

Long-Term Kinetics of Cytokine Responses in Human Tears after Penetrating Keratoplasty

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This was a kinetic study of inflammatory cytokine levels in postoperative tear samples from penetrating keratoplasty (PKP) patients with or without corneal rejection. In a prospective design, nonstimulated tears were collected from the affected eyes of 12 patients at regular intervals for 12–14 months following PKP. Nine patients retained clear grafts, whereas three suffered endothelial rejection of the corneal graft within 14 months. The concentrations of the cytokines IL-1 β , IL-6, TNF- α , IL-8, IL-10, and IL-12p70 were measured via cytometric bead array technology. The postoperative concentrations of the cytokines in the tears varied among the patients, but exhibited similar alteration patterns in each eye tested. The concentrations of IL-6 and IL-8 were significantly higher ($P = 0.009$ and $P = 0.01$, respectively), whereas those of IL-10, TNF- α , and IL-12p70 were significantly lower ($P = 0.008$, $P = 0.006$, and $P = 0.0009$, respectively) in the tear samples from the patients with corneal rejection as compared with those with uncomplicated corneal grafts. The ratios IL-6/IL-10 and IL-8/IL-10 were significantly higher ($P = 0.0231$ and $P = 0.015$, respectively), and TNF- α /IL-10 was significantly lower ($P = 0.045$) throughout the examination period in the patients with endothelial rejection. The enhanced release of IL-6 and IL-8 into the tears of patients with corneal graft rejection concomitant with decreased concentrations of IL-10, TNF- α , and IL-12p70 may possibly serve as an indicator of the rejection process. However, due to the large variation in the cytokine concentrations, the observed changes in tear composition do not categorically predict the final graft outcome.

Introduction

CORNEAL GRAFT REJECTION IS ONE of the most significant complications of corneal transplantation (King and others 2000; Pleyer and others 2001; Xie and others 2003; Funding and others 2005). Despite the immunologically privileged nature of the cornea, immune-mediated graft rejection remains the major cause of unsuccessful human corneal allograft transplantation (Niederhorn and others 2004; Ritter and others 2007). The exact mechanisms involved in the initiation and effector functions of the immune system that mediate corneal allograft destruction remain unclear (Niederhorn and others 2004). The activity of immune cells causing graft rejection after penetrating keratoplasty (PKP) could be indirectly characterized by the determination of cytokine levels in the aqueous humor (AH) (Reinhard and others 2002) and it could be worthwhile to measure the cytokine levels in tears

too. The importance and the role of various cytokines in different inflammatory diseases are well documented, but the levels and exact contributions of cytokines in human tears in the post-keratoplasty period are unknown (Torres and others 1996; van Gelderen and others 2000). The determination of different cytokines in noninvasively collected tears of patients with endothelial immune reactions may be the first approach to the identification of the cytokines involved in destruction of the graft endothelium.

Cytokines play a role in maintaining the integrity of the normal cornea (Torres and Kijlstra 2001). Because of the extreme complexity of the cytokine network, the simultaneous measurement of multiple cytokines in a single sample offers a feasible and efficient approach to compare the cytokine responses induced upon successful and failed keratoplasties (Chen and others 1999). A better understanding of

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cytokine secretion and functions upon graft rejection may allow improved therapeutic and preventive treatment modalities. Minor changes in the level of cytokine expressions may possibly mediate profound changes in the inflammatory response to alloantigenic stimuli (Kijlstra 1994). Instead of absolute concentrations, however, relative cytokine levels may be more valuable for the prediction of the local immunological response (Cook and others 2001; Uchino and others 2006a, 2006b; Sonoda and others 2006). Cytokine and chemokine expressions in the course of corneal transplant rejection have been studied at both mRNA (Torres and others 1996; Zhu and others 1999) and protein (Sano and others 1998; Yamagami and others 1998) levels in animal models, and at the protein level in the AH in human (van Gelderen and others 2000; Reinhard and others 2002; Funding and others 2005).

The detailed analysis of multiple cytokines was earlier hampered by the limited amount of tears available from a single eye. The microparticle-based flow cytometric bead array technology overcame this limitation as it allows the quantification of multiple cytokines in small samples (Chen and others 1999; Cook and others 2001; Tarnok and others 2003; Uchino and others 2006; Sonoda and others 2006; Uchino and others 2006; Malvitte and others 2007).

The present goal was a comparison of multiple cytokine patterns in tear samples collected from patients with or without corneal rejection following PKP. We are not aware of any previously published reports on this topic.

Materials and Methods

Patients and sample collection

In a prospective design, nonstimulated tears were collected from the affected eye of each of 11 patients at regular intervals for 1 year following PKP and in one transplant rejection case for 14 months. The mean age of the patients was 45.0 years (range 18–70 years, SD 14.2). Table 1 lists patient data and indications for PKP. None of the subjects were taking

any medication that could interfere with tear production, and none suffered from any disease of known immunological origin. Following the tenets of the Helsinki Declaration, informed written consent was signed by all participants. All donor material was preserved in Optisol-GS (Bausch&Lomb, Rochester, NY) for at most 7 days. Routine medication (local corticosteroids and antibiotics) was applied for the first 12 months after corneal transplantation. Five patients received systemic anti-inflammatory therapy (i.v. or oral corticosteroid) to prepare them for rekeratoplasty or due to recipient vascularization.

Before tear collection, the anterior ocular status of each subject was carefully assessed; a slit-lamp under low illumination was used to avoid reflex tearing. Tear samples were collected in the morning before, and 1, 3, and 7 days after the operation, between 7.30 and 8.00 am, just before the first eye drops were instilled, and then at every ophthalmological control. Collection was nontraumatic, with capillary tubes, from the inferior meniscus, without topical anesthesia, during 2 min; the total volume of the collected tears was registered. The collected tear samples (overall 105) were frozen without centrifugation within 15 min and stored at -80°C until the cytokine measurements. Preliminary studies had demonstrated that centrifugation of the samples does not influence the cytokine concentrations. To avoid pipetting and dilution errors, collected tear samples of $<4\ \mu\text{L}$ were excluded. In some cases, dry eye did not allow tear collection. At the beginning of the rejection episode, sampling was performed before any additional medication.

Corneal endothelial rejection was diagnosed by the onset of an acute inflammatory episode combined with endothelial precipitates and/or stromal edema with increased central corneal thickness.

Cytokine measurements

The concentrations of six inflammatory cytokines (IL-8, IL-1 β , IL-6, TNF- α , IL-10, and IL-12p70) were measured via

TABLE 1. PARTICIPATING PATIENTS AND INDICATIONS FOR PENETRATING KERATOPLASTY (PKP)

Patient	Age (years)/sex	Cause of transplantation	Previous immune reactions	Days between transplantation and rejection
1	24 M	Keratoconus	-	-
2	55 F	Herpes keratitis, corneal vascular leucoma, transplant rejection (second PKP)	+	-
3	70 F	Salzmann's nodular degeneration	-	-
4	18 F	Congenital hereditary endothelial dystrophy	-	-
5	59 F	Bullous keratopathy, transplant rejection (second PKP)	+	-
6	47 M	Bullous keratopathy	-	-
7	31 M	Keratoconus	-	-
8	22 F	Keratoconus	-	-
9	60 F	Salzmann's nodular degeneration	-	-
10	56 M	Herpes keratitis, transplant rejection (second PKP)	+	216
11	52 F	Haab-Dimmer dystrophy, recurrence of dystrophy (second PKP)	-	422
12	46 F	Chronic superficial keratitis (pannus)	-	83

100 the cytometric bead array (BD Biosciences Pharmingen, San
101 Diego, CA, USA) according to the manufacturer's instruc-
102 tions. Briefly, 15 μ L of tear sample (in some cases diluted
103 sample) or standard reagent was added to 15 μ L of capture
104 Ab-bead reagent. This mixture was incubated for 30 min
105 and 15 μ L of detector Ab-phycoerythrin conjugate was then
106 added, followed by incubation for 2.5 h at room tempera-
107 ture and washing to remove any unbound reagent before
108 data acquisition. Two-color flow cytometric analysis was
109 performed with a FACS array cytometer (BD Biosciences
110 Immunocytometry Systems, San Jose, CA, USA). Data were
111 acquired and analyzed with the BD cytometric bead array
112 software (FCAP Array 1.0.1 program). Standard curves were
113 generated by using the reference cytokine concentrations
114 supplied by the manufacturer. During the preparation of the
115 human cytokine standards, additional dilutions were pre-
116 pared to achieve higher sensitivity. Assay sensitivities were
117 0.04 pg for TNF- α , IL-8, IL-1 β , IL-12p70, and IL-6, and 0.02
118 pg for IL-10.

Statistical methods

119 Tear volumes, cytokine concentrations, and their ratios to
120 that of IL-10 were compared by Wilcoxon's rank-sum test in
121 tear samples of patients with rejection versus those with an
122 uncomplicated engraftment. The group-specific overall con-
123 centrations of cytokines determined throughout the over-
124 all time course were calculated by using locally weighted
125 regression analysis of outcomes against the day of follow-up
126 in patients with and without rejection. The resulting Lowess
127 curves were graphed on line charts. Statistical significance
128 was set at $P < 0.05$.

Results

129 Twelve to fourteen months after the operation, nine
130 patients presented clear grafts, whereas in three cases there
131 was endothelial rejection of the corneal graft. All three

132 rejected grafts had been predicted to be high-risk PKPs. The
133 onset of immune rejection after transplantation was at 216,
134 422, or 83 days. Among the nine unrejected grafts, two had
135 been expected to involve high-risk, and seven low-risk kera-
136 toplasty (Table 1). The tear sample volume collected from the
137 patients with corneal rejection did not differ significantly
138 from that collected from those with uncomplicated corneal
139 grafts ($P = 0.096$).

140 The cytokine concentrations varied widely, but exhibited
141 the same alteration pattern in each eye during the postopera-
142 tive period. Early cytokine and chemokine responses induced
143 by the transplantation were evident in all grafts. During the
144 early postoperative phase (days 1-3), the levels of all tested
145 cytokines rose, probably as a result of tissue injury rather
146 than an allogeneic response (Fig. 1). The most pronounced
147 increases were observed on day 1 for IL-6 (~25-fold) and IL-8
148 (nearly 5-fold), regardless of the occurrence of corneal rejec-
149 tion. The early response cytokine IL-1 β , however, displayed
150 a different alteration pattern: its initially low level increased
151 slightly immediately after transplantation. In uncomplicated
152 grafts, the level then declined slowly up to 6 months post-
153 operatively, whereas in complicated grafts the early release
154 was more pronounced, and before rejection a second peak
155 was observed. The IL-8 concentration also increased before
156 rejection, whereas the early IL-12p70 response was followed
157 by a decline in both complicated and uncomplicated grafts.
158 In uncomplicated corneal grafts, the similar biphasic IL-10
159 and TNF- α responses observed were presumably associ-
160 ated with the postoperative healing process. The slow IL-10
161 and TNF- α levels decreases gave way to a second cytokine
162 release peak at about 1 year after PKP, although TNF- α was
163 always detected at low levels, even upon rejection. By 12-14
164 months, the IL-1 β , IL-6, and IL-8 concentrations in the tears
165 from the uncomplicated graft cases had declined to the pre-
166 transplantation levels.

167 In the tears from the corneal rejection patients, the IL-6
168 and IL-8 concentrations increased ($P = 0.009$ and $P = 0.01$,
169 respectively), whereas those of IL-10, TNF- α , and IL-12p70

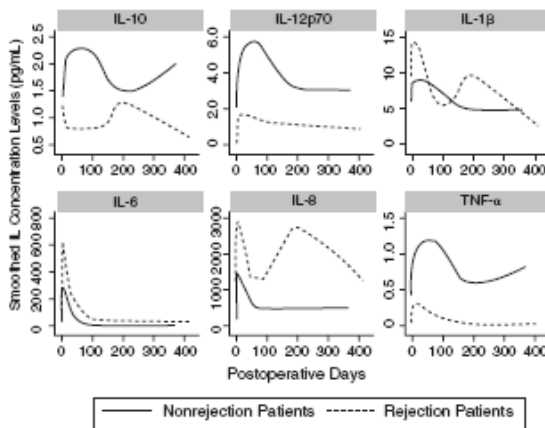


FIG. 1. Concentration (pg/mL) of cytokines in tears of patients with/without corneal rejection. Tear samples were collected at the indicated points of time and cytokine measurements were performed as described in the Materials and Methods. Data indicate smoothed group means obtained by locally weighted least squares regression.

170 decreased significantly ($P = 0.008$, $P = 0.006$, and $P = 0.0009$,
171 respectively) relative to the uncomplicated corneal grafts,
172 while the IL-1 β concentration did not change significantly
173 ($P = 0.383$).

174 As the balance of pro- and anti-inflammatory cytokines
175 determines the inflammatory status of the eye, we calcu-
176 lated the ratios of the IL-6, TNF- α , and IL-8 concentrations to
177 that of IL-10. In the patients with endothelial rejection, IL-6/
178 IL-10 and IL-8/IL-10 were significantly higher ($P = 0.0231$
179 and $P = 0.015$, respectively), while TNF- α /IL-10 was signifi-
180 cantly lower ($P = 0.045$) throughout the examination period
181 than in those with uncomplicated grafts.

Discussion

182 Our results show that tears of patients who undergo cor-
183 neal transplant rejection present significantly higher lev-
184 els of IL-6 and IL-8 and lower levels of IL-10, TNF- α , and
185 IL-12p70 than tears of transplanted patients without rejection.
186 The constitutive release of six cytokines throughout a
187 12-14-month postoperative period was established. The lev-
188 els of IL-1 β , TNF- α , IL-10, and IL-12p70 remained constantly
189 high after transplantation, even in uncomplicated grafts.
190 The IL-6 and IL-8 concentrations dramatically increased and
191 then rapidly declined 1-3 days after transplantation. These
192 early cytokine responses could be attributed to the physical
193 damage to the cornea and the presence of suture material.

194 Our study confirms the increase of IL-6 in AH of patients
195 with corneal rejection (van Gelderen and others 2000; Funding
196 and others 2005) by demonstrating a significantly increased
197 IL-6 concentration in tears from patients with graft rejection
198 relative to those without. In contrast, we demonstrate low
199 IL-6 concentrations even in tears of patients with uncom-
200 plicated clear grafts, for which we suggest several possible
201 explanations. IL-6 has the crucial functions of keeping the
202 corneal button clear, stimulating collagen synthesis and sup-
203 porting corneal wound healing, as well as being part of the
204 endogenous anti-inflammatory system (Ventura and others
205 1997). Constant IL-6 and IL-10 expression has been observed
206 postoperatively in rats receiving corneal allografts and for a
207 shorter period in those receiving corneal autografts (Torres
208 and others 1996). The discrepancies between this and other
209 published reports could be due to differences in the indica-
210 tions for keratoplasty among the various subjects and the
211 variability of the tissue samples (AH, cornea vs. tear). The
212 sensitivities of the different methods (ELISA vs. CBA) could
213 also hamper the comparison. Moreover, *in vitro* results on
214 animal models may not be translated directly to the *in vivo*
215 human situation (Klebe and others 2001).

216 In our human study, a second IL-1 β and IL-8 concentra-
217 tion peak coincided with the onset of graft rejection. This
218 second peak was likewise demonstrated in animal models of
219 rejected cornea transplants where numerous cytokines were
220 shown to be involved (King and others 2000). Interestingly,
221 IL-1 β was not detected in either normal or transplanted syngeneic
222 or allogeneic corneal grafts in animal models, but
223 TNF- α was profoundly enhanced following PKP (Zhu and
224 others 1999). In our study, IL-1 β reached background levels
225 up to 6 months postoperatively in uncomplicated grafts.
226 IL-1 β has been considered a multifunctional cytokine in the
227 cornea capable of initiating the inflammatory cascade and
228 inducing corneal tissue damage, while contributing to tis-
229 sue repair also (Torres and Kijlstra 2001). This could explain

230 why no significant difference in the IL-1 β levels was found
231 in our tears from complicated and uncomplicated grafts.
232 Although the IL-1 β levels were not related to the transplan-
233 tation outcome, it seems this cytokine is an active player in
234 corneal rejection. Furthermore, IL-1 β , IL-8, and TNF- α are
235 also involved in neovascularization (Torres and Kijlstra
236 2001) and both TNF- α and IL-1 β act as autocrine factors that
237 can further enhance the expression of IL-6 and IL-8 (Ventura
238 and others 1997). Similarly, our enhanced expression of
239 the proinflammatory cytokines, IL-1 β and TNF- α , at least
240 partially provide the molecular basis of tissue infiltration
241 observed in high-risk cornea transplantation (Yamagami
242 and others 2005). The corneal TNF- α expression was found
243 higher at both mRNA (Torres and others 1996) and protein
244 levels in AH and serum from hosts with rejected corneal
245 allografts (Pleyer and others 1997). In contrast, we found
246 significantly decreased TNF- α levels in tears from patients
247 with corneal rejection relative to those with uncomplicated
248 corneal grafts. It has been suggested that TNF- α can induce
249 apoptosis with corneal endothelial and epithelial cells sus-
250 ceptibility (Niederkrorn and others 2004).

251 The reduced level of IL-10 in tears of patients with endo-
252 thelial rejection could be an important attribute of the patho-
253 physiology of transplant rejection. IL-10 has the potential
254 to reduce the rejection incidence and prolong graft survival
255 in animal models (Klebe and others 2001; Gong and others
256 2007; Chen and others 2007). Accordingly, we hypothesized
257 that increased levels of tear IL-10 in eyes with clear corneal
258 grafts could be an indicator of graft tolerance, whereas dur-
259 ing rejection IL-10 can act as an inhibitory factor for T-helper
260 Type 1 responses. The IL-10 concentration was significantly
261 lower in tears of patients with rejection compared to those
262 with nonrejection. IL-10 decreases the expression of MHC
263 class II in monocytes/macrophages, thus interfering with
264 their antigen-presenting function. IL-10 also modulates
265 monocytes by suppressing the production of other proin-
266 flammatory cytokines, TNF- α , IL-1 β , and IL-8 (Dallman
267 1993), and is released after apoptosis induction in activated
268 T cells (King and others 2000). The reduced level of IL-10 in
269 the tears of patients with rejection results in a trend toward
270 increased ratios of IL-6/IL-10 and IL-8/IL-10, and decreased
271 TNF- α /IL-10. Disruption of the balance of pro- and anti-
272 inflammatory cytokines may lead to transplant rejection
273 and decreased corneal graft tolerance.

274 The induction of immunity to graft antigens in the drain-
275 ing lymph nodes after cornea transplantation occurs via
276 an IL-12 and INF- γ -dependent mechanism (Liu and oth-
277 ers 2001). A significant up-regulation of IL-12 mRNA was
278 observed in rejected corneal allografts in rats (King and
279 others 2000). The local delivery of IL-12p40 results in partial
280 inhibition of activated T-cell infiltration and the release of
281 Th1 cytokines, both playing critical roles in corneal allograft
282 rejection, but not sufficient to prevent rejection (Torres and
283 others 1996; Ritter and others 2007). Our results reveal sig-
284 nificant decrease in IL-12p70 in tears of patients with corneal
285 rejection compared to uncomplicated grafts along with the
286 results by Klebe et al. (2005).

287 The present study contains few limitations: constrained
288 number of patients involved in the tear sampling; few tear
289 samples having cytokine concentrations near the detection
290 limit; treatments in the different patient groups being not
291 completely similar (i.v. or oral steroid was mainly used in the
292 graft rejection group). Our stratified statistical data analysis

- revealed that the systemic administration of steroids did not exert a confounding effect on our results. We hoped to identify a cytokine that could be used as a marker of transplant rejection in human tears; however, further investigations are needed to identify it. This study is a first step toward establishing immunological analysis of tears from patients undergoing keratoplasty that could be used as a predictor of clinical status and need for preventive therapy.
- Acknowledgment**
- This work was supported by the Hungarian Research Fund (OTKA TO 38348).
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Received 4 December 2008/Accepted 7 January 2009

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