



# Overall Survival Prediction of Advanced Cancer Patients by Selection of the Most Significant Baseline Serum Biomarker Combination

Daniel Deme<sup>1\*</sup>, Sandor Kovacs<sup>2</sup> and Andras Telekes<sup>1</sup>

<sup>1</sup>Department of Medical Oncology, Szent Lázár County Hospital, Salgótarján, Hungary, <sup>2</sup>Department of Economical and Financial Mathematics, University of Debrecen, Debrecen, Hungary

**Introduction:** Consistent association between elevated baseline serum values and C-reactive protein (CRP), cross-linked fibrin degradation products (D-dimer), lactate dehydrogenase (LDH), decreased baseline serum albumin, absolute lymphocyte count to absolute monocyte count ratio (LMR), elevated absolute neutrophil count to absolute lymphocyte count ratio (NLR), elevated platelet count to absolute lymphocyte count ratio (PLR), and between some combinations of these biomarkers and the short overall survival of patients with malignant diseases has already been reported. These biomarkers are independent prognostic factors for cancer. Here, the most significant biomarker combination of these values was searched and studied in real-life advanced cancer patients of a single center.

**Methods:** The authors retrospectively analyzed the association of the aforementioned biomarkers and their combination and OS of 75 consecutive cancer patients with locally advanced, recurrent, or metastatic diseases. Validated cut-off determination was used.

**Results:** CRP, albumin, and PLR showed marked association with OS. Cut-off values for significant shorter OS were 30.65 mg/L ( $p < 0.001$ ), 44.35 g/L ( $p < 0.001$ ), and 168.20 ( $p < 0.001$ ), respectively. Based on assessed biomarker cut-offs, four patient groups were created to determine whether biomarker values were out of range (ORV) compared to cut-off: 1) No ORV biomarkers ( $n = 24$ ; OS = 26.07 months); 2) one ORV biomarker ( $n = 21$ ; OS = 13.50 months); 3) two ORV biomarkers ( $n = 20$ ; OS = 7.97 months), and 4) three ORV biomarkers ( $n = 10$ ; OS = 3.91 months). Significant differences in OS were detected between the groups: For 1. vs. 2. hazard ratio (HR) = 3.0 (95% CI: 1.5–6.2),  $p = 0.003$ ; for 1. vs. 3. HR = 4.1 (95% CI: 2.0–8.3),  $p < 0.001$ ; and for 1. vs. 4. HR = 10.2 (95% CI: 4.2–24.6),  $p < 0.001$ .

**Conclusion:** Based on our analysis, we can confirm that the complex monitoring of CRP, albumin, and PLR would provide a good estimation of OS. Large scale prospective studies are warranted to explore this and other useful combinations of prognostic biomarkers and their relationship to the well-established prognostic systems in real-life.

**Keywords:** overall survival, advanced cancer, serum biomarkers, prognostic importance, CRP, albumin, PLR

## OPEN ACCESS

### Edited and reviewed by:

Anna Sebestyén,  
Semmelweis University, Hungary

### \*Correspondence:

Daniel Deme  
danieldeme\_md@gmail.com

**Received:** 04 August 2021

**Accepted:** 04 January 2022

**Published:** 31 January 2022

### Citation:

Deme D, Kovacs S and Telekes A  
(2022) Overall Survival Prediction of  
Advanced Cancer Patients by  
Selection of the Most Significant  
Baseline Serum  
Biomarker Combination.  
*Pathol. Oncol. Res.* 28:1610004.  
doi: 10.3389/pore.2022.1610004

## INTRODUCTION

Some routinely measured laboratory analyte baselines have been shown to have prognostic importance in malignant diseases. Both prospective and retrospective studies and also meta-analyses have described the poor prognostic role of elevated baseline C-reactive protein (CRP) (1–4), cross-linked fibrin degradation products (D-dimer) (5–8), lactate dehydrogenase (LDH) (9–12), and decreased albumin (13–15) in cancer. Deme and Telekes have also reviewed the value of elevated CRP (16), D-dimer (17), LDH (18), and decreased albumin (19) for poor outcomes of cancer patients. Decreased lymphocyte to monocyte ratio (LMR) is a factor for adverse prognosis in several cancers (20–24). Based on a large scale (25) and further smaller meta-analyses (26–33), a high absolute neutrophil count to absolute lymphocyte count ratio (NLR) has also been associated with short overall survival (OS) in many solid malignant diseases. Elevated platelet count to absolute lymphocyte count ratio (PLR) was also shown to be an adverse prognostic factor in various cancers (34–45).

Here, we evaluated the associations of baseline CRP, D-dimer, LDH, albumin, LMR, NLR, and PLR with the outcome of 75 consecutive patients with advanced cancer suitable for anticancer therapy, i.e., Eastern Cooperative Oncology Group (ECOG) performance status  $\leq 2$ . Our hypothesis was that we could find the combination of the most significant biomarkers, which would provide accurate prediction for OS in a real-life setting, and the results may confirm the data of the literature.

## MATERIALS AND METHODS

### Patients

Blood samples of consecutive patients with locally advanced, recurrent, or metastatic malignant diseases were taken in our clinical chemistry laboratory (Szent Lázár County Hospital, Salgótarján, Hungary) as part of the routine investigation before the initiation of the therapy of the given disease. Obvious symptoms and signs of common infectious diseases were assessed (purulent cough, pulmonary crackles, or symptomatic bacteriuria). Exclusion criteria included suspected infection, hematological malignancy, the lack of at least one biomarker data point, rapid progression (i.e., from laboratory testing, ECOG performance status progressed to 3 before the initiation of anticancer treatment), or death caused by something other than disease progression. Patients with all the following biomarkers available were included in the study: CRP, D-dimer, LDH, albumin, and complete blood count (CBC). Data of 13 excluded patients are given in **Supplementary File S1**.

### Methods

CRP, LDH, and albumin were measured with commercially available Roche tests on Cobas c501 or Cobas 6000 analyzers (Tokyo, Japan). D-dimer levels were measured by a

chemiluminescent immunoassay (PATHFAST, Tokyo, Japan). CBC was determined with Cell-dyn 3700 (Abbott Park, IL, United States and Beckman Unicel DxH600, Miami, FL, United States). The LMR, NLR, and PLR were calculated as the ratio of the lymphocyte count and the monocyte count, the ratio of the neutrophil count and the lymphocyte count, and the ratio of the platelet count and the lymphocyte count, respectively.

### Statistical Analysis

For the purpose of statistical analysis, we used for CRP  $<5$  mg/L (lower level of detection), the value of 4.9 mg/L, and for D-dimer  $>5$  mcg/mL (higher level of detection), the value of 5.1 mcg/mL. All other biomarker values were handled with the measured numeric values. Cut-off determination was performed with the validated “Cutoff Finder” online tool (46). After uploading the tab separated value file (**Supplementary File S2**), for each biomarker the “Survival Time” was OS or censored OS, the “Survival Event” was the variate of 1 for OS or 0 for censored OS, and the “Method for cut-off determination” was “Survival: significance (log-rank test). Statistical analysis was performed by R Studio Software (47). Semicolon separated value file (**Supplementary File-2b.csv**) was used.” For each value a comparison was made between the median OS values below and over the cut-off value by the log-rank test. The value with the largest gap and Chi-squared statistics was selected. Comparison of the prognostic groups with Cox proportional hazard regression was performed. Log-rank test was used to detect the differences between survival curves within the prognostic groups in the Kaplan-Meier analysis as well as to assess the significance of the Cox model. Effect size estimation was performed for the Mann-Whitney probe by calculating the so called Eta-squared value. Between 0.06 and 0.14, the effect can be considered medium-sized, while over 0.14 it can be considered large. Power analysis was performed with the “powerCT” function in the “powerSurvEpi” package of the R Studio software. All figures were drawn as vector graphics in Scalable Vector Graphic format in the “ggsvplot” and “ggforest” functions in the “survminer” package of the R Studio software (47) and edited by Inkscape software (<https://inkscape.org>). The R-script is available in **Supplementary File S3**.

OS time was defined as the length of survival from the date of laboratory testing. Survival data measured in months were computed according to Surveillance, Epidemiology, and End Results (SEER) recommendations (<https://seer.cancer.gov/survivaltime/SurvivalTimeCalculation.pdf>): days between the dates were divided by one twelfth of 365.24. For the median follow-up time calculation, we used a reverse Kaplan-Meier estimator (48).

## RESULTS

### Patient Characteristics

Between July 2016 and August 2019, blood samples of 88 consecutive patients with locally advanced, recurrent, or metastatic malignant disease were analyzed. No common

**TABLE 1** | Characteristics of the 75 patients.

Sex					
Average age	Male	57.3% (43/75)			
	Female	42.6% (32/75)			
Malignancy (n = 75)	Male	62.97 years			
	Female	66.65 years			
	Locally advanced (20/75)				TNM stage
		HNSCC (8/20)	Nasopharynx		cT4cN1cM0
			Hard palate		cT3cN2acM0
			Pharynx		cT2cN0cM0
			Hypopharynx		cT3cNxcM0
					cT3cN0cM0
					cT3cN1cM0
					cT2cN2bcM0
					cT2cN1cM0
		SCLC & hypopharyngeal SCC (1/20)			cT2cN2cM0;cT1cNxcM0
		SCLC (1/20)			cT3cN3cM0
		NSCLC SCC (2/20)			cT4cN2cM0
					cT2cNxcM0
		NSCLC AC (3/20)			cT2cNxcM0
					cT4cN1cM0
					cT3cN2cM0
		GC AC (1/20)			cT3cN1cM0
		PC AC (1/20)			cT4cNxcM0
		CRC (2/20)			
			Transverse colon		cT4cN2cM0
			Rectum		cT4cN1cM0
		OC (1/20)			
	Recurrent (6/75)		AC		cT3cN1cM0
		HNSCC (2/6)			
			Tongue		cT2cN1cM0
	Recurrent (6/75)		Pharynx		cT2cN2acM0
		GC AC (1/6)			
		BC (3/6)	Abdominal lymph node		pT3pN2cM0
			Axillary lymph node		cT1ccN1cM0
			Neck lymph node		pTxcN3cM0
			Local		cT4cNxcM0
	Metastatic (49/75)				
		Parotid SCC (1/49)	Suprarenal met.		T3cN2bcM1
		Tongue SCC (1/49)	Pulmonary met.		cT1cN2acM1
		Hypopharyngeal SCC (2/49)	Pulmonary met.		cT1cN1cM1
			Osseal met.		cT1cN1cM1
		NSCLC AC (4/49)	Pulmonary, cerebral met.	cT2cN2cM1	cT2cN2cM1
			Pleural carcinosis		cT1ccNxpM1
			Osseal met.		cT3cN2cM1
					cT4cN2cM1
			Pulmonary, osseal met.		pT2pN1pM1
		NSCLC SCC (2/49)	Osseal met.		cT4cN2cM1
			Pulmonary, osseal met.		cT3cN1cM1
		GC AC (2/49)	Hepatic met.		cT3cN3cM1
			Peritoneal carcinosis		cT3cNxcM1
					cT4cN3cM1
		CRC AC cecal (4/49)			

(Continued on following page)

**TABLE 1** | (Continued) Characteristics of the 75 patients.

Malignancy (n = 75)		TNM stage
Metastatic (49/75)	Hepatic met.	pT4pN1pM1 pT3pN2pM1
	Hep. met., perit. carcinosis	cT4cNxcM1 cT4cN1pM1
CRC AC transverse (1/49)	Hepatic met.	pT4pN1pM1
CRC AC sigmoid (1/49)	Peritoneal carcinosis	pT3pN2pM1
CRC AC rectal (8/49)	Hepatic met.	cT4cNxpM1 pT2pN1pM1 pT2pNxpM1 cT4cN2pM1
PC AC (8/49)	Hepatic, pulmonary met	pT3pN1pM1 pT3pN1pM1 cT4cNxcM1 cT4cN1cM1
	Pulmonary met.	
	Pulmonary met.	cTxcN2cM1
	Osseal met. Osseal, cerebral met. Hepatic met.	cTxcNxcM1 cT2cN2cM1 cT2cNxpM1 cT2cNxpM1 cT2cN2pM1 cT2cN2pM1 cT2cN1pM1
Cholecyst AC (1/49)	Hepatic met.	pT2pN1pM1
PCA (3/49)	Hep., pulm., osseal met. Pulmonary, osseal met. Osseal met.	pT1ccN1cM1 pT2acNxcM1 cT2acN1cM1
Bladder TCC (1/49)	Pulmonary met.	pT2bpN2cM1
BC NST (5/49)	Pulmonary, osseal met.	pT4cpN3acM1 pT1cpN2cM1
BC neuroendocrine (1/49)	Perit. carcin., osseal met Osseal met.	pT2pN2acM1 pT1cpN2acM1 cT4cN1cM1
	Mediastinal, osseal met.	cT4cN1cM1
OC AC (2/49)	Pulmonary met.	cT1bcNxcM1 cT3cN1cM1

AC, adenocarcinoma; BC, breast cancer; CRC, colorectal cancer; GC, gastric cancer; HNSCC, head and neck squamous cell carcinoma; NSCLC, non-small cell lung cancer; NST, non specified type; OC, ovarian cancer; PC, pancreatic cancer; PCA, prostate adenocarcinoma; SCC, squamous cell carcinoma; SCLC, small cell lung cancer; TCC, transitional cell carcinoma.

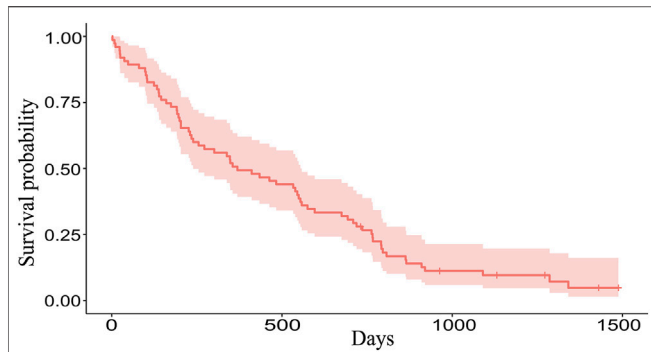
infectious diseases were diagnosed. Data of 13 patients were excluded from the final analysis because of hematological malignancy 1), the lack of any biomarker data (2), death caused by rapid progression before the initiation of anticancer therapy (4), or by other cause of death than disease progression (6). Thus the final retrospective analysis included the data of 75 patients. The shortest censored survival time was 24 months, i.e., the time elapsed since July 2019. As of July 2021, six (8%) patients were still alive. Data of patient characteristics are described in **Table 1**. Additional data are given in **Supplementary Tables S1–S11** in **Supplementary File S1**.

## Baseline Biomarkers and Survival

The Kaplan-Meier plot was used to determine the median OS and the median follow-up times. With a median follow-up of 46.98 months [95% confidence interval (CI): 37.16–49.28] the median OS was 12.12 months (95% CI: 7.85–18.33) (**Figure 1**). Mean values of CRP, D-dimer, LDH, albumin, LMR, NLR, and PLR were 28.83 mg/L, 1.70 mcg/mL, 482.12 U/L, 41.62 g/L, 3.41, 4.29, and 168.83, respectively.

## Determination of Cut-off Values

The following cut-off values were determined for CRP (Chi-squared = 20.85;  $p < 0.001$ ), D-dimer (Chi-squared = 12.94;



**FIGURE 1** | The Kaplan-Meier plot of 75 patients. Overall, 69 patients died and 6 patients are still alive (censored data). Median OS is 369 days (12.12 months), range 2–1488 days (0.06–48.89 months).

$p < 0.001$ ), LDH (Chi-squared = 10.45;  $p < 0.001$ ), albumin (Chi-squared = 15.63;  $p < 0.001$ ), LMR (Chi-squared = 3.45;  $p = 0.063$ ), NLR (Chi-squared = 10.50;  $p < 0.001$ ), and PLR (Chi-squared = 15.17;  $p < 0.001$ ): 30.65 mg/L, 1.98 mcg/mL, 410.50 U/L, 44.35 g/L, 2.65, 4.34, and 168.20, respectively. The three most significant biomarkers were the following: CRP (Eta-squared = 0.188; large power size), albumin (Eta-squared = 0.147; large power size), and PLR (Eta-squared = 0.153; large power size).

### The Relationship Between the Prognostic Cut-off Values and Survival

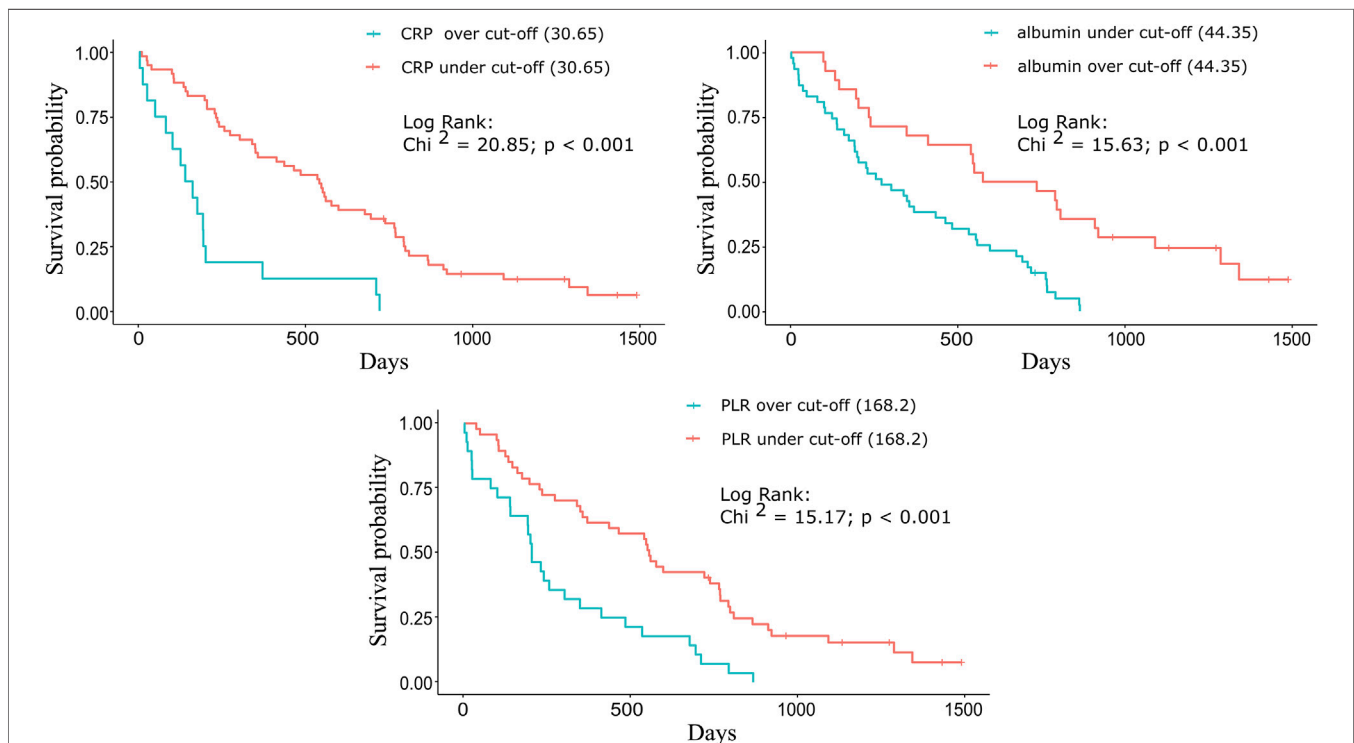
For each biomarker, a Kaplan-Meier plot was used to compare the median OS of the groups above and below the cut-off value (Figures 2A–C). For CRP and PLR (Figures 2A,C), longer survivals were found below than above the cut-off value. For albumin (Figure 2B), longer survival was found above the cut-off values (Table 2).

### Classification of Patients Into Risk Groups

With the combination of three biomarkers, prognostic groups were created independently from stage, histology, and time to progression on first line therapy (Supplementary File S1). Four prognostic groups were formed based on the cut-off values of each biomarker. Group 1: No biomarker with out-of-range value (ORV), defined by the cut-off value; group 2: One ORV biomarker; group 3: Two ORV biomarkers; and group 4: Three ORV biomarkers (Table 3). Significant differences were detected between these groups (Table 4, Figure 3). The likelihood ratio test of the Cox model regression parameters for the four groups was 29.5 ( $p < 0.001$ ).

### Evaluation of the Survival Prediction of Three Biomarkers

We compared the median OS of groups with one ORV biomarker with that of groups with two and three ORV biomarkers using the



**FIGURE 2** | Kaplan-Meier plots for the three significant biomarkers. For (A) CRP and (C) PLR, longer survivals were found below the cut-off (30.65 mg/L and 168.20) values: 539 vs. 149 days (17.71 vs. 4.89 months) and 554 vs. 203 days (18.20 vs. 6.67 months). For (B) albumin, longer survival was found above the cut-off (44.35 g/L) value: 655.5 vs. 272 days (21.54 vs. 8.94 months).

**TABLE 2** | Comparison of the median OS based on the cut-off value for each significant biomarker.

Cut-off value	CRP (mg/L)		Albumin (g/L)		PLR	
	>30.65	≤30.65	≤44.35	>44.35	>168.20	≤168.20
n =	16	59	47	28	28	57
Median OS (months)	4.89	17.71	8.94	21.54	6.67	18.20
Mann-Whitney test (Z statistic)	3.75		3.32		3.38	
p-value	<0.001		<0.001		<0.001	

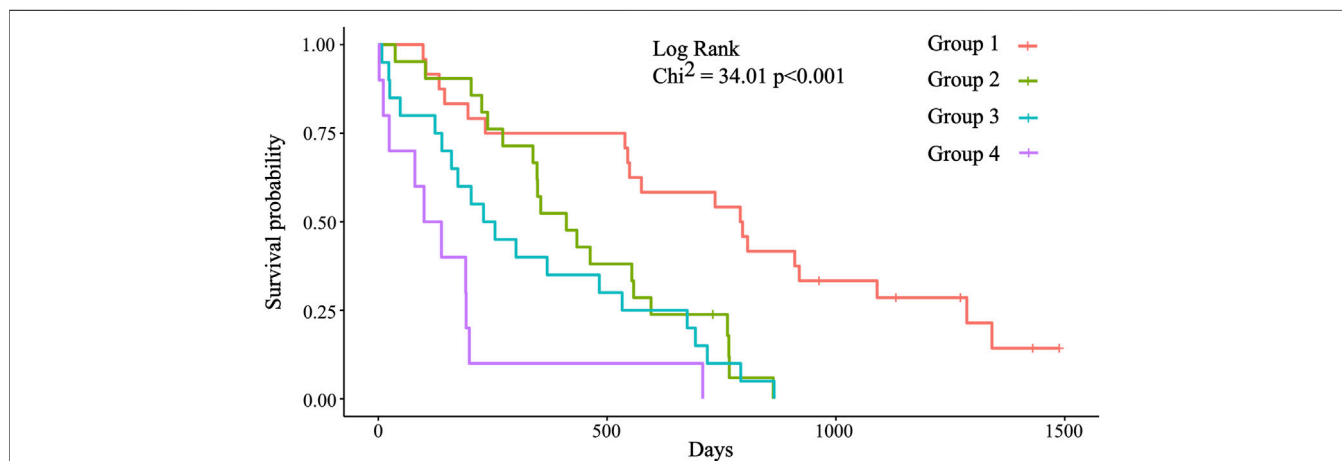
**TABLE 3** | The four prognostic groups based on the established cut-off values of the selected three biomarkers.

	Group 1		Group 2		Group 3		Group 4	
CRP (mg/L)	≤30.65	> <b>30.65</b>	≤30.65	≤30.65	> <b>30.65</b>	> <b>30.65</b>	≤30.65	> <b>30.65</b>
Albumin (g/L)	>44.35	>44.35	≤ <b>44.35</b>	>44.35	≤ <b>44.35</b>	>44.35	≤ <b>44.35</b>	≤ <b>44.35</b>
PLR	≤168.20	≤168.20	≤168.20	> <b>168.20</b>	≤168.20	> <b>168.20</b>	> <b>168.20</b>	> <b>168.20</b>

Out-of-range values (ORV) of the biomarkers are in bold.

**TABLE 4** | Prognostic significance of the four prognostic groups.

Group	n =	Median OS (m)	HR (95%CI)	p-value	Power (95%CI)
1	24	26.07	1	-	-
2	21	13.50	3.0 (1.5–6.2)	0.003	0.896 (0.242–0.997)
3	20	7.97	4.1 (2.0–8.3)	<0.001	0.976 (0.570–0.999)
4	10	3.91	10.2 (4.2–24.6)	<0.001	0.999 (0.981–1)



**FIGURE 3** | Kaplan-Meier survival plots for the four prognostic groups. Group 1: Median OS = 793.5 days (26.07 months); group 2: Median OS = 411.0 days (13.50 months); group 3: Median OS = 242.5 days (7.97 months); group 4: Median OS = 119 days (3.91 months). Significant differences were detected between group 1 (reference) and groups 2, 3, and 4 ( $p = 0.003$ ;  $p < 0.001$ ;  $p < 0.001$ ).

Mann-Whitney test and Z statistic (**Table 5**). The comparison of the group of ORV albumin with the group of ORV CRP and albumin values indicated a significant difference ( $p = 0.04$ ; Eta-squared = 0.067; medium power size). A similar significance was detected comparing the group ORV albumin with the group of

ORV CRP and PLR ( $p = 0.026$ ; Eta-squared = 0.087; medium power size). The cases in the groups of ORV CRP and PLR also had ORV albumin.

No significant differences were found between the groups with two ORV biomarkers with three ORV biomarkers.

**TABLE 5** | Survival prediction of the usage of two ORV biomarkers\* compared to the usage of one ORV biomarker.

	CRP > 30.65 mg/L with albumin ≤ 44.35 g/L			CRP > 30.65 mg/L with PLR > 168.20#			Albumin ≤ 44.35 g/L with PLR > 168.20		
n =	16			10			24		
Median OS (m)	4.89			3.91			6.42		
Ref. §	CRP > 30.65	Alb. ≤ 44.35	PLR > 168.20	CRP > 30.65	Alb. ≤ 44.35	PLR > 168.20	CRP > 30.65	Alb. ≤ 44.35	PLR > 168.20
M-W test Z statistic	0	2.05	1.32	0.47	2.22	1.66	-0.91	1.14	0.26
p-value	1	<b>0.040</b>	0.188	0.635	<b>0.026</b>	0.097	0.362	0.253	0.790

\*Irrespective of the third biomarker value.

#Group with elevated ORV CRP and PLR values also had decreased ORV albumin values. Consequently no patient with ORV CRP and PLR with normal albumin was present.

§Each reference group has one ORV biomarker.

## DISCUSSION

In this retrospective and confirmatory analysis, we applied seven routinely measured clinical laboratory parameters (CRP, albumin, D-dimer, LDH, and based on CBC, calculated LMR, NLR and PLR) to a consecutive real-life patient population of locally advanced, recurrent, and metastatic malignant diseases at a single institution (Szent Lázár County Hospital), and searched for the most significant combination. These parameters and some of their combinations have already been proven to be independent prognostic factors for cancer.

Chronic low grade and intensity inflammation might precede malignant transformation and is considered to be a predisposing factor in cancer development (49). CRP is regarded as a biomarker of acute and chronic inflammation. Without other inflammatory processes, CRP may be increased (upper limit of normal CRP < 5 mg/L) in malignant diseases. In early-stage malignant diseases, a baseline normal CRP level correlates with longer OS. In locally advanced and metastatic settings, lower baseline CRP correlates with better prognosis (16).

Formation of serum albumin is determined by the osmotic colloid pressure, by the inflammatory and nutritional state of the body, and by hormonal factors. In cases of patients with localized malignant diseases both moderate hypoalbuminemia (<34 g/L) and a normal albumin level can occur. However, during disease progression, weight loss is accompanied by a significant decrease of albumin level. In a locally advanced and/or metastatic setting, serum albumin level diminishes independently in the presence of malnutrition. Lower baseline albumin suggests poor survival (19).

Elevated PLR (e.g., ≥200; >146.2; ≥180; >150; >220; >181.24) was proven to be an adverse prognostic factor in various cancers (34–45).

Here, the three most significant biomarkers were found: CRP, albumin, and PLR (Table 2), and stratification of the patients into one of the four groups was performed according to the number of ORV biomarkers (Table 3). We found that these prognostic groups enable the identification of good, moderate, intermediate, and poor OS patients with reasonable accuracy (Figure 3, Table 4). Based on our results, we can confirm that a combination of biomarkers probably has a better prognostic value than any of the single biomarkers (Table 5). Other prognostic threshold values published in previous studies were comparable to our results (16, 19, 34–45).

Our analysis has some limitations. First, the patient population for this small-scale retrospective analysis is histologically heterogenous. Second, regarding the stage, these unbalanced cohorts of locally advanced, recurrent, or metastatic

diseases are also heterogenous. Third, the identified cut-off values by this study for CRP, albumin, and PLR are slightly different from those used by other studies, therefore they need to be validated in a large-scale prospective study. Fourth, there are multiple factors that could have a possible influence on the OS of patients that were not monitored in our analysis.

## CONCLUSION

Based on our analysis, we can confirm that the combination of serum biomarkers measured at baseline would provide accurate estimation for OS in real-life advanced cancer patients. We were able to establish consistent prognostic groups using the most significant three biomarkers. The OS was significantly different in each of the prognostic groups developed. One advantage of our study is that these parameters can be routinely measured without additional costs. We are persuaded that the prognostic significance of these and other biomarker patterns, and their role in relation to the well-established prognostic systems, warrants further investigation and validation in large prospective cohorts of real-life cancer patients.

## DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary Material.

## ETHICS STATEMENT

Ethical approval was waived by the Medical Research Council (No. IV/5406- 1 /2021/EKU) in view of the retrospective nature of the study and all the procedures being performed were part of the routine care.

## AUTHOR CONTRIBUTIONS

DD collected the data and summarized them in a datasheet, wrote the manuscript, and created the tables. SK performed all statistical tests and drew the statistical figures. AT raised the study idea, supported the study, and critically reviewed the manuscript.

## CONFLICT OF INTEREST

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## ACKNOWLEDGMENTS

Hereby the authors of this work thank the detailed evaluations and the valuable suggestions of Prof. Barna Vászárhelyi, the Director of Department of Laboratory Medicine of the Semmelweis University, Budapest.

## REFERENCES

- Nixon AB, Pang H, Starr MD, Friedman PN, Bertagnolli MM, Kindler HL, et al. Prognostic and Predictive Blood-Based Biomarkers in Patients with Advanced Pancreatic Cancer: Results from CALGB80303 (Alliance). *Clin Cancer Res* (2013) 19:6957–66. doi:10.1158/1078-0432.CCR-13-0926
- Nakagawa K, Tanaka K, Nojiri K, Kumamoto T, Takeda K, Ueda M, et al. The Modified Glasgow Prognostic Score as a Predictor of Survival after Hepatectomy for Colorectal Liver Metastases. *Ann Surg Oncol* (2014) 21:1711–8. doi:10.1245/s10434-013-3342-6
- Liao DW, Hu X, Wang Y, Yang ZQ, Li X. C-reactive Protein Is a Predictor of Prognosis of Prostate Cancer: A Systematic Review and Meta-Analysis. *Ann Clin Lab Sci* (2020) 50:161–71.
- Chen Y, Cong R, Ji C, Ruan W. The Prognostic Role of C-reactive Protein in Patients with Head and Neck Squamous Cell Carcinoma: A Meta-analysis. *Cancer Med* (2020) 9:9541–53. doi:10.1002/cam4.3520
- Wang Y, Wang Z. Predictive Value of Plasma D-Dimer Levels in Patients with Advanced Non-small-cell Lung Cancer. *Ott* (2015) 8:805–8. doi:10.2147/OTT.S78154
- Liu P, Zhu y., Liu I. Elevated Pretreatment Plasma D-Dimer Levels And platelet Counts Predict Poor Prognosis In pancreatic Adenocarcinoma. *Ott* (2015) 8:1335–40. doi:10.2147/OTT.S82329
- Wu J, Fu Z, Liu G, Xu P, Xu J, Jia X. Clinical Significance of Plasma D-Dimer in Ovarian Cancer. *Medicine (Baltimore)* (2017) 96:e7062. doi:10.1097/MD.0000000000007062
- Ma M, Cao R, Wang W, Wang B, Yang Y, Huang Y, et al. The D-Dimer Level Predicts the Prognosis in Patients with Lung Cancer: a Systematic Review and Meta-Analysis. *J Cardiothorac Surg* (2021) 16:243. doi:10.1186/s13019-021-01618-4
- Ji F, Fu S-J, Guo Z-Y, Pang H, Ju W-Q, Wang D-P, et al. Prognostic Value of Combined Preoperative Lactate Dehydrogenase and Alkaline Phosphatase Levels in Patients with Resectable Pancreatic Ductal Adenocarcinoma. *Medicine (Baltimore)* (2016) 95:e4065. doi:10.1097/MD.0000000000004065
- Liu R, Cao J, Gao X, Zhang J, Wang L, Wang B, et al. Overall Survival of Cancer Patients with Serum Lactate Dehydrogenase Greater Than 1000 IU/L. *Tumor Biol* (2016) 37:14083–8. doi:10.1007/s13277-016-5228-2
- Li F, Xiang H, Pang Z, Chen Z, Dai J, Chen S, et al. Association between Lactate Dehydrogenase Levels and Oncologic Outcomes in Metastatic Prostate Cancer: A Meta-analysis. *Cancer Med* (2020) 9:7341–51. doi:10.1002/cam4.3108
- Deng T, Zhang J, Meng Y, Zhou Y, Li W. Higher Pretreatment Lactate Dehydrogenase Concentration Predicts Worse Overall Survival in Patients with Lung Cancer. *Medicine (Baltimore)* (2018) 97:e12524. doi:10.1097/MD.00000000000012524
- Win T, Sharples L, Groves AM, Ritchie AJ, Wells FC, Laroche CM. Predicting Survival in Potentially Curable Lung Cancer Patients. *Lung* (2008) 186:97–102. doi:10.1007/s00408-007-9067-1
- Shibutani M, Maeda K, Nagahara H, Iseki Y, Ikeya T, Hirakawa K. Prognostic Significance of the Preoperative Ratio of C-Reactive Protein to Albumin in Patients with Colorectal Cancer. *Anticancer Res* (2016) 36:995–1001.

## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.por-journal.com/articles/10.3389/pore.2022.1610004/full#supplementary-material>

**Supplementary File S1** | Summary of the data of 13 excluded patients. Additional data of 75 patients demonstrated in Supplementary Tables S1–S11.

**Supplementary File S2** | The biomarker values in a tab separated value file for “Cutoff Finder.”

**Supplementary File S3** | The biomarker and survival values in semicolon separated value file for the analysis in R Studio Software.

**Supplementary File S4** | R-code is extended with the script of the KM curves for the prognostic groups.

- Liu J, Wang F, Li S, Huang W, Jia Y, Wei C. The Prognostic Significance of Preoperative Serum Albumin in Urothelial Carcinoma: a Systematic Review and Meta-Analysis. *Biosci Rep* (2018) 38:BSR20180214. doi:10.1042/BSR20180214
- Deme D, Telekes A. A C-Reaktív Protein (CRP) Plazmaszintjének Prognosztikai Jelentősége Az Onkológiában. *Orvosi Hetilap* (2017) 158:243–56. Hungarian. doi:10.1556/650.2017.30646
- Deme D, Telekes A. Prognostic Importance of Cross-Linked Fibrin Degradation Products (D-Dimer) in Oncology. *Magy Onkol* (2017) 61:319–26. Hungarian.
- Deme D, Telekes A. A Laktátdehidrogenáz (LDH) Prognosztikai Jelentősége Az Onkológiában. *Orvosi Hetilap* (2017) 158:1977–88. Hungarian. doi:10.1556/650.2017.30890
- Deme D, Telekes A. Az Albumin Prognosztikai Jelentősége Az Onkológiában. *Orvosi Hetilap* (2018) 159:96–106. Hungarian. doi:10.1556/650.2018.30885
- Song L, Zhu J, Li Z, Wei T, Gong R, Lei J. The Prognostic Value of the Lymphocyte-To-Monocyte Ratio for High-Risk Papillary Thyroid Carcinoma. *Cmar* (2019) Vol. 11:8451–62. doi:10.2147/CMAR.S219163
- Chen X-Q, Xue C-R, Hou P, Lin B-Q, Zhang J-R. Lymphocyte-to-monocyte Ratio Effectively Predicts Survival Outcome of Patients with Obstructive Colorectal Cancer. *Wjg* (2019) 25:4970–84. doi:10.3748/wjg.v25.i33.4970
- Song Q, Wu J-z., Wang S. Low Preoperative Lymphocyte to Monocyte Ratio Serves as a Worse Prognostic Marker in Patients with Esophageal Squamous Cell Carcinoma Undergoing Curative Tumor Resection. *J Cancer* (2019) 10:2057–62. doi:10.7150/jca.29383
- Lu C, Zhou L, Ouyang J, Yang H. Prognostic Value of Lymphocyte-To-Monocyte Ratio in Ovarian Cancer. *Medicine (Baltimore)* (2019) 98:e15876. doi:10.1097/MD.00000000000015876
- Zhou W, Kuang T, Han X, Chen W, Xu X, Lou W, et al. Prognostic Role of Lymphocyte-To-Monocyte Ratio in Pancreatic Neuroendocrine Neoplasms. *Endocr Connect* (2020) 9:289–98. pii: EC-19-0541.R1. doi:10.1530/EC-19-0541
- Templeton AJ, McNamara MG, Šeruga B, Vera-Badillo FE, Aneja P, Ocaña A, et al. Prognostic Role of Neutrophil-To-Lymphocyte Ratio in Solid Tumors: a Systematic Review and Meta-Analysis. *J Natl Cancer Inst* (2014) 106(6):dju124. doi:10.1093/jnci/dju124
- Yang Y, Liu R, Ren F, Guo R, Zhang P. Prognostic and Clinicopathological Significance of Neutrophil-To-Lymphocyte Ratio in Patients with Oral Cancer. *Biosci Rep* (2018) 38:BSR20181550. pii. doi:10.1042/BSR20181550
- Chen G, Zhu L, Yang Y, Long Y, Li X, Wang Y. Prognostic Role of Neutrophil to Lymphocyte Ratio in Ovarian Cancer: A Meta-Analysis. *Technol Cancer Res Treat* (2018) 17:153303381879150. doi:10.1177/1533033818791500
- Liu G, Ke L-c., Sun S-R. Prognostic Value of Pretreatment Neutrophil-To-Lymphocyte Ratio in Patients with Soft Tissue Sarcoma. *Medicine (Baltimore)* (2018) 97:e12176. doi:10.1097/MD.00000000000012176
- Pirozzolo G, Gisbertz SS, Castoro C, van Berge Henegouwen MI, Scarpa M. Neutrophil-to-lymphocyte Ratio as Prognostic Marker in Esophageal Cancer: a Systematic Review and Meta-Analysis. *J Thorac Dis* (2019) 11:3136–45. doi:10.21037/jtd.2019.07.30



30. Wang Z, Zhan P, Lv Y, Shen K, Wei Y, Liu H, et al. Prognostic Role of Pretreatment Neutrophil-To-Lymphocyte Ratio in Non-small Cell Lung Cancer Patients Treated with Systemic Therapy: a Meta-Analysis. *Transl Lung Cancer Res* (2019) 8:214–26. doi:10.21037/tlcr.2019.06.10
31. Ding Y, Zhang S, Qiao J. Prognostic Value of Neutrophil-To-Lymphocyte Ratio in Melanoma. *Medicine (Baltimore)* (2018) 97:e11446. doi:10.1097/MD.00000000000011446
32. Maretty-Nielsen K. Prognostic Factors in Soft Tissue Sarcoma. *Dan Med J* (2014) 61:B4957.
33. Cho J-K, Kim MW, Choi IS, Moon UY, Kim M-J, Sohn I, et al. Optimal Cutoff of Pretreatment Neutrophil-To-Lymphocyte Ratio in Head and Neck Cancer Patients: a Meta-Analysis and Validation Study. *BMC Cancer* (2018) 18:969. doi:10.1186/s12885-018-4876-6
34. Tian C, Song W, Tian X, Sun Y. Prognostic Significance of Platelet-To-Lymphocyte Ratio in Patients with Ovarian Cancer: A Meta-Analysis. *Eur J Clin Invest* (2018) 48(5):e12917. doi:10.1111/eci.12917
35. Wang J, Zhou X, He Y, Chen X, Liu N, Ding Z, et al. Prognostic Role of Platelet to Lymphocyte Ratio in Prostate Cancer. *Medicine (Baltimore)* (2018) 97(40): e12504. doi:10.1097/MD.00000000000012504
36. Cao W, Yao X, Cen D, Zhi Y, Zhu N, Xu L. The Prognostic Role of Platelet-To-Lymphocyte Ratio on Overall Survival in Gastric Cancer: a Systematic Review and Meta-Analysis. *BMC Gastroenterol* (2020) 20:16. doi:10.1186/s12876-020-1167-x
37. Bardash Y, Olson C, Herman W, Khaymovich J, Costantino P, Tham T. Platelet-Lymphocyte Ratio as a Predictor of Prognosis in Head and Neck Cancer: A Systematic Review and Meta-Analysis. *Oncol Res Treat* (2019) 42: 665–77. doi:10.1159/000502750
38. Wang X, Ni X, Tang G. Prognostic Role of Platelet-To-Lymphocyte Ratio in Patients with Bladder Cancer: A Meta-Analysis. *Front Oncol* (2019) 9:757. doi:10.3389/fonc.2019.00757
39. Zhang M, Huang X-z., Song Y-x., Gao P, Sun J-x., Wang Z-N. High Platelet-To-Lymphocyte Ratio Predicts Poor Prognosis and Clinicopathological Characteristics in Patients with Breast Cancer: A Meta-Analysis. *Biomed Res Int* (2017) 2017:1–11. Article ID 9503025. doi:10.1155/2017/9503025
40. Xu W, Wang W, Yang M, Song L, Xiong J, Lin J, et al. Prognostic Significance of the Platelet-To-Lymphocyte Ratio in Ovarian Cancer: a Meta-Analysis. *Translational Cancer Res* (2018) 7:552–60. doi:10.21037/21627
41. Song W, Tian C, Wang K, Zhang R-J, Zou S-B. Preoperative Platelet Lymphocyte Ratio as Independent Predictors of Prognosis in Pancreatic Cancer: A Systematic Review and Meta-Analysis. *PLOS ONE* (2017) 12: e0178762. doi:10.1371/journal.pone.0178762
42. You J, Zhu G-Q, Xie L, Liu W-Y, Shi L, Wang O-C, et al. Preoperative Platelet to Lymphocyte Ratio Is a Valuable Prognostic Biomarker in Patients with Colorectal Cancer. *Oncotarget* (2016) 7:25516–27. doi:10.18632/oncotarget.8334
43. Zhang X, Wang Y, Zhao L, Sang S, Zhang L. Prognostic Value of Platelet-To-Lymphocyte Ratio in Oncologic Outcomes of Esophageal Cancer: A Systematic Review and Meta-Analysis. *Int J Biol Markers* (2018) 33:335–44. doi:10.1177/1724600818766889
44. Lim JU, Yeo CD, Kang HS, Park CK, Kim JS, Kim JW, et al. Elevated Pretreatment Platelet-To-Lymphocyte Ratio Is Associated with Poor Survival in Stage IV Non-small Cell Lung Cancer with Malignant Pleural Effusion. *Sci Rep* (2019) 9:4721. doi:10.1038/s41598-019-41289-9
45. Lee Y, Kim YW, Park DK, Hwang IC. Inverse Association between Platelet-Lymphocyte Ratio and Prognosis in Terminally Ill Cancer Patients: A Preliminary Study. *J Palliat Med* (2017) 20:533–7. doi:10.1089/jpm.2016.0338
46. Budczies J, Klauschen F, Sinn BV, Györfy B, Schmitt WD, Darb-Esfahani S, et al. Cutoff Finder: a Comprehensive and Straightforward Web Application Enabling Rapid Biomarker Cutoff Optimization. *PLoS One* (2012) 7:e51862. Online Cutoff Finder tool is available at [https://molpathoheidelberg.shinyapps.io/CutoffFinder\\_v1/](https://molpathoheidelberg.shinyapps.io/CutoffFinder_v1/) (Accessed September 18, 2021). doi:10.1371/journal.pone.0051862
47. R Core Team. *R: A Language and Environment for Statistical Computing*. Vienna: R Foundation for Statistical Computing (2019). Available at: <https://www.R-project.org>. (Accessed July 11, 2021).
48. Shuster JJ. Median Follow-Up in Clinical Trials. *Jco* (1991) 9:191–2. doi:10.1200/JCO.1991.9.1.191
49. Greten FR, Grivnenikov SI. Inflammation and Cancer: Triggers, Mechanisms, and Consequences. *Immunity* (2019) 51:27–41. doi:10.1016/j.immuni.2019.06.025

Copyright © 2022 Deme, Kovacs and Telekes. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.