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Silica@zirconia@poly(malic acid) nanoparticle: a promising nanocarrier for theranostic applications

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Silica@zirconia@poly(malic acid) nanoparticles of 130 nm mean diameter were designed, synthesized and characterized for the targeted delivery of diagnostic and therapeutic 99mTc isotope to folate-overexpressing tumors. An important achievement was that a multifunctional L-(−)-malic acid-based copolymer was formed in situ at the surface of the inorganic cores in a single synthetic step incorporating L-(−)-malic acid, β-cyclodextrin rings, folic acid moieties, and polyethylene glycol chains. Morphological and in-depth structural analysis of the particles proved their core@shell structure. Stability experiments in aqueous medium. Evidenced that stable suspensions can be obtained from the lyophilized powder in 10 mM phosphate buffer at pH 7.4. During 14-day degradation experiments, the nanoparticles were found to be slowly dissolving (including inorganic core) in saline and also in total cell medium. In vitro toxicity assays on hepatocytes showed a concentration-dependent decrease of cell viability down to 63±1% at the highest applied concentration (0.5 mg/ml). Proof of concept experiments of technetium-99m radiolabelling and in vivo labelling stability are presented.

Introduction

Application of nanotechnology in the field of theranostics has become a promising strategy for personalized medicine1–4. Various multifunctional nanoparticles are synthesized for targeted drug delivery5,6. However those, which combine diagnostic and therapeutic functionalities (nanotheranostics) and can be used for advanced in vivo imaging techniques (e.g. single photon emission computed tomography coupled to computer tomography, SPECT/CT)7,8 are the most important. The biodistribution of nanotheranostics is quantitatively evaluated on the basis of radiation detection, which enables excellent evaluation and planning of dosage when the same nanocarrier is used for drug delivery. Nanocarriers used in theranostic applications are of various compositions: inorganic5–10, organic11–13, biological14 as well as their combinations15,16. The main advantages of inorganic nanoparticles are their well-defined size and shape, longer shelf-life and the conservation of their integrity in biological medium. On the other hand, the degradability has become a priority to avoid the accumulation of these materials in the body causing unknown long-term effects. Biodegradability is an inherent advantage of most organic and biological nanocarriers.

Silica is, however, one of the exceptional biodegradable inorganic materials17,18, which has several additional advantages, too: it is biocompatible, its surface modification is relatively easy19,20, and further, the diameter and shape of nanoparticles can be easily controlled (18-1000 nm)21,22.

Zirconia, though not biodegradable, is another ceramic material used in medical applications as implant23-25. Few papers mention its use as a drug delivery nanocarrier26. In fact, pure ZrO2 colloid with uniform size and shape could only be obtained with a particle diameter above 200 nm27,28. However, when silica is used as a template, continuous zirconia shell may be deposited on its surface and particles can be obtained with well-controlled size29,30.

We aimed at the preparation of a new complex nanocarrier for the targeted delivery of theranostic 99mTc isotope to folate-overexpressing tumours by combining the advantageous properties of silica, zirconia with those of degradable polymers. Our concept was to cover Stöber silica core of nearly 100 nm diameter with zirconia (silica@zirconia), and then form...
a new poly(ester-amide) outer shell to be able to chelate $^{99m}$Tc ions and achieve multiple functionalities (Scheme 1).

![Image](image_url)

Scheme 1 Schematic representation of the silica@zirconia@polymer complex nanocarrier. The malic acid-based poly(ester-amide) copolymer is formed in a one-step surface catalysed condensation of the components.

We chose the components of the polymeric shell on the basis of our previous (non-published) experience. L-(−)-malic acid is a potentially interesting, biocompatible material, from which a low molecular weight homopolymer can be easily formed by polycondensation\(^{31}\). According to our observations malic acid adsorbs strongly at the zirconia surface and still participates in homopolymerization reaction allowing the formation of surface polymeric shell. Unfortunately, the homopolymer of malic acid (in bulk or at the surface of ZrO\(_2\)) undergoes rapid hydrolysis in water due to the autocatalytic effect of multiple unreacted carboxyl groups. This is why it cannot be used as a drug delivery polymer in itself. A polyol was chosen, therefore, to be the second component of the copolymer: β-cyclodextrin that should increase the conversion of polymerization (consumption of free carboxyl groups) and serve later as host for the complexation of small hydrophobic drug molecules\(^{32}\). Further components of the polymeric shell were: diaminodervative of polyethylene glycol (increases circulation time in blood stream)\(^{32}\) and folic acid (achieves active targeting of folate receptor expressing tumours\(^{34,35}\)). According to our hypothesis, these amine-containing components should further set back the degradation of the final copolymer thanks to the stability of amide bonds.

We report on the design, synthesis and physico-chemical characterization of the obtained complex nanocarriers (called thereafter CN) including stability and degradability conditions. Cell viability assay on hepatocyte cells and proof-of-concept SPECT/CT experiments are also presented.

**Experimental section**

**Materials**

Ethanol (a.r., 99.98%, max. 0.02% water, Reanal), ammonia solution (25%, a.r., Reanal), tetraethyl-orthosilicate (TEOS, puriss. GC, Sigma-Aldrich), zirconium-n-butoxide solution (TBOZ, 80 wt% in 1-butanol, Aldrich), L-(−)-malic acid (MA, puriss. >99.5%, Fluka Analytical), folic acid (FA, ≥97%, Sigma-Aldrich), N,N-dimethyl formamide (DMF, ACS-for analysis, min. 99.8%, Carlo Erba), β-cyclodextrin (β-CD, Cyclolab), dipropylamine-polyethylene glycol (diaminoPEG, SUNBRIGHT DE-034PA MW 2000, NOF Corporation), acetonitrile (HiPerSolv CHROMANORM for HPLC, VWR), Na\(_2\)HPO\(_4\)⋅2H\(_2\)O (Sigma), 1 N NaOH solution (for analysis, Carlo Erba), saline (SALSOl, 9 mg/ml NaCl, TEVA), penicillin-streptomycin mixture (cell culture tested, Sigma-Aldrich), methyl ethyl ketone (MEK, Reanal Ltd.), total cell medium (RPMI1640, Sigma-Aldrich), xylazine hydrochloride (CP-Pharma) and ketamine hydrrochloride (CP-Pharma) were used as received. TEOS and TBOZ were kept under argon. Silica gel impregnated instant thin layer chromatography paper (ITLC-SG) was obtained from Pall Corporation. Millipore water (18.2 MΩcm, MilliQ System) was used during the experiments. Poly(L-(−)-malic acid – β-CD) copolymer (T40) was prepared and kindly provided by J. Telegdi\(^{36}\). The white solid has a melting point of 232.6°C and a specific rotation value of $[\alpha]_{D}^{25} = +41.5^\circ$ (C=2, water) and a molar weight estimated on the basis of static light scattering measurement: 3530 Da. (The specific rotation of L-(−)-malic acid is $[\alpha]_{D}^{25} = -7.66^\circ$ (C=2, acetone), melting point: 109.5°C.)

**Preparation of complex nanocarriers**

Silica sols with 112 nm mean particle diameter were prepared according to the procedure of Stöber et al.\(^{31}\) using 10 ml of TEOS, 16 ml of ammonia solution and 250 ml ethanol. Zirconia layer was deposited on the surface of silica particles with the adaptation of the procedure of Kim et al.\(^{35}\). 50 ml of silica sol (10.0±0.1 mg/ml) was diluted to 350 ml with ethanol under argon atmosphere in a stirred three-neck flask equipped with a dropping funnel. 1.5 ml of TBOZ was quickly diluted with 50 ml of ethanol in a mixing cylinder under argon in a glove box, and then was added dropwise into the vigorously stirred silica sol (1 h) at room temperature.

The reaction mixture was allowed to react for one hour. Then 360 mg of L-(−)-malic acid was added and the particles were separated by centrifugation at 5000 rpm for 5 min. The acid-capped inorganic particles were redispersed in 400 ml DMF solvent by ultrasonication for 2 min for further use.

Complex nanocarrier particles were prepared by dissolving 50 mg L-(−)-malic acid, 50 mg folic acid, 700 mg T40 copolymer and 50 mg diaminoPEG in 200 ml DMF solution of SiO\(_2\)@ZrO\(_2\) (2.2±0.2 mg/ml particle concentration) (molar ratio of malic acid : folic acid : T40 copolymer : diaminoPEG = 1 : 0.3 : 0.53 : 0.067). The reaction mixture was heated up to 110°C, and stirred for one hour. After cooling down, the reaction mixture was purified by centrifugation and washed: once with DMF, three times with ethanol, and finally three times with water. The product was freeze-dried.

**Characterization**

Structure and stability of complex nanocarriers. Morphological investigation of nanocarriers was carried out on a MORAGNII 268(D) (FEI, Eindhoven, Netherlands) transmission electron
microscope (TEM). Diluted samples were dropped and dried on carbon coated copper grids. The mean particle diameter and shell thickness analyses were performed using Olympus Soft Imaging Solution ITEM Software 5.0.

The stability of phosphate buffered CN suspensions against high electrolyte concentrations was checked by dynamic light scattering (DLS) measurements in an experimental design that was to imitate 99mTc labelling procedure. The isolate is eluted from the column in saline, thus phosphate buffer was chosen instead of PBS to avoid double saline content. DLS measurements were carried out on an AvidNano w130i instrument (30 mW diode laser emitting at 660 nm, avalanche photo diode detector placed at 90° (SABRe optics)). 0.5 mg/ml CN suspensions in 0-90 mM phosphate buffer were prepared and saline was added to each suspension in 0-1 volume ratio (resulting buffer concentrations indicated in Table S-1 in Electronic Supplementary Information, ESI).

The pH dependent zeta potential values of the samples were determined at 20 °C with a Malvern Zetasizer Nano ZS (Malvern, Worcs, UK) equipped with a He-Ne laser (λ = 633 nm) and a backscatter detector at fixed angle of 173°. 2.5 mg of CN was suspended in 20 ml Millipore water and ultrasonicated before the measurement. 20 ml of SiO2, SiO2@ZrO2, and SiO2@ZrO2+MA samples in ethanol were centrifuged and the particles were suspended in Millipore water. HCl and NaOH solutions were used to adjust pH values between 3 and 10 (JENWAY 3540 Bench Combined Conductivity/pH Meter). Each symbol on the ζ-pH plot stands for the average and error of three measurements.

Characterization of the polymeric shell. The presence of functional groups was demonstrated with attenuated total reflectance Fourier-transform infrared (ATR-FTIR) spectroscopy using a BioRad FTS-60 spectrometer equipped with a DTGS (deuterated triglycine sulphate) detector and a single reflection diamond ATR accessory ('GladiATR' with 0.6×0.6 mm2 active surface, PIKE Technologies, UK). Scans were performed in the wavenumber region 4000-350 cm⁻¹. In general, 4 cm⁻¹ resolution and records of 128 scans were applied.

Thermogravimetry (TG) provided information about the polymerization conversion and the total mass of polymeric shell on the surface of nanoparticles. The CN powder was also thoroughly checked for traces of DMF solvent by coupled TG-MS measurements. TG measurements were performed on a modified Perkin-Elmer TGS-2 thermobalance and a Hiden HAL 2/301 PIC quadrupole mass spectrometer. About 0.6 mg sample was placed into the platinum sample pan and heated at a 20°C min⁻¹ up to 900°C in argon atmosphere. A small proportion of the evolved gas and vapor was introduced into the mass spectrometer through a glass lined metal capillary transfer line heated to 300°C. The quadrupole mass spectrometer operated at 70 eV electron energy. Surface-specific elemental analysis information about the polymeric shell was deduced from X-ray photoelectron spectrum (XPS). X-ray photoelectron spectra were recorded on a Kratos XSAM 800 spectrometer operated at fixed analyser transmission mode using Mg Kα,λ (1253.6 eV) excitation. CN powder was fixed on a stainless steel sample holder by a vacuum-compatible double sided tape. Spectra were referenced to the energy of the C1s line of the hydrocarbon type carbon, present on the surface of the samples, set at 284.2 eV binding energy (see more details in ESI). Chemical states of the constituent elements were determined and assigned by using available references.37-39.

Dissolution of the polymeric shell. 6.7 mg CN sample was put on the top of centrifugal ultrafilter (Sartorius Stedim, VIVASPIN 500, 0.2 μm polyethersulfone, 5 μl dead-stop volume, prewashed with water) and 520 μl of either saline or total cell medium containing 5% penicillin-streptomycin was added to it. The filter was closed and left stirring at room temperature. On days 0-1-2-3-6-9-13 the samples were centrifuged at 12500 rpm for 30 min. Permeates were frozen till analyses, and the particles were resuspended in 500-500 μl saline or total cell medium. UV-visible spectroscopy, ATR-FTIR spectroscopy and high-performance liquid chromatography coupled to mass spectrometry (HPLC-MS/MS, see details in ESI) were performed on saline permeates. ATR-FTIR analysis was carried out on total cell medium samples. The surface of CN particles was analysed using ATR-FTIR spectroscopy at the end of degradation experiment. UV-visible spectra were recorded in a small-volume quartz cuvette on a Hewlett-Packard 8453 spectrophotometer.

Cell viability assay, radiolabelling and in vivo biodistribution. Toxicity of CN nanoparticles was tested with CytoTox Fluor™ Cytotoxicity Assay (Promega) on 96-well plates using MT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) dye and primary rat hepatocytes (see details in ESI). For radiolabelling 0.5 mg of CN was suspended in 1 ml 10 mM Na2HPO4 phosphate buffer (pH 7.5). The sample was ultrasonicated for 10 min and its size distribution function was assessed by DLS measurements. 500 μl (680 MBq activity of sterile generator-eluted pertechnetate (99mTcO4⁻) solution in saline was added to the nanocarrier suspension. The reduction was carried out with 37.5 μg SnCl2 (≥2H2O) in 7.5 μl 0.05 M HCl. 99mTc-pertechnetate was derived from an UltraTechneov (10.75 GBq) 99Mo-99mTc generator (Covidien Imaging Solutions, USA). Labelling was performed within 20 minutes at room temperature. Radiochemical purity of the 99mTc-labelled nanocarrier was examined by means of thin-layer chromatography (TLC) (see details in ESI).

In vivo biodistribution of CN nanoparticles was investigated on three rats. Adult male Fischer-344 rats weighing 150–200 g were used for tumour-transplanted animal experiments. 5×10⁵ folate receptor overexpressing He/De tumour cells (rat epithelial liver carcinoma) in 150 μl saline were injected subcutaneously into the left thighs. The animals received humane care complying with the criteria outlined in the "Guidelines for the welfare and use of animals in cancer research" (see further in ESI).
For SPECT/CT investigations, a 300 µl volume (122 MBq of activity/100 µg CN) of sterile radiolabelled CN suspension was administered into the tail vein of animals 1 hour post-labelling. Animals were anesthetized by administering a combination of xylazine and ketamine hydrochloride by the intraperitoneal route before the CN injection. 30 minutes, 3 hours and 20 hours post injection whole-body fusion images were taken from the experimental animals using an AnyScan SPECT/CT hybrid scanner camera (Mediso Ltd., Hungary). Fused scans were processed using Interview Software (Mediso Ltd., Hungary). Region of interest (ROI) calculations were performed by outlining the borders of selected organs or tracts. Injected dose (ID)/whole organ values were estimated from the resulted ROI values.

**Results and discussion**

**Structure and colloid stability of complex nanocarriers**

The diameter of silica core was chosen to be around 100 nm to benefit from enhanced permeation and retention effect (EPR)\textsuperscript{41}. The TEM picture of the CN powder shows nearly spherical particles with an average particle diameter of 112±10 nm (values obtained from TEM image analysis on 50 particles) (Fig.1). TEM pictures of SiO\textsubscript{2} and SiO\textsubscript{2}@ZrO\textsubscript{2} particles are shown in Fig. S-1 in the ESI.

![Figure 1 TEM pictures of complex nanocarriers.](image)

According to these images, the polymeric shell covers the surface of the SiO\textsubscript{2}@ZrO\textsubscript{2} spheres with an average thickness of 5.0±2.3 nm (measurement of thickness performed on the TEM image of 8 particles at 73 positions).

The deposition of surface layers was further confirmed by DLS measurements (see Fig. S-2a in ESI). The mean hydrodynamic diameter of silica particles in ethanol is 112 nm. This increases to 134 nm due to ZrO\textsubscript{2} deposition. The lyophilized CN particles redispersed in phosphate buffer show an increased mean hydrodynamic diameter of 275 nm and also a larger polydispersity index. This suggests that at least some of the particles underwent cross-linking during the polymerization step.

The changes in surface charge during synthetic procedure, as well, as the pH dependent surface charge conditions of the final product are well demonstrated by zeta potential vs. pH curves (Fig.2). The isoelectric point (IEP) of native silica particles is below pH 3 in agreement with previous results\textsuperscript{42,43}. The IEP shifts to pH 7.5 after the deposition of zirconia. This corresponds to the value reported earlier for pure zirconia\textsuperscript{44}.

![Figure 2 Zeta potential vs. pH analysis of the SiO\textsubscript{2} sol, the core@shell SiO\textsubscript{2}@ZrO\textsubscript{2} sol before and after addition of malic acid (+MA), and the complex nanocarriers (CN). The experimental error is within the symbol’s size except where marked.](image)

After addition of malic acid to SiO\textsubscript{2}@ZrO\textsubscript{2} the surface charge becomes lower than -30 mV in the whole pH range showing the high affinity of malic acid to zirconia surface. This is what has been assumed in advance as ZrO\textsubscript{2} is known to form strong surface interactions with citric acid, which is an analogue polyanion ligand\textsuperscript{45}. The polymerization of multiple components resulted in a slight shift in the zeta potential-pH curve. This shows the maintained dominance of free carboxylic groups. The newly established chemical bonds and the overall surface structure of the particles was analysed by ATR-FTIR method (Fig.3).

![Figure 3 Fourier-transform infrared spectra of SiO\textsubscript{2} sol (A), SiO\textsubscript{2}@ZrO\textsubscript{2} sol (B) and complex nanocarriers (CN) (C). The difference spectrum of SiO\textsubscript{2}@ZrO\textsubscript{2}−SiO\textsubscript{2} (B−A) is plotted in grey.](image)
ATR-FTIR showed that the intensity of the vibrational bands characteristic to native silica surface (ν(Si-OH) absorption band at 950 cm\(^{-1}\) and ν(Si-O) at 798 cm\(^{-1}\)) is not reduced after zirconia deposition\(^{28,46}\). The detailed spectral analysis revealed a new band around 1033 cm\(^{-1}\), related to (Si-O-Zr) asymmetric stretching. The broad band around 450 cm\(^{-1}\) corresponds to crystalline zirconia\(^{47}\) (see subtracted spectrum, grey line in Fig.3). The surface structure of nanopartnecles is significantly altered after polymerization: amide bonds appear at 1651 and 1553 cm\(^{-1}\), and distinct carbonyl absorption is recorded at 1736 cm\(^{-1}\) (see spectrum C in Fig.3). These findings permit us to state that not only malic acid and T40 copolymer were integrated into the polymeric network through ester bonds, but amine-containing components have also been covalently linked in through amide bonds. The lack of signal at 73 m/z in TG-coupled mass spectrum confirmed the complete removal of DMF solvent from the CN powder.

Colloid stability. Preliminary stabilization experiments showed that despite the highly negatively charged particle surface in the pH range 3-11, CN particles could only be effectively suspended at neutral or basic pH. This apparent discrepancy can be understood if we consider the pK\(_a\) values of malic acid (pK\(_{a1}\) = 3.40, pK\(_{a2}\) = 5.20\(^{48}\)). At the intrinsic pH of the CN particle suspension (3.2), surface carboxylic groups are mainly protonated which can lead to the formation of numerous intraparticle and interparticle H-bonds. This hypotheses is supported by the findings of Wohlfahrt who performed quantum chemical calculations for the modelling of H-bonding ability between carboxylic side chains in proteins, and stated that for repulsion between proteins pH>7 is necessary\(^{49}\).

Size distribution functions obtained from DLS measurements evidenced that 10 mM phosphate buffer is appropriate for stabilizing the 0.5 mg/ml suspension of CN particles up to 77 mM NaCl concentration (see details in Figs.S-2b-d in ESI).

The size distribution functions of the above suspension recorded repeatedly before and after radiolabeling with \(^{99m}\)Tc show that the colloidal stability has been maintained for at least 9 days after labeling as intensity weighted Z-average particle size and polydispersity index do not change significantly (38.5 mM final NaCl concentration) (Fig.4).

Structure and composition of the polymeric shell

The elucidation of the copolymer structure required a more detailed study. We wished to prove the presence and the covalent binding of all the added components. Reference samples have been prepared for ATR-FTIR and TG measurements: the physical mixture of the polymeric shell components (M, identical molar ratio then for CN) and their bulk polymerization product (PM, same molar ratio than CN and P, heated to 110°C in DMF for 1 h, and then washed with ethanol). The parallel measurement of these enabled the identification of spectrum signals arising from the appearance of new bonds.

The superposition of absorbance bands of the monomers was observed in the ATR-FTIR spectrum of M. The bulk polymerization induced several important changes (Fig.5-3 in ESI). First, the dominating broad band around 1023 cm\(^{-1}\) belonging to O-C(H) stretching of the cyclodextrin indicates that an ester backbone has formed (this band was also a dominating band for T40 copolymer). Second, the loss of the separated -OH/-NH stretching bands at 3319-3542 cm\(^{-1}\), and the appearance of characteristic amide bands at 1651 cm\(^{-1}\) ν(C=O) and 1575 cm\(^{-1}\) δ(-NH) suggest the formation of amide with the amino groups of folic acid and/or diaminoPEG. It is important to note, that when the polymerization occurs at the surface of zirconia shell (CN sample), the relative intensity of ester-amide- vs. carboxylate-bands are reversed. This indicates that zirconia plays a definite role in the polymerization reaction, probably by forming metal-carboxylate complexes on its surface\(^{50}\). Similar information could be obtained from the thermal decomposition experiments of M, PM and CN samples (Fig.5-4 in ESI). New degradation peaks appear for PM (e.g. intensive peak at 340°C), than observed previously for the mixture of monomers\(^{51-53}\) or for malic acid homopolymer\(^{54}\). For CN particles the degradation peaks are further shifted towards higher temperatures indicating higher polymerization conversion. Thus, thermogravimetric results support that the presence of zirconia surface interferes notably in polymerization process. The use of zirconia as a catalyst in liquid phase esterification of fatty acids was reported by Takahashi and coworkers\(^{55}\). However, our observation is that the zirconia surface itself becomes covered by a covalently bound polymer that cannot be completely removed of it anymore (the zeta potential of the particles remains highly negative in the pH range 3-11 after multiple dialyses). The surface elemental composition of the CN sample was analysed using X-ray photoelectron spectroscopy (see raw spectra in Fig.5-5 in ESI). This surface sensitive technique mainly provides information about the top 10 nm of the
sample (more than half of the information coming from the first nm), and could hardly detect the presence of the SiO₂@ZrO₂ core (Table 1). This result supports our observation based on TEM pictures that the coverage of the particles with polymer is complete. However, there are differences between the experimental (derived from XPS data) and theoretical composition of the polymeric shell (theoretical: 53.2% C, 45.4% O and 1.4% N).

The presence of nitrogen could not be evidenced by our XPS measurement (the detection limit is nearly 1 at% N). We have considered the possibility of segregation inside the polymeric shell, and calculated the atomic composition of monomers (Table S-2 in ESI). The experimental results agree best the atomic composition of diamino-PEG, which might be in excess (Table S-2 in ESI). The rapid dissolution is a disadvantage for a pharmaceutical carrier candidate. We overcame this problem by using pre-formed copolymer of L-(−)-malic acid and β-cyclodextrin monomers with the addition of diamino-PEG and folic acid for the last 10 min of the polymerization step (Fig.5).

Dissolution of the polymeric shell

According to our preliminary experiments the homopolymer of L-(−)-malic acid decomposes completely during 20 min of ultrasonication in water, even when formed by surface catalysis on silica@zirconia nanoparticles. (However, a monolayer of malic acid remains adsorbed at the particle surface.) The same occurs when a copolymer is formed at the surface of the particles using L-(−)-malic acid and β-cyclodextrin monomers with the addition of diamino-PEG and folic acid for the last 10 min of the polymerization step (Fig.5). The rapid dissolution is a disadvantage for a pharmaceutical carrier candidate. We overcame this problem by using pre-formed copolymer of L-(−)-malic acid and β-cyclodextrin, and with the presence of amine-bearing components throughout all the polymerization process. These nanocarriers did not lose their polymer coverage during 20 min of ultrasonication in water according to TEM investigation. We examined thereafter their dissolution in saline and total cell medium during a two-week period. The dissolution rate of the polymeric shell in saline was analysed with mass spectrometry (Fig.5).

The presence of PEG chains at the surface of CN particles may ensure long circulation time in blood stream, which is favourable for theranostic application. On the other hand, the presence of nitrogen could not be evidenced by our XPS measurement, respectively, A is a constant, \( k \) is the dissolution rate, whose reciprocal is \( \tau \), the time constant. Malic acid release can be described with a time constant of 4.3 ± 0.4 day at 25°C under the given parameters (\( k = 0.232 \pm 0.02 \text{ day}^{-1} \), \( \tau_{1/2} = 2.98 \pm 0.3 \text{ day} \)). Thus, half of the polymeric shell dissolves within three days, if the particles are daily put into fresh saline. Permeates in saline were further analysed by UV-visible spectroscopy (Fig.6a). The absorption curves show three main peaks at 210-219 nm, 239 nm and between 271-298 nm. The absorption band of malic acid (and that of T40) is near 210 nm and its absorption band near 240 nm, but it has two more absorption bands of amide bonds and C=C double bonds, but they proved to be at lower wavelength. Finally, we prepared a mixture of an aqueous suspension of crystalline ZrO₂ powder (obtained by the method of Zhou et al.⁵⁸) with malic acid.
solution and a second mixture with folic acid solution (Fig.6b). We observed the appearance of a new absorption band in the ZrO$_2$+FA mixture at 239 nm, but not in ZrO$_2$+MA. In fact, folic acid is known to form metal ion complexes, but this is the first proof of the formation of zirconium-folate complex.

As the maximal intensity of the absorbance band observed at 239 nm is on the first day of dissolution, we assume that an amount of folic acid adsorbs directly to the surface of zirconia through carboxylic functional groups. The quick dissolution of these complexes suggests that the primary amine of these folates does not react in the polymerization reaction. We further analysed the FTIR spectra of CN particles at the end of the above 14-days-period dissolution in saline and also that of the sample stirred in total cell medium (Fig.S-7 in ESI). The dissolution of silica has been reported earlier in the literature$^{17,18}$. On the other hand, the biodegradation of zirconia resulting probably from folate complex formation has not yet been mentioned in the literature. The FTIR absorption bands of the CN polyester shell mainly disappeared from the spectrum and there remained the bands of polyamide (1647 cm$^{-1}$ and 1553 cm$^{-1}$). The dissolution of silica is more pronounced in NaCl solution in total cell medium. This difference is probably due to pH discrepancy between the two media (5.7 for saline and 7.8 for total cell medium).

The results of dissolution tests suggest that silica@zirconia cores would not remain for long time in the living organism but would dissolve completely within a few months.

**Cell viability, radiolabelling and in vivo biodistribution**

MTT assay was used to establish the cytotoxicity of CN nanoparticles applying primary rat hepatocytes. Cells were treated for 24 h with the indicated concentration of CN, and then the particles were washed out. Cell viability was assessed following the 24 h exposure (24 h) and 24 h later (48 h), in order to study the longer term effect of CN. (In the second 24 h term the cells were incubated without CN). Two-sample t-test performed on resulting data showed a concentration dependent decrease of cell viability (Fig.7).

The radiolabelling efficiency was determined 30 minutes, 3 hours and 20 hours postlabelling on the basis of TLC chromatograms (see chromatograms in Fig.S-8 in ESI). The radiolabelled products showed high degree (above 99%) and durable labelling efficiency during the entire in vitro follow-up study. We assume that the poly(ester-amide) backbone of the...
polymeric shell with numerous pendant carboxyl groups acts as a polydentate chelator.

The in vivo biodistribution of the radiolabelled nanocarriers showed good correlation with products described earlier with similar particle size distribution \(^{50}\). Particles were quickly accumulated in the organs of the reticuloendothelial system (RES) (e.g. liver, spleen, bone marrow), and a smaller proportion of the radioactivity immediately started to wash-out through the urinary tract (kidneys, urinary bladder, urine). Clinical side effects in experimental animals were not recorded during the examinations. Out of the total injected activity, an average 48.4 % was accumulated in the liver (nearly 50 µg) and 9.0 % in the tumour (9 µg) in the first 30 minutes (Fig.8).

![Photograph and overlaid SPECT/CT image of a He/De tumour transplanted Fischer rat 3 hours after 99mTc-labelled nanocarrier injection.](image)

Figure 8 Photograph and overlaid SPECT/CT image of a He/De tumour transplanted Fischer rat 3 hours after 99mTc-labelled nanocarrier injection.

Organ activities demonstrated the slow elimination of nanocarrier. 8 hours post-injection almost 70% of the total injected activity was traceable by whole body ROI analysis. However, a retained blood-background could be observed which could be related to a relative long circulation time. Besides, a negligible uptake was detected in the thyroids, salivary gland, stomach mucosa and lungs, indicating that in vivo radiolabelling efficiency and particle diameters of the labelled nanocarriers were practically constant after i.v. application: particle aggregation did not occur. The obtained values of the organ activity uptakes are presented in Fig.5-9 in ESI. These findings confirm the suitability of CN sample for SPECT/CT application. CN particles were further applied for the diagnosis of folate receptor overexpressing tumours in spontaneously diseased veterinary patients (dog and cats). They have shown fair accumulation in oral carcinomas \(^{50}\).

**Conclusions**

In this paper a novel, complex structure nanocarrier has been proposed with the prospect of theranostic application. The significance of this new nanocarrier lies in its versatility: the easy size tuning by means of the diameter of the silica core, and the one-step synthesis of the multifunctional polymeric shell surface-catalyzed by ZrO\(_2\) coating, which allows the incorporation of any stable compounds bearing –OH, -COOH or -NH\(_2\) functionality. The chelating property of the poly(ester-amide) backbone of the shell has allowed the efficient and stable radiolabelling with \(^{99m}\)Tc, but we wish to demonstrate a more general chelating property in the future by conducting labelling experiments with other isotopes of shorter half-life. The present study did not give evidence of the presence of folic acid at the surface of complex nanocarriers. We, therefore, will proceed to the elucidation of this issue and carry out in vitro and in vivo biological experiments to observe folic acid targeting in a future study. We also aim to carry on characterization of hepatotoxic potential of NPs in vitro, and then to confirm the in vitro results in vivo.

CN particles and analogues with porous structure will further be applied for the encapsulation and release of small hydrophobic drugs. Such molecules are prone to form inclusion complexes with inbuilt β-cyclodextrin, hence, chemotherapy could be realized by the same pharmaceutical carrier as diagnosis and radiotherapy.

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**Notes and references**

54x18mm (300 x 300 DPI)