB1 KO mice are a more appropriate model.  
964 However, a couple of relevant reports on the effects of endocannabinoids on  
965 itch already suggest that the ECS may indeed play an important role in itch. For  
966 example, topical application of the endocannabinoid, PEA (N-  
967 palmitoylethanolamine), to patients with mild to moderate atopic eczema  
968 significantly reduced the intensity of erythema, pruritus, excoriation, scaling,  
969 lichenification and dryness<sup>20</sup>. Since the inhibition of anandamide (AEA)-  
970 degrading enzymes (such as FAAH) increases AEA levels in mice<sup>21, 22</sup>, it is  
971 interesting to note that FAAH knockout mice or FAAH inhibitor-treated mice  
972 show significant reduction in scratching without affecting locomotor behavior<sup>23</sup>.  
973 Moreover, excessive mast cell activity is well-recognized to play a key role in  
974 many itch-associated skin diseases, including allergy and atopic dermatitis, and  
975 neurogenic skin inflammation<sup>24-27</sup>.

976

977 Therefore, our current data are well in line with the concept that the ECS may  
978 also modulate MC-dependent pruritogenic pruritus *via* reducing MC  
979 degranulation and *via* avoiding excessive MC maturation from resident

980 intracutaneous progenitor cells. Moreover, since not only HF and epidermal  
981 melanocytes, but also rapidly proliferating hair matrix keratinocytes prominently  
982 express Kit on the gene and protein level (see Peters et al.<sup>28</sup>), it is conceivable  
983 that CB1-regulated changes in the secretion of the cognate ligand (SCF) could  
984 also impact on the growth and remodeling of selected, Kit-expressing epithelial  
985 cell populations in the HF, besides direct effects of (endo-)cannabinoid effects  
986 on CB1+ HF epithelial cells.

987

988 **Supplementary Figure legends**

989

990 **Supplementary Figure S1. CB1 blockade significantly increases**  
991 **degranulation of CTS-MCs in situ**

992 **A.** Percentage of degranulated CTS-MCs in organ cultured human HFs for 1  
993 day with ACEA (30  $\mu$ M) or/and AM251 (1  $\mu$ M), and with **(B)** AEA (30  $\mu$ M) or/and  
994 AM251. **C.** Percentage of degranulated CTS-MCs within the HFs of intact  
995 human scalp skin or isolated human scalp HFs. **D.** High resolution light  
996 microscopy of alkaline-Giemsa histochemistry and statistical analysis **(E)**. **F.**  
997 TEM images

998

999 **Supplementary Figure S2. CB1 gene knockdown decreases CB1**  
1000 **expression *in situ*.**

1001 **A.** Representative images of specific CB1 immunofluorescence *in situ*.  
1002 **B.** Representative images of CB1 immunohistochemistry with intact human  
1003 scalp skin sample (left) and negative staining control (right). Yellow arrow;  
1004 positive CB1 immunoreactivity in the epidermis and ORS (red arrow).

1005

1006 **Supplementary Figure S3. Tryptase immunohistology with CB1 siRNA**  
1007 **treated HFs and tryptase levels in the culture medium.**

1008 **A.** Representative image of tryptase immunohistology AM251 treated HFs.  
1009 Yellow arrow; tryptase+ intracellular immunoreactivity. Red arrows; intercellular  
1010 tryptase+ immunoreactivity. **B.** Quantitative immunohistomorphometry of  
1011 intracellular tryptase immunoreactivity. **C.** Quantitative  
1012 immunohistomorphometry of intercellular tryptase immunoreactivity. **D.**  
1013 Statistical analysis of tryptase levels in the HF organ culture medium.

1014

1015 **Supplementary Figure S4. SCF is expressed within the epidermis of**  
1016 **human skin.**

1017 Indirect SCF immunofluorescence images of intact human scalp skin sample.

1018

1019 **Supplementary Figure S5. CB1 expression in c-kit+ MCs of CB1 knockout**  
1020 **mice is reduced compared to wild type mice.**

1021 Double immunohistology for c-kit and CB1 in both wild type and CB1 knockout  
1022 mice (postnatal day 32). Scale bar; 5  $\mu$ m.

1023

1024 **Supplementary references**

1025

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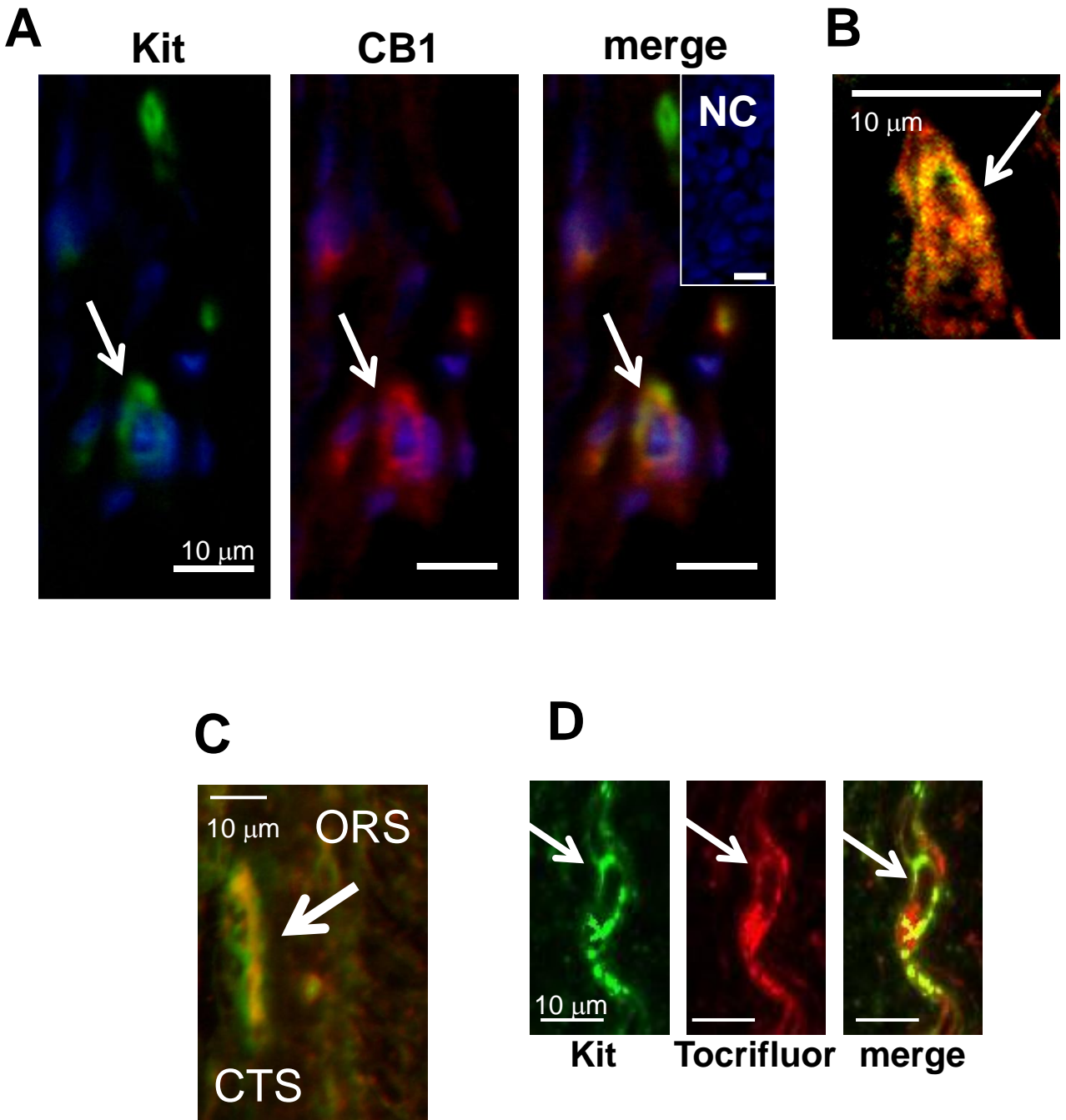
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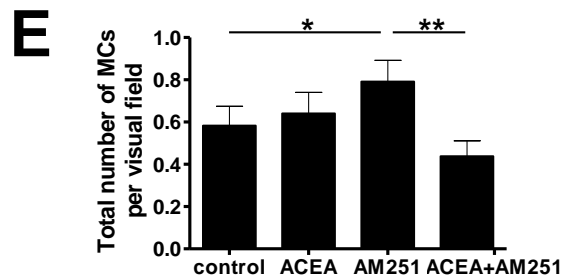
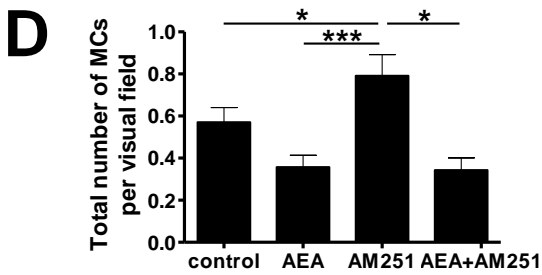
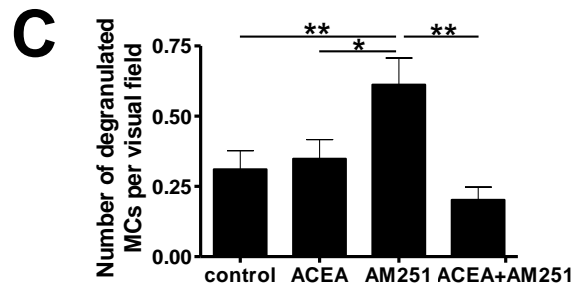
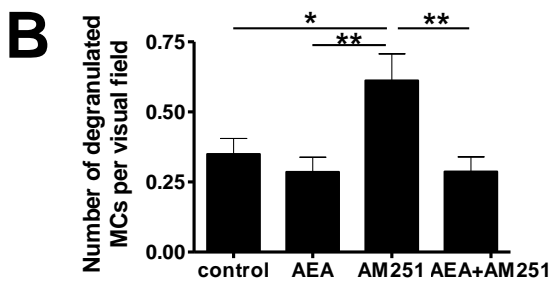
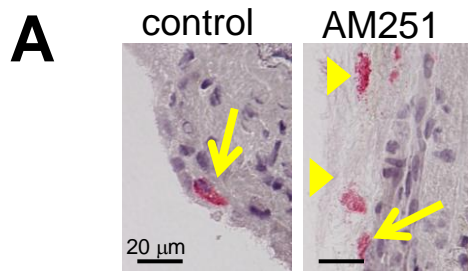
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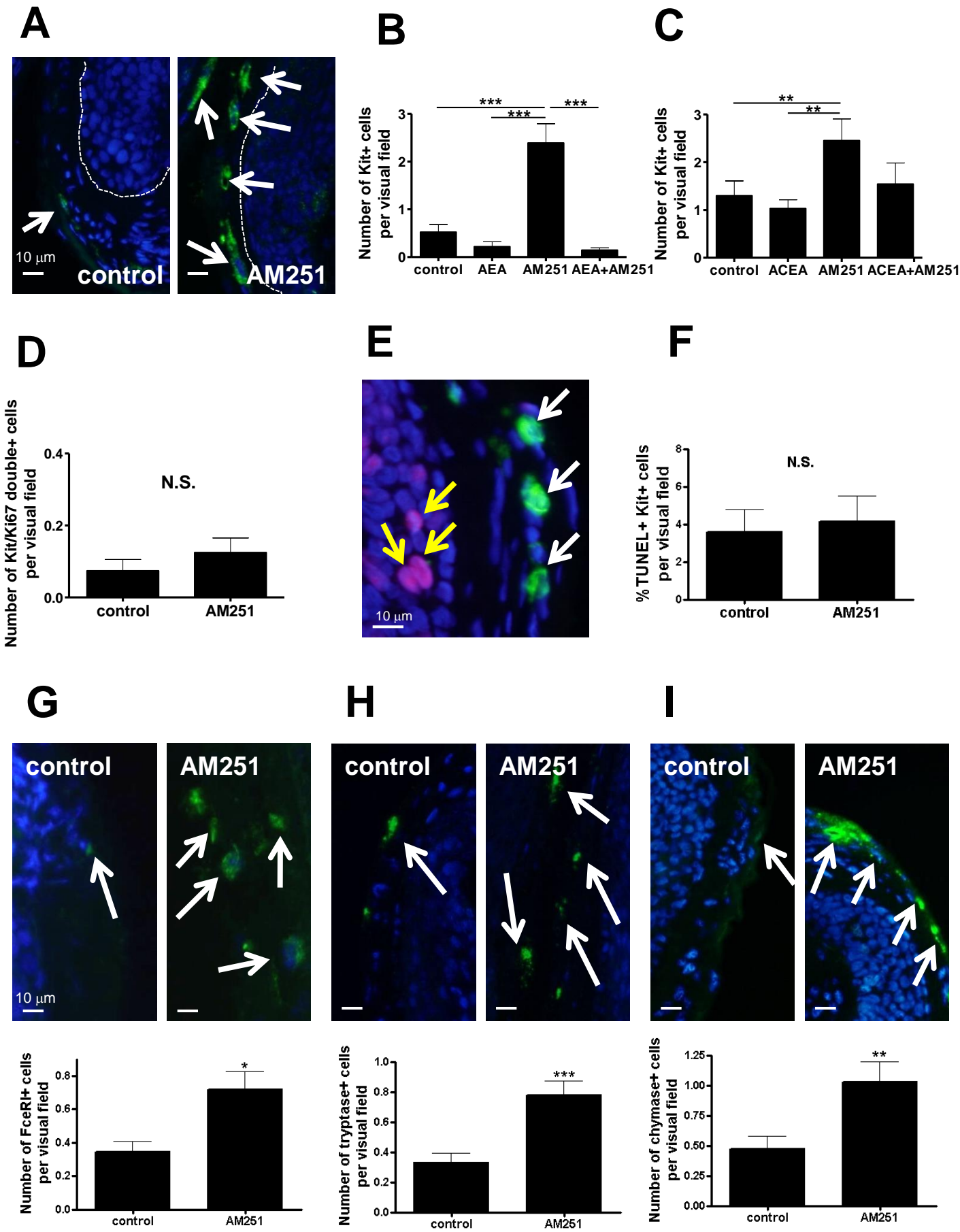


**Figure 1**

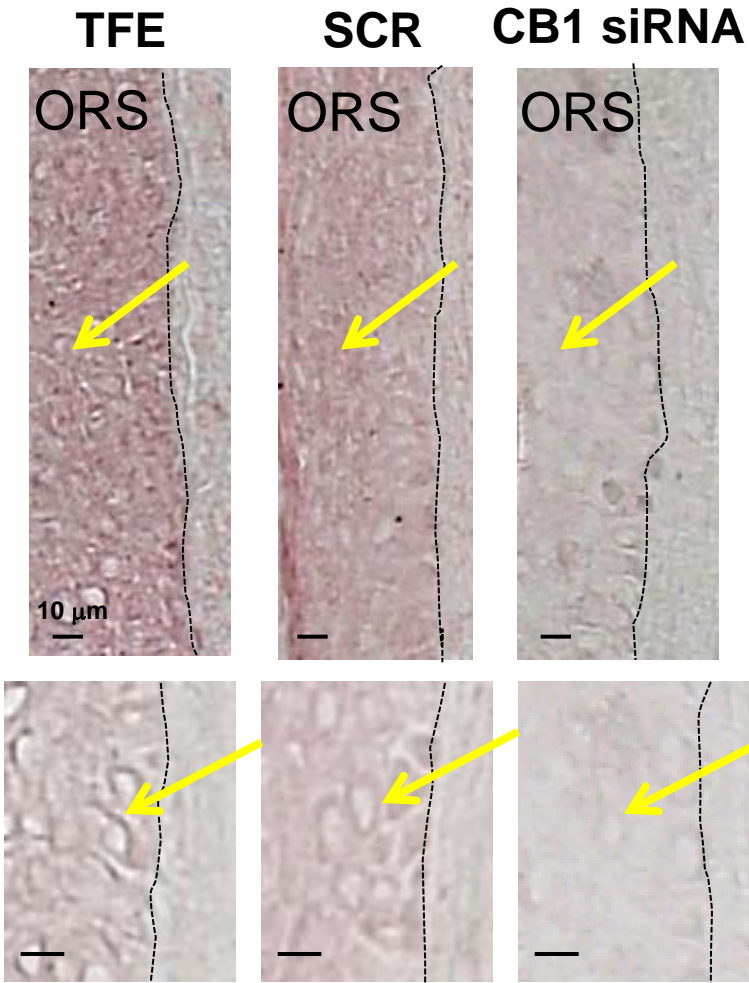
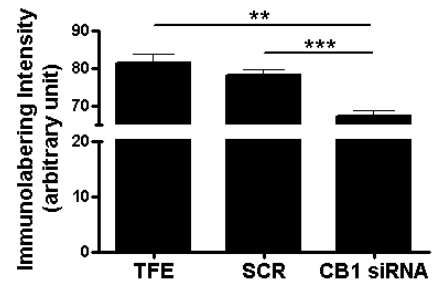


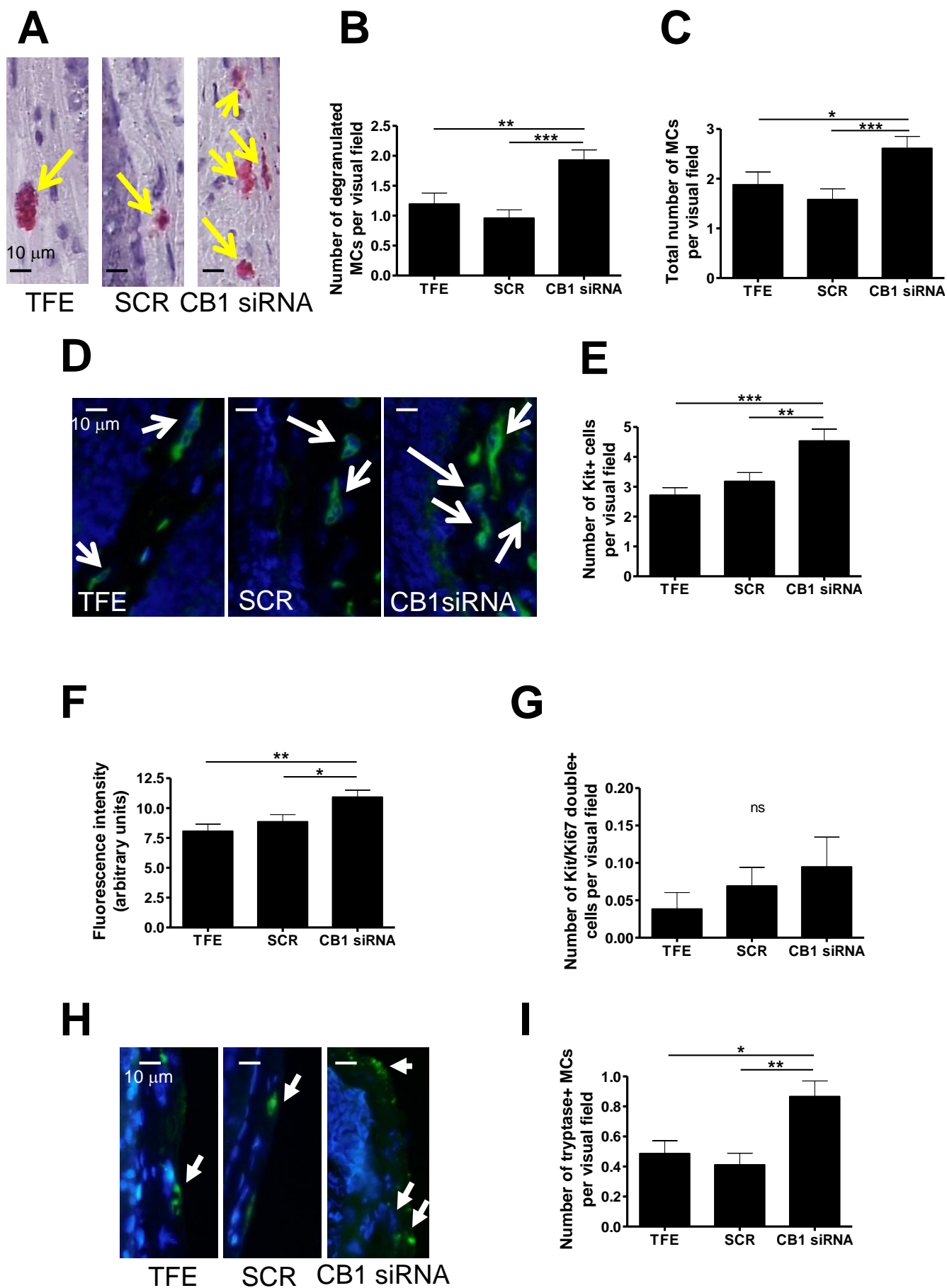


**Figure 2**

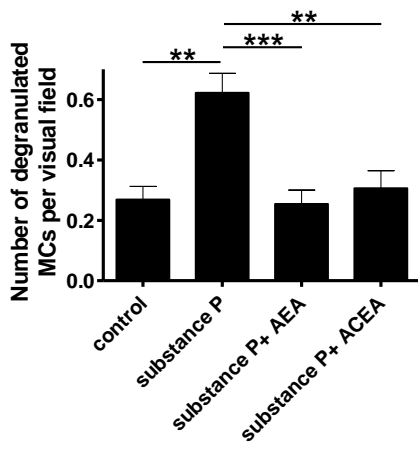
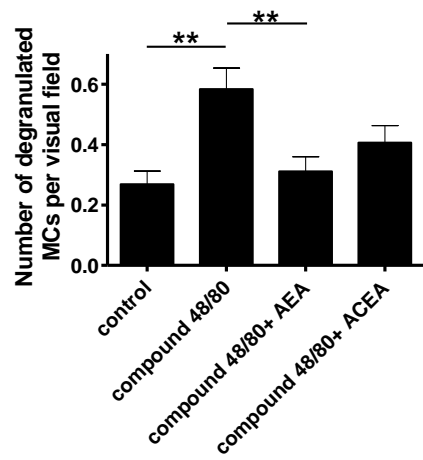


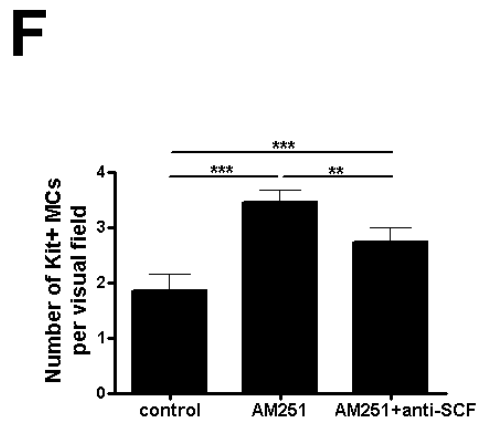
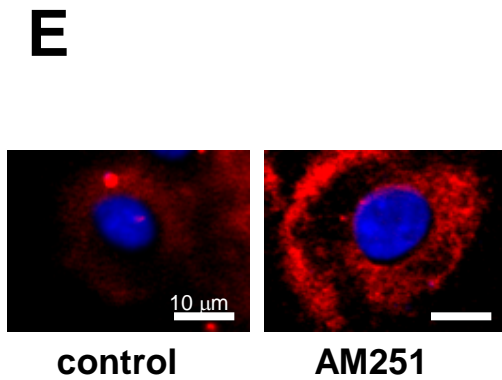
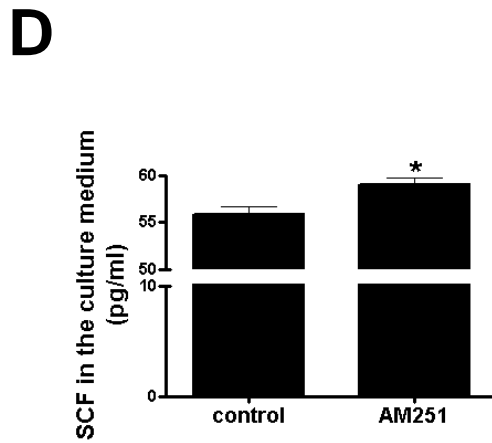
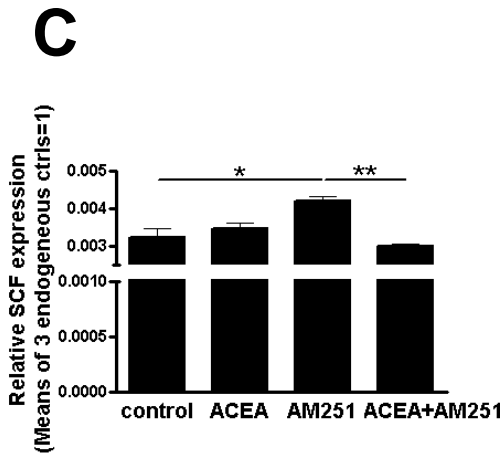
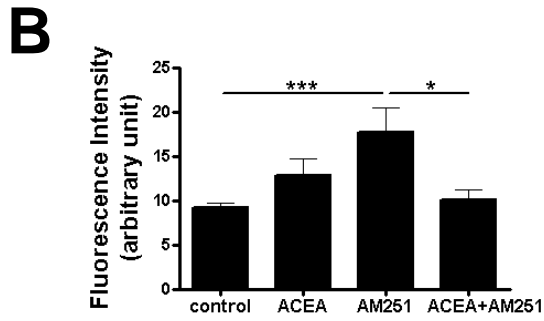
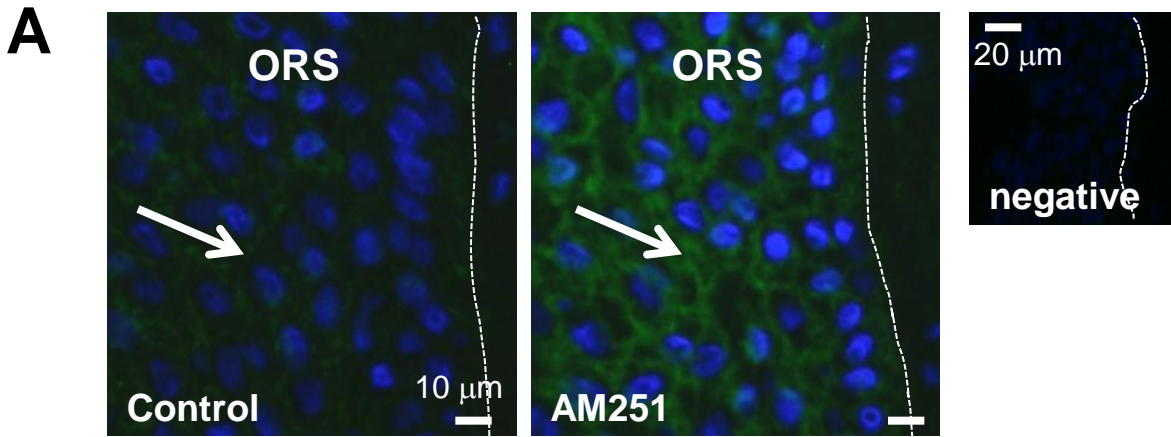
**Figure 3**

**A****B****Figure 4**

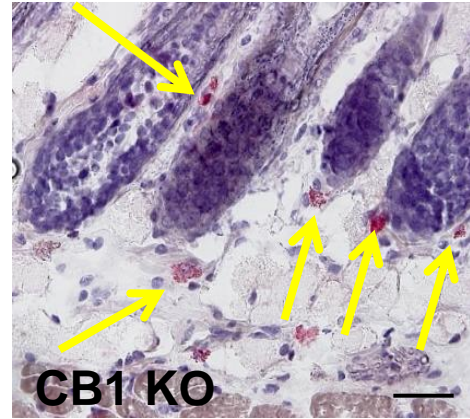
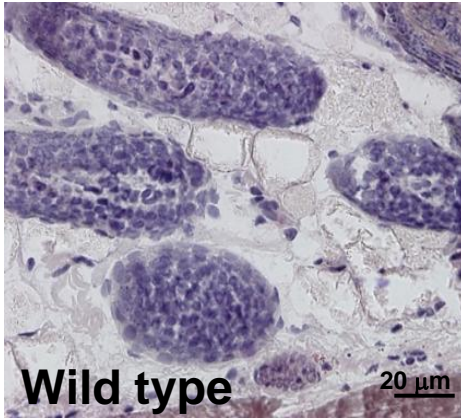
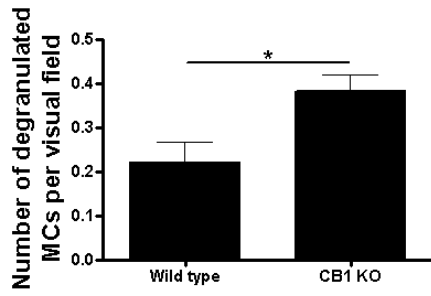
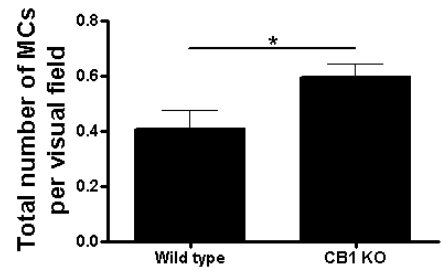
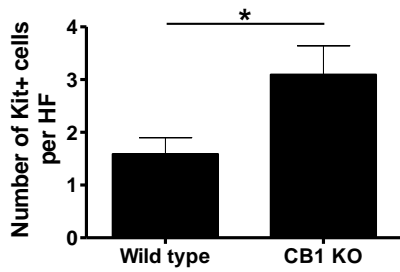
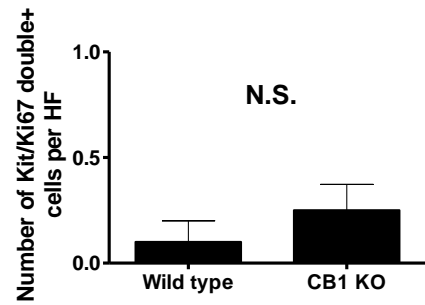


**Figure 5**

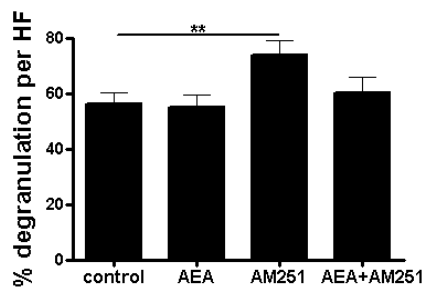
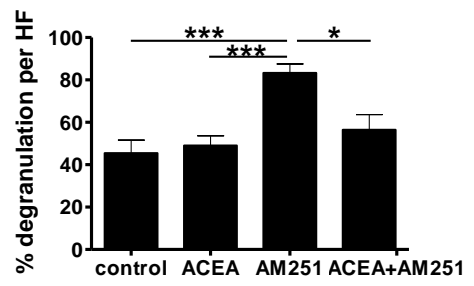
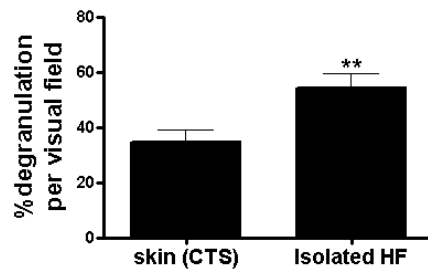
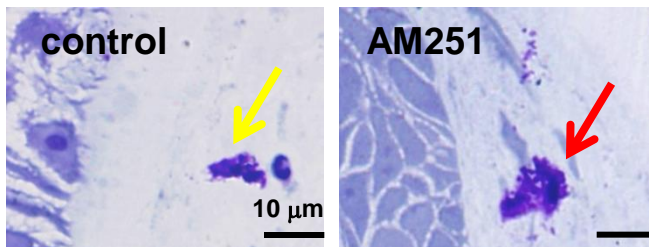
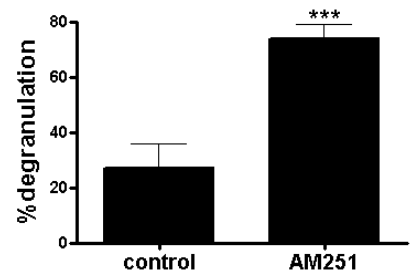
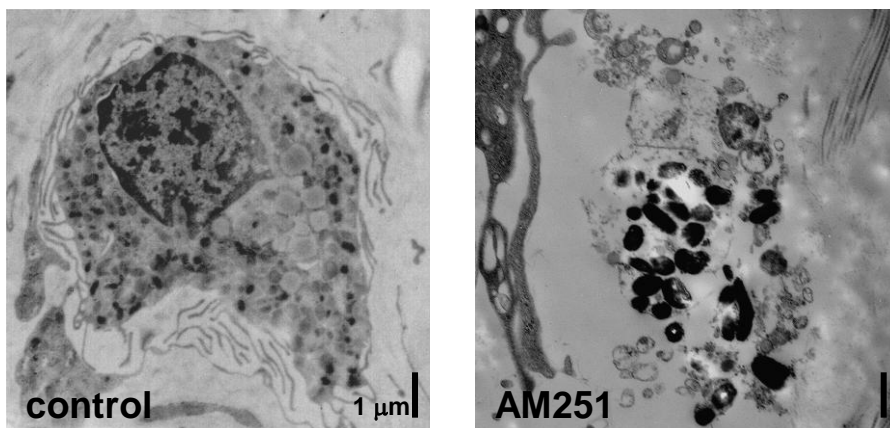
**A****B****Figure 6**



**Figure 7**

**A****B****C****D****E****Figure 8**

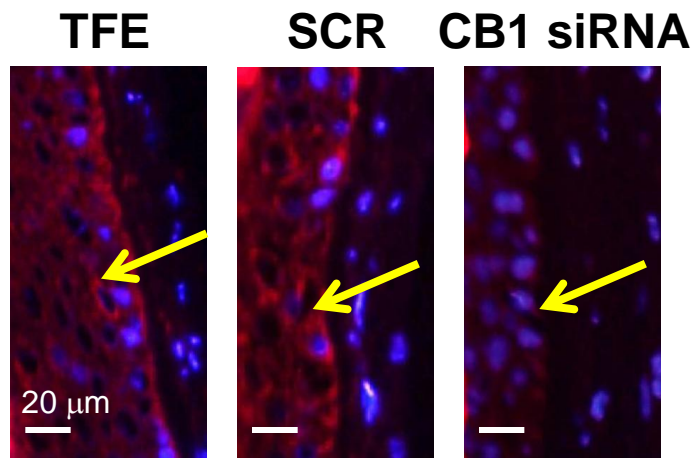


**A****B****C****D****E****F**

**Supplementary Figure S1**



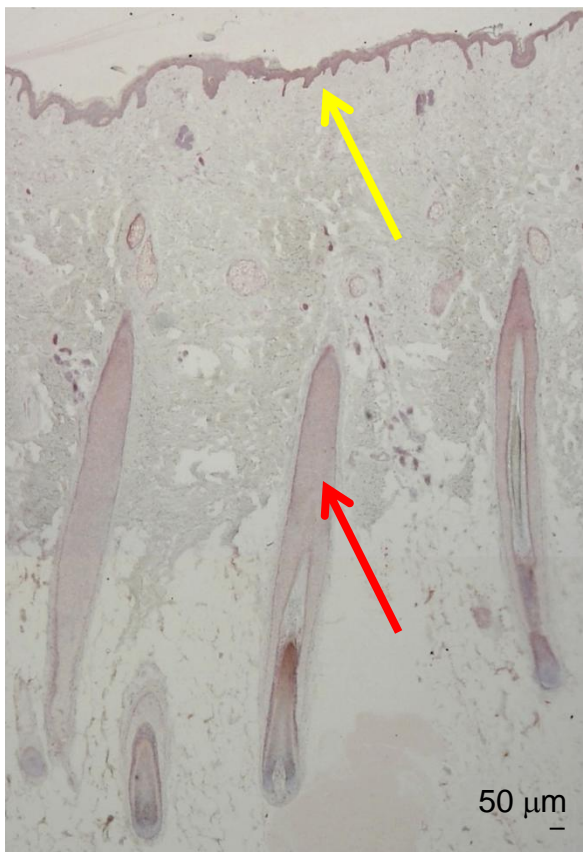
**A**



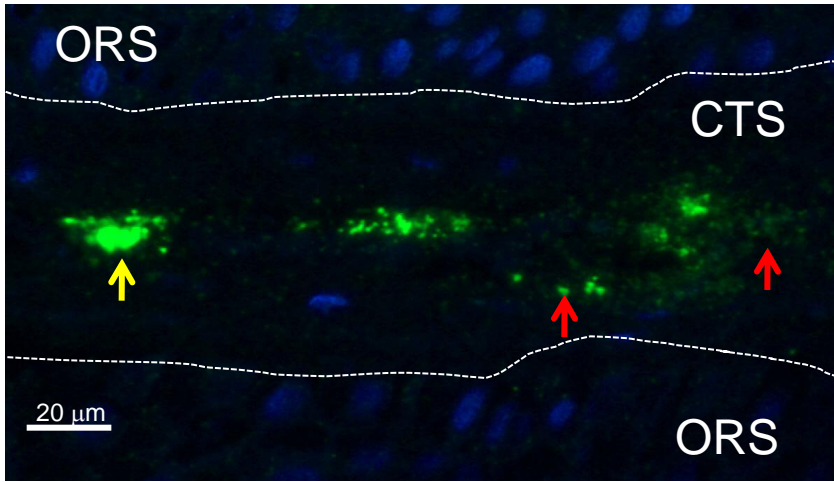
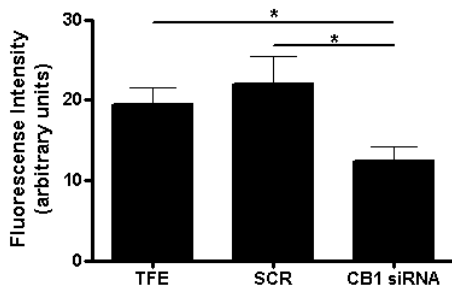
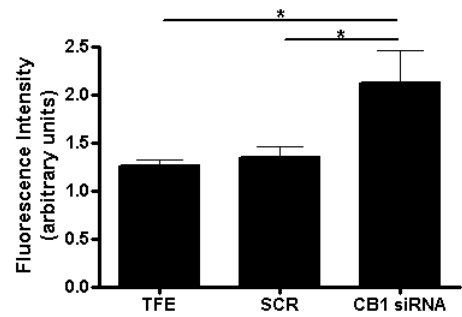
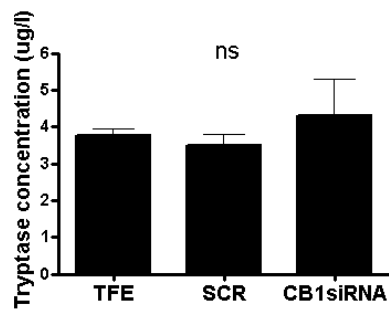
**B**

**Intact human scalp skin**

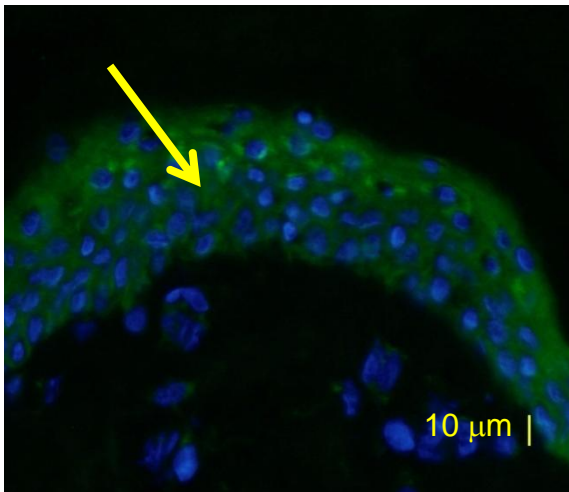
**negative**



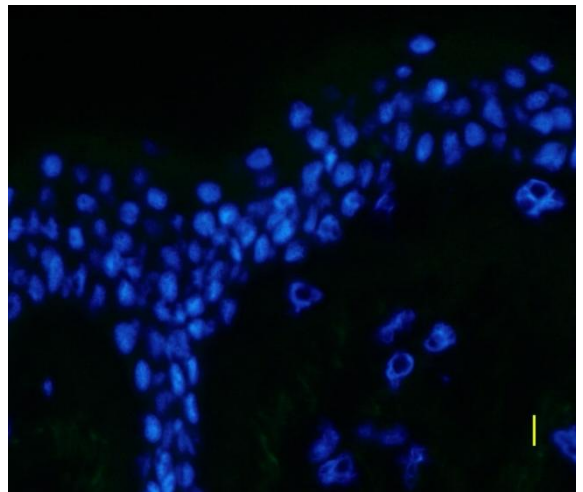
**Supplementary Figure S2**

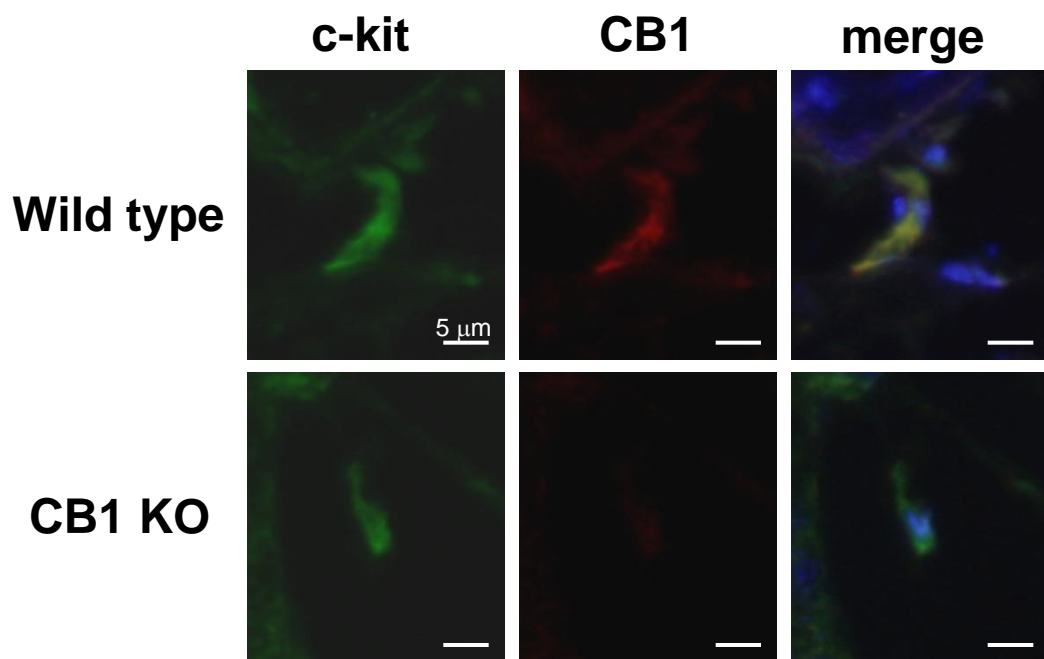
**A****B****C****D****Supplementary Figure S3**

**Intact human scalp skin**



**negative**





**Supplementary Figure S5**