

Hemorheological consequences of hind limb ischemia-reperfusion differs in normal and gonadectomized male and female rats

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Abstract. It is known that hemorheological parameters show gender differences that might be altered by gonadectomy (GoE). Since micro-rheological parameters (erythrocyte deformability and aggregation) sensitively change during and after ischemia-reperfusion (I/R), the question arises whether the hemorheological effects of I/R may show gender differences and further changes might be expected when GoE and I/R are additive. Sprague-Dawley rats were divided into six groups: Control males and females, I/R males and females with 1-hour hind limb ischemia, GoE + I/R males and females when 3 months after bilateral gonadectomy the I/R was induced. Before and just after ischemia, and on the 1st-3rd-5th-7th postoperative days blood samples were taken (lateral tail vein, 0.3–0.5 mL) for analyzing hematological parameters, erythrocyte's deformability (slit-flow ektacytometer) and aggregation (light-transmission aggregometer). Leukocyte and platelet counts raised markedly in gonadectomized animals during the investigated days. Hemorheological changes of I/R showed gender differences: significant impairment of erythrocyte deformability was found on the 1st-3rd postoperative days, expressed mostly in females. In gonadectomized females the postischemic deformability values were impaired. Erythrocyte aggregation index significantly raised by the 1st postoperative day, dominantly in males. It is suggested that gonadectomy may act as an additional rheological 'risk factor' related to blood micro-rheological parameters in ischemia-reperfusion.

Keywords: Ischemia-reperfusion, gonadectomy, gender differences, red blood cell aggregation, red blood cell deformability

1. Introduction

Numerous literature data support the fact that ischemia-reperfusion (I/R) and related complex pathophysiological processes may cause significant changes in blood rheological parameters, especially in red blood cell deformability and aggregation, in which changes the harmful and cascade-like complex effects of oxygen-derived free-radicals and leukocyte activation play pivotal roles [4, 8, 18–22, 34, 35, 38, 51]. These rheological changes may aggravate further the microcirculatory disorders [4, 19]. The magnitude of the changes are depending on the ischemic duration, the type of the affected tissue and the temperature [18, 35, 49]. Hemorheological changes during and after I/R could be observed in the early reperfusion

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31 period [18, 21, 38] and later on, depending on the magnitude of the inflammation during the 1st–3rd
32 postoperative days, reflecting the local and systemic changes as well [22, 34, 35, 38, 49].

33 The peripheral vascular diseases as well as microcirculatory changes caused by I/R may show gender
34 differences, underlying the importance of sex hormones as well as their concentration and the androgen-
35 to-estrogen ratio [16, 17, 24, 28, 37, 48]. Several *in vivo* experimental studies proved the protecting effect
36 of estrogen in myocardial, cerebral and hind-limb ischemia-reperfusion injuries [10, 15, 23, 41, 44, 47,
37 52]. The protective effect seems to be quite complex, including certain antioxidant properties, membrane
38 stabilization effects, improvement of NO release, attenuating Ca^{2+} accumulation and preserving mito-
39 chondrial structure and function [27–30, 39, 47, 48, 52]. It was also demonstrated that estrogen may
40 protect the red blood cells from damage and the presence of testosterone may render the erythrocytes
41 more susceptible to oxidative stress after trauma-hemorrhagic shock [25]. However, the protective or
42 non-protective effect of testosterone is still controversial [12]. Supposedly all of these *in vivo* effects are
43 more complex than as it is *in vitro*.

44 Concerning the hemorheological gender differences in rats [32] and their changes after gonadectomy
45 [33], it is supposed that the effect of I/R on erythrocyte deformability and aggregation may alter in female
46 and males, that might differ further in gonadectomized animals. We aimed to investigate this question in
47 a hind limb I/R follow-up study in rats.

48 2. Materials and methods

49 2.1. Experimental animals and study design

50 The experiments were approved and registered by the University of Debrecen Committee of Ani-
51 mal Research (permission Nr.: 37/2007, 17/2008), in accordance with the relevant Hungarian Animal
52 Protection Act (Law XVIII/1998) and EU Directives (EEC 63/2010).

53 Twenty-five male and twenty-five female Sprague-Dawley rats (Janvier Co., France) were involved in
54 the study. The animals were aged similarly to each other.

55 The healthy female animals were in pro-estrus phase, according to the investigation of vaginal smears
56 with Giemsa dyeing.

57 2.2. Operative techniques and sampling protocol

58 The general anesthesia was provided by intraperitoneal administration of Thiopental[®] (60 mg/kg).
59 Six experimental groups were formed:

- 60 I. Control males ($n = 8$; 573.6 ± 82 g)
- 61 II. Control females ($n = 8$; 326 ± 11.8 g): besides of 2-hours anesthesia and blood samplings no further
62 intervention was made.
- 63 III. Ischemia-reperfusion (I/R) males ($n = 7$; 586.2 ± 54.1 g) and IV. Ischemia-reperfusion (I/R) females
64 ($n = 7$; 306.7 ± 14.9 g): a tourniquet was placed around the left thigh closed to the level of the
65 inguinal ligament. The completion of ischemia was checked by laser Doppler tissue flowmetry
66 (LD-1, Experimetria Ltd., Hungary) placed on the paws. The ischemia was maintained for 1 hour.
- 67 V. Gonadectomy + ischemia-reperfusion (GoE + I/R) males ($n = 10$; 508.8 ± 33.2 g) and VI. Gonadec-
68 tomy + ischemia-reperfusion (GoE + I/R) females ($n = 10$; 384.8 ± 43.3 g): three months after
bilateral orchidectomy or ovariectomy [33] the same protocol was completed as in I/R groups.

69 After the ischemia and on the 1st postoperative day the animals received analgesics (Flunixin^regd,
70 2.5 mg/bwkg, s.c.). In the control animals the same dosage was used, in parallel.

71 By puncturing the lateral tail vein 0.3–0.5 mL blood was taken as base sample (anticoagulant: sodium-
72 EDTA, 1.5 mg/ml) from each animal. By the same way, 5 minutes after removing the tourniquet
73 (postischemic sample), on the 1st, 2nd, 3rd and 7th postoperative days further blood samples were
74 taken (0.3–0.5 mL per each), and in parallel from the Control animals. On the 7th day the blood sampling
75 was completed under general anesthesia and the animals were sacrificed, ending the experiment.

76 2.3. Laboratory investigations

77 A Sysmex F-800 microcell counter (TOA Medical Electronics Co., Ltd., Japan) was used for deter-
78 mining general *hematological parameters*. Red blood cell count (RBC [$\times 10^6/\mu\text{l}$]), hematocrit (Hct
79 [%]), hemoglobin (Hgb [g/dl]), mean corpuscular volume (MCV [fl]), mean corpuscular hemoglobin
80 (MCH [pg]), mean corpuscular hemoglobin concentration (MCHC [g/dl]), white blood cell count (WBC
81 [$\times 10^3/\mu\text{l}$]), monocyte-granulocyte and lymphocyte ratio (Mo-Gr%, Lymph%) and platelet count (Plt
82 [$\times 10^3/\mu\text{l}$]) were analyzed. A test requires approximately 70 μl of blood.

83 *Red blood cell deformability* was measured by a Rheoscan-D200 ektacytometer (Sewon Meditech
84 Inc., Korea) [42, 43]. For the measurements isotonic solution of polyvinylpyrrolidone (360 kDa, viscos-
85 ity = 28.8 mPa.s; osmolarity = 305 mOsm/kg; pH = 7.36) was prepared and 6 μl of native blood was taken
86 into 0.6 mL of the PVP solution, and gently mixed. The sample suspension was taken into Rheoscan
87 disposable slit-flow kit, in which the fluid is moving by the force of the vacuum generated by the device,
88 creating the required shear stress profile ($\sim 0.5\text{--}20$ Pa) for elongating the red blood cells. The red blood
89 cells –while elongating and changing shape– alter the laser diffraction pattern. The elongation index (EI)
90 at a constant shear stress (SS [Pa]) is calculated from the length (L) and width (W) of the diffractogram:
91 $EI = (L - W)/(L + W)$. EI increases with cell deformability [5]. For comparison EI values at 3 Pa were
92 used and parameterization of individual curves Lineweaver-Burke analysis was completed, calculating
93 the maximal elongation index (EI_{max}) and the shear stress at half EI_{max} ($SS_{1/2}$ [Pa]) [7].

94 *Red blood cell aggregation* was tested using light-transmission aggregometry (Myrenne MA-1 ery-
95 throcyte aggregometer, Myrenne GmbH, Germany). This aggregometer determines M (at 0 shear rate)
96 and M1 (at shear rate of 3 s^{-1}) indices, reflecting the magnitude of red blood cell ‘clumping’ at the 5th or
97 10th seconds of the aggregation process [5, 40]. M and M1 indices increase with enhanced aggregation.
98 The measurements require approximately 20 μl of blood. The measurements were carried out within 1
99 hour after sampling [5, 31].

100 2.4. Statistical analyses

101 Data are presented as mean \pm standard deviation (S.D.). Based on the normality of data distribution,
102 for inter-group comparison Student *t*-test or Mann-Whitney RS test, for intra-group comparison one-way
103 ANOVA tests (Dunn’s or Bonferroni’s method) were used. A *p* value less than 0.05 was considered as
104 statistically significant.

105 For analyzing the magnitude of inter- and intra-group changes, standardized differences were calcu-
106 lated: dividing the mean difference of values (EI at 3 Pa, EI_{max} , $SS_{1/2}$) between the base (before operation)
107 data and the postischemic or postoperative values at a given SS by the pooled standard deviation of the
108 base and postischemic or postoperative data. The pooled standard deviation is calculated as the square
root of the mean of squared standard deviations of the two groups being compared [6, 46].

3. Results

3.1. Hematological parameters

In all I/R groups red blood cell count (RBC [$\times 10^6/\mu\text{l}$]) and hematocrit (Hct [%]) slightly decreased by the 1st and 2nd postoperative day, and started to normalize from the 3rd day. There was no remarkable difference between groups. By the 7th day RBC and Hct values were similar to the normal, base data. Hemoglobin concentration, MCV and MCHC did not show important changes (data not shown).

The changes of white blood cell count (WBC [$\times 10^3/\mu\text{l}$]) and platelet count (Plt [$\times 10^3/\mu\text{l}$]) are shown in Table 1.

Compared to control animals, the ischemia-reperfusion resulted in a rise of WBC count by the 1st postoperative day with increasing monocyte-granulocyte ratio. In I/R males the increase was more expressed compared to females, showing significant gender difference on the 2nd and 3rd postoperative day ($p < 0.001$ and $p = 0.001$, respectively). Interestingly, in females the rise in WBC was diminished, presenting only a smaller, non-significant peak on the 3rd postoperative day.

In GoE + I/R males and females the changes were of larger magnitude. On the 1st day the increased WBC count of GoE + I/R males was significant compared to the base values ($p < 0.001$) and versus control males ($p < 0.001$), I/R males ($p = 0.002$) and GoE + I/R females, too ($p < 0.001$). These differences were existing over the investigated postoperative period, showing slight decrease. On the 7th day the elevated WBC count was still significant ($p = 0.007$ vs. base, $p = 0.026$ vs. I/R male, $p = 0.01$ vs. GoE + I/R). Additionally, in GoE + I/R females the increased WBC count was significant on the 1st ($p < 0.001$ vs. base, Control females and I/R females), the 2nd ($p < 0.001$, all), the 3rd ($p = 0.007$ vs. base, $p = 0.008$ vs. control females) and the 7th postoperative days ($p = 0.003$ vs. base, $p < 0.001$ vs. control and I/R females) (Table 1).

Compared to Control groups in Plt count of I/R and GoE + I/R groups there was a decrease on the 1st–3rd postoperative days, followed by definitive increase on the 7th day, mostly expressed in GoE + I/R females. The decrease started in the early postischemic period, that was remarkable in I/R females ($p = 0.023$ vs. base) and GoE + I/R females. On the 1st postoperative day the Plt count decrease was significant in all I/R groups (I/R males: $p = 0.006$, I/R females: $p = 0.001$, GoE + I/R males: $p = 0.005$, GoE + I/R females: $p = 0.034$), showing differences between the two GoE + I/R group, too ($p = 0.011$). On the 2nd day further decrease was observed in all I/R and GoE + I/R groups, then from the 3rd day slight increase started, reaching markedly elevated Plt count on the 7th day, mostly in GoE + I/R groups. In GoE + I/R males the 7th-day Plt count was significant versus its base ($p < 0.001$) and compared to Control males ($p = 0.003$); in GoE + I/R females the rise was significant compared to base values ($p < 0.001$) and versus 7th-day values of I/R females, too ($p = 0.004$) (Table 1).

3.2. Red blood cell deformability

Figure 1 shows the cumulated elongation index (EI) – shear stress (SS) curves in control, I/R and GoE + I/R male and female groups.

In Control male and female groups there were no remarkable changes during the investigated period (Fig. 1A, B). In I/R groups significant impairment of red blood cell deformability was observed on the 1st–3rd postoperative days, expressed mostly by females (Fig. 1C, D). In GoE + I/R females the most decreased EI values were measured in postischemic samples (Fig. 1E, F).

Table 1

Changes of white blood cell (WBC) count and platelet (Plt) count in Control, Ischemia-Reperfusion (I/R) and Gonadectomy+Ischemia-Reperfusion (GoE + I/R) male and female group.

Variable	Group	Gender	Base	Post-ischemic	Postoperative days				
					1st	2nd	3rd	7th	
WBC [$\times 10^3/\mu\text{l}$]	Control	male	7.9 \pm 2.07		5 \pm 1.52	7.7 \pm 1.09	8.5 \pm 0.84	8.1 \pm 0.74	
		female	6.4 \pm 0.95		5.2 \pm 1.08	5.9 \pm 0.89	6.2 \pm 0.32	5.8 \pm 1.25	
	I/R	male	7.6 \pm 2.12	6.2 \pm 3.91	9.1 \pm 3.36	9.4 \pm 2.64 ^{#+}	8.7 \pm 5.14 [#]	6.5 \pm 5.09 ⁺	
		female	5.7 \pm 1.59	4.8 \pm 0.59	4.7 \pm 1.15	5.3 \pm 1.24	7 \pm 1.7	4.3 \pm 1.95	
	GoE + I/R	male	7.7 \pm 3.54	6.6 \pm 2.19	13.3 \pm 2.12 ^{*+##} □	12.7 \pm 1.86 ^{*+##} □	12.2 \pm 1.24 ^{*+##} □	10.9 \pm 1.67 ^{*##} □	
		female	5.6 \pm 1.55	6.7 \pm 2.38 [□]	9.2 \pm 1.72 ^{*+□}	10 \pm 3.49 ^{*+□}	8.2 \pm 2.74 ^{*+}	8.5 \pm 2.39 ^{*+□}	
	Plt [$\times 10^3/! \mu\text{l}$]	Control	male	776.9 \pm 104.6		707.9 \pm 140.4	754.8 \pm 64.5	721.6 \pm 74.1	780.3 \pm 106.7
			female	747.7 \pm 140.1		759.6 \pm 256.3	752.1 \pm 108.6	785.1 \pm 143.6	773.3 \pm 195.5
I/R		male	873.4 \pm 84.8	802.9 \pm 286.8	703.8 \pm 120.7 [*]	638 \pm 122.1 ^{*+}	740.1 \pm 88.42 ^{*#}	946.6 \pm 154.4 ⁺	
		female	824 \pm 123.2	681.2 \pm 207.3 [*]	632.3 \pm 98.2 [*]	581.6 \pm 112.3 ^{*+}	505.3 \pm 109.4 ^{*+}	932.1 \pm 67.1	
GoE + I/R		male	893 \pm 139.1	877.4 \pm 108.3 [#]	723.1 \pm 124.9 ^{*#}	655.8 \pm 143.4 ^{*+#}	860 \pm 70.1 ^{+##} □	1122.2 \pm 241.1 ^{*+}	
		female	725.3 \pm 163.9	606.4 \pm 203.4	529.7 \pm 229.4 ^{*+}	514.7 \pm 180.7 ^{*+}	662.8 \pm 298.3	1215.9 \pm 244.1 ^{*□}	

means \pm S.D.

* $p < 0.05$ vs. base, # vs. female; + vs. Control (same gender); □ vs. I/R (same gender).

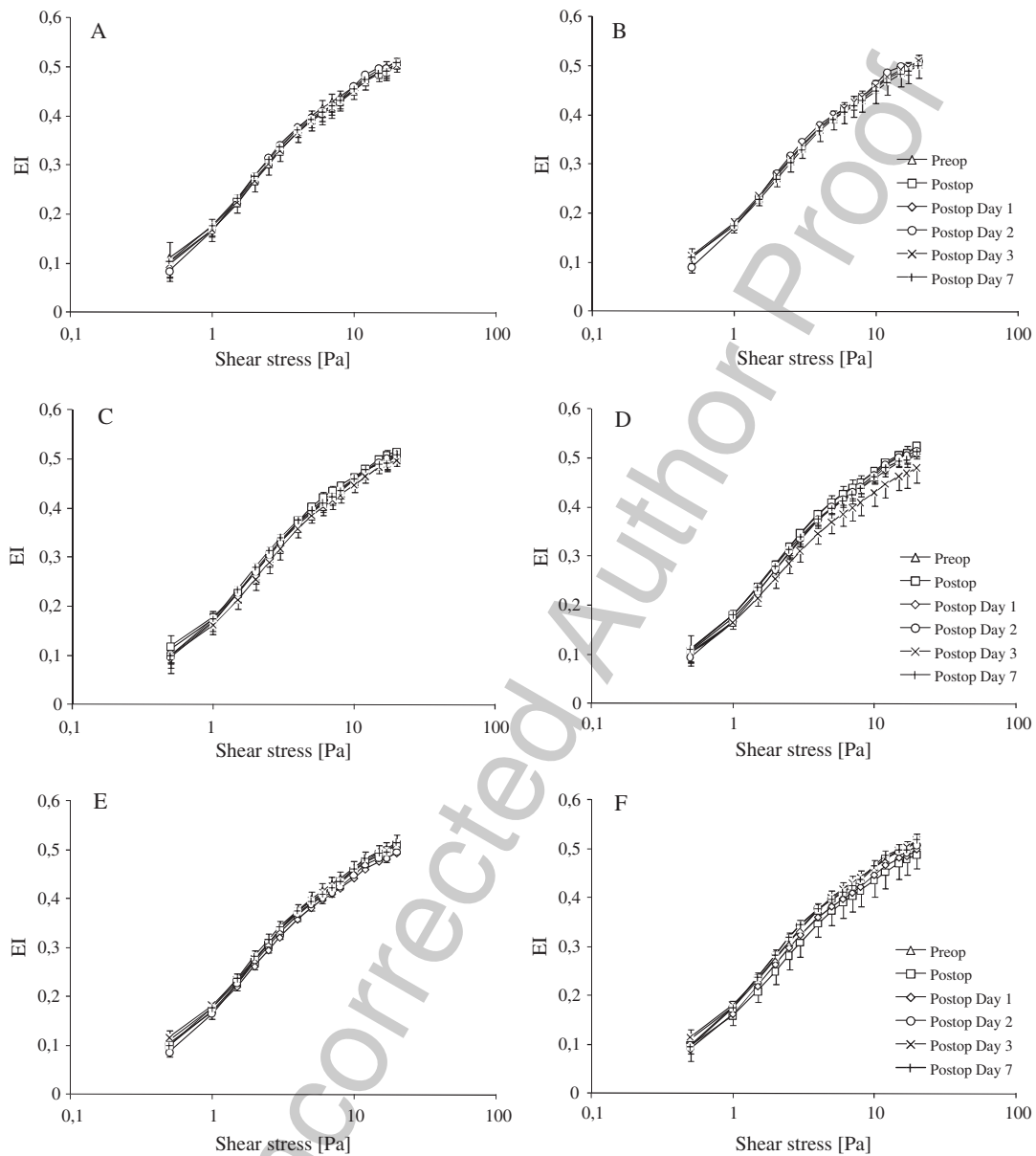


Fig. 1. Elongation index (EI) values of male and female Control (A, B), Ischemia-reperfusion (I/R) (C, D) and Gonadectomy + Ischemia-Reperfusion (GoE/I/R) groups (E,F) in the function of shear stress (SS [Pa]) before (preop.) and after ischemia (postop.) on the 1st, 3rd, 5th and 7th postoperative days. Means \pm S.D.

148 EI values at shear stress of 3 Pa remarkably decreased in GoE + I/R females just after ischemia that
 149 was significant compared to base values ($p = 0.003$), I/R females ($p < 0.001$) and versus GoE + I/R males
 150 ($p = 0.016$). On the 1st postoperative day I/R females as well as GoE + I/R males and females showed
 151 decrease EI values ($p < 0.05$). In GoE + I/R males the difference was significant compared to the I/R male
 152 group, too ($p = 0.025$). The 3rd day brought further impairment in I/R males and females. In I/R males the

153 decrease of EI was significant compared to GoE + I/R males ($p = 0.013$). In I/R females the impairment
 154 was more obvious, being significant versus base values ($p < 0.001$) and Control females ($p < 0.001$). By
 155 the 7th day EI values seemed to be normalized (Fig. 2A).

156 The posts ischemic standardized difference was the highest in GoE + I/R females (1.09), while in the 1st–
 157 3rd postoperative days the highest values were expressed by I/R females (1.06, 0.97 and 2.28, respectively)
 158 (Fig. 2B).

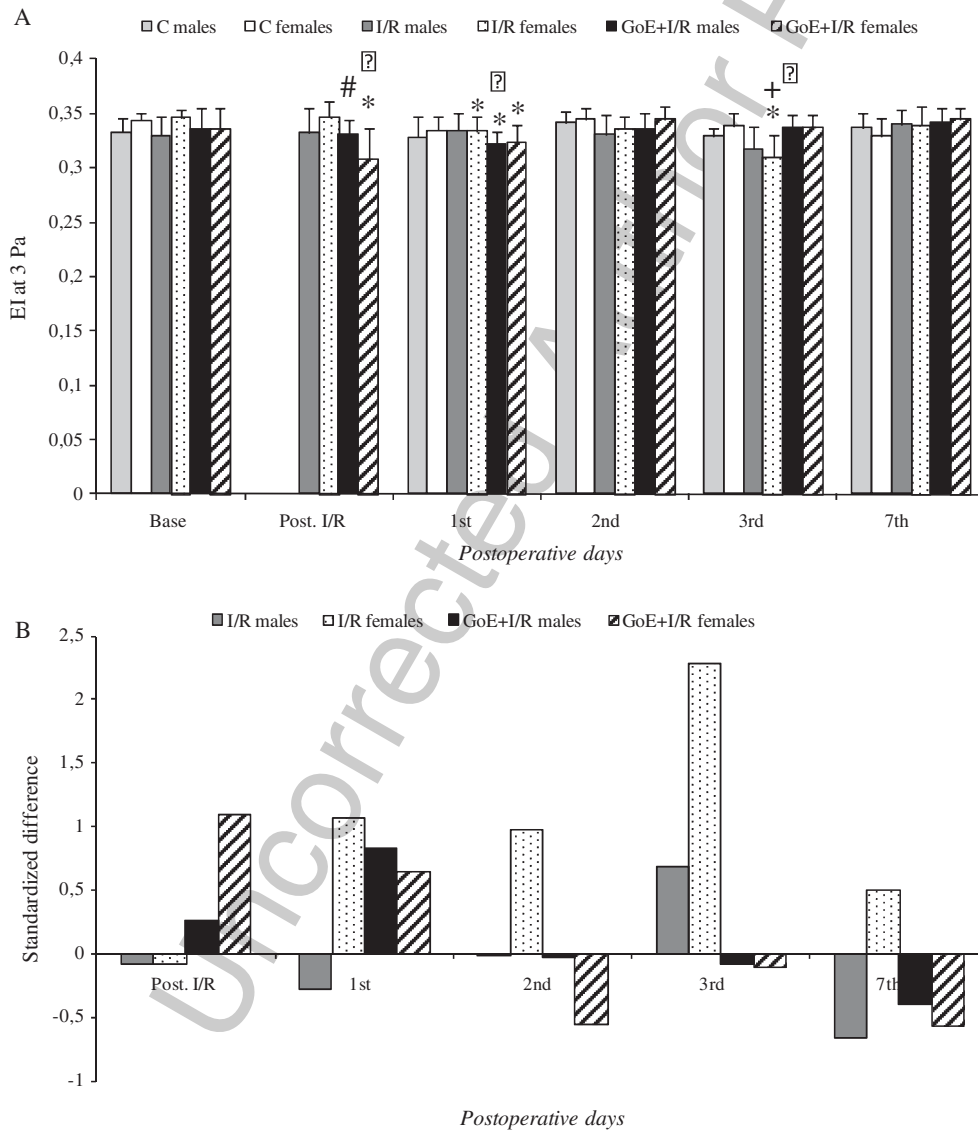


Fig. 2. Elongation index values at shear stress of 3 Pa in Control (C), Ischemia-Reperfusion (I/R) and Gonadectomy + Ischemia-Reperfusion (GoE + I/R) male and female groups (A), and the standardized difference values (B) compared to base. means \pm S.D. * $p < 0.05$ vs base, # vs female; + vs Control (same gender); ? vs I/R (same gender).

159 The calculated EI_{\max} reflected the above described changes. The lowest postischemic values were found
 160 in GoE + I/R females ($p=0.011$ vs. base, $p<0.001$ vs. I/R females). The difference between GoE + I/R
 161 males and females did not reach the significant level ($p=0.068$). On the 1st postoperative day I/R females
 162 and both GoE + I/R male and female groups showed the lowest EI_{\max} values, all being significant versus
 163 base ($p<0.001$, $p=0.002$ and $p=0.032$, respectively). In I/R females the difference was significant
 164 compared to Control females ($p=0.005$). In GoE + I/R significant difference was found versus Control

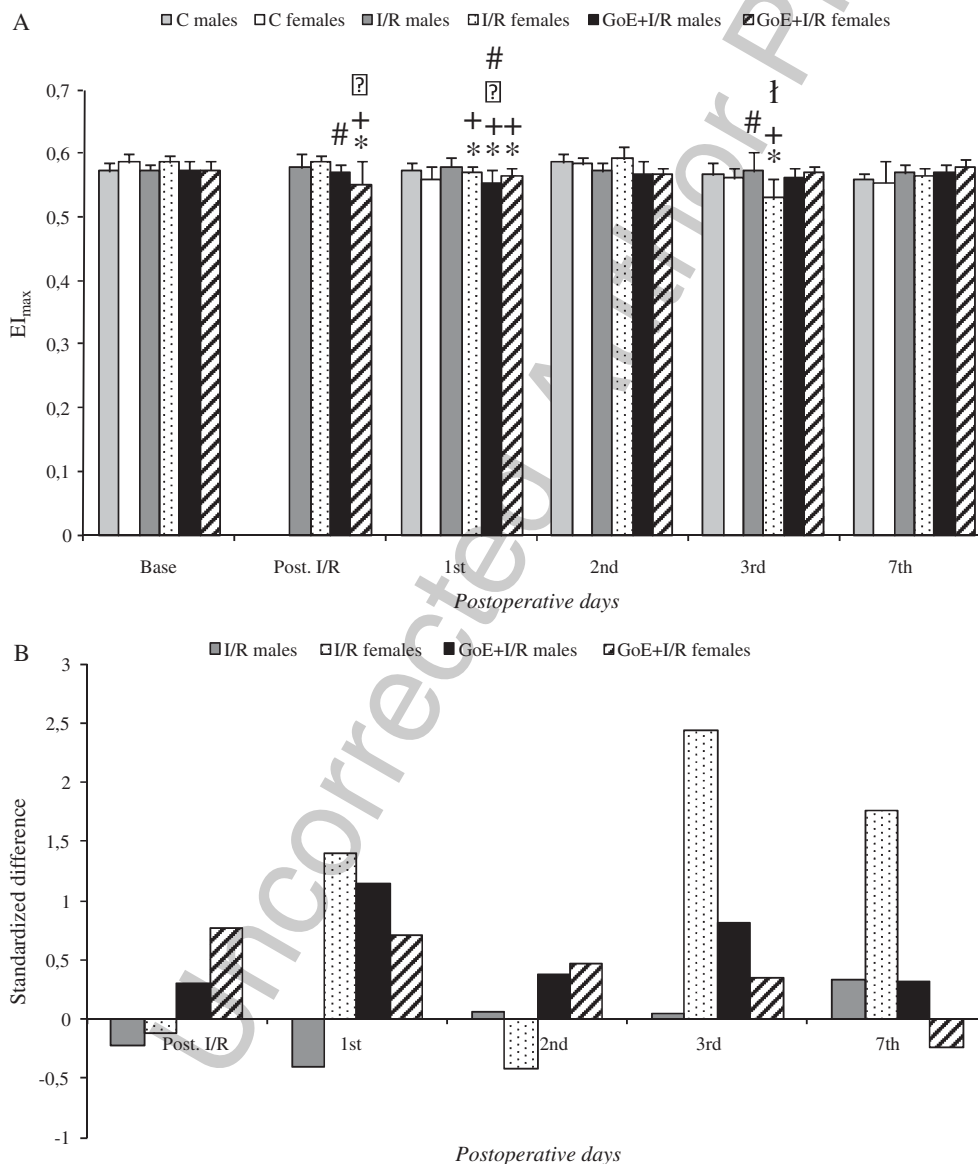


Fig. 3. Calculated maximal elongation index values (EI_{\max}) in Control (C), Ischemia-Reperfusion (I/R) and Gonadectomy + Ischemia-Reperfusion (GoE + I/R) male and female groups (A), and the standardized difference values (B) compared to base. means \pm S.D. * $p<0.05$ vs base, # vs female; + vs Control (same gender); † vs GoE (same gender); ‡ vs I/R (same gender).

165 females ($p < 0.001$) and GoE + I/R males ($p = 0.044$). GoE + I/R males expressed lower EI_{\max} values
 166 compared to Control males ($p = 0.007$) and I/R males, too ($p = 0.002$). On the 3rd postoperative day the
 167 lowest values were found in I/R females ($p < 0.001$ vs. base, $p = 0.004$ vs. Control females, $p = 0.003$ vs.
 168 I/R males and $p < 0.001$ compared to GoE + I/R females) (Fig 3A).

169 The standardized difference was the highest in GoE + I/R females in postischemic samples (0.77), and
 170 in I/R females on the 1st (1.39), the 3rd (2.43) and by the 7th (1.76) postoperative days (Fig. 3B).

171 Shear stress values at half EI_{\max} ($SS_{1/2}$ [Pa]) were increased in GoE + I/R postischemic ($p = 0.006$ vs.
 172 base) and 1st-day samples ($p = 0.021$ vs. base, $p = 0.002$ vs. Control females), and in I/R females on

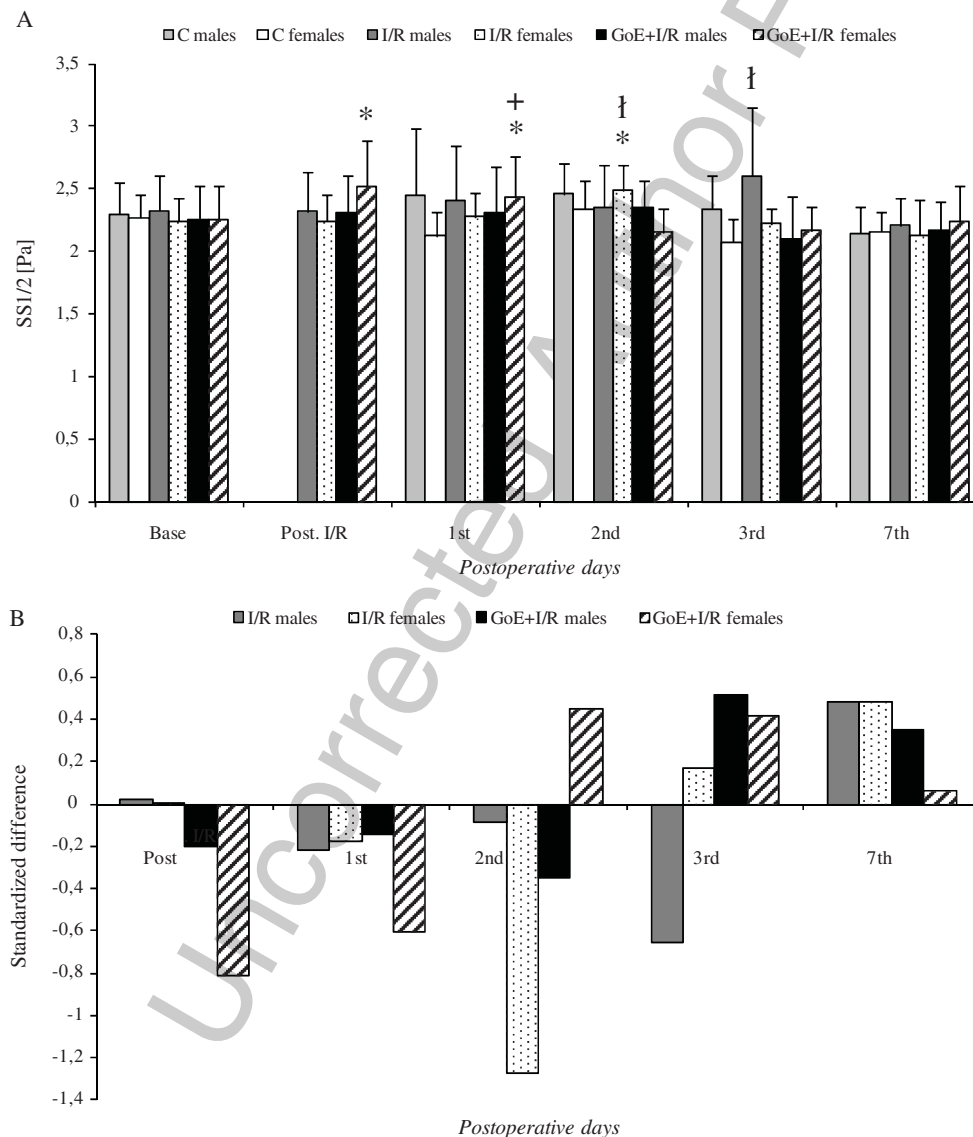


Fig. 4. Calculated shear stress values at half maximal elongation ($SS_{1/2}$ [Pa]) in Control (C), Ischemia-Reperfusion (I/R) and Gonadectomy + Ischemia-Reperfusion (GoE + I/R) male and female groups (A), and the standardized difference values (B) compared to base. means \pm S.D. * $p < 0.05$ vs base, # vs female; + vs Control (same gender); † vs GoE (same gender).

the 2nd day ($p=0.005$ vs. base, $p<0.001$ vs. GoE + I/R females), furthermore, in I/R males on the 3rd postoperative day ($p=0.012$ vs. GoE + I/R males) (Fig. 4A).

The standardized difference was the largest in magnitude in postischemic samples of GoE + I/R females (-0.8) and in I/R females on the 2nd day (-1.27) (Fig. 4B).

3.3. Red blood cell aggregation

Figure 5 shows changes of aggregation index values M and M1 at 5- or 10-second mode in I/R and GoE + I/R male and female groups.

In postischemic samples of GoE + I/R females M (5 s and 10 s) index values increased, being significant versus base (10 s: $p=0.019$) and I/R females (5 s: $p<0.001$).

On the 1st postoperative day all the index values remarkably increased, showing significance compared to base values (M 5 s: I/R males $p=0.003$, I/R females $p=0.008$, GoE + I/R males $p<0.001$, GoE + I/R females $p=0.031$; M 10 s: I/R males $p<0.001$, I/R females $p=0.002$, GoE + I/R males $p<0.001$, GoE + I/R females $p=0.005$; M 15 s: I/R males $p<0.001$, I/R females $p=0.012$, GoE + I/R males $p<0.001$, GoE + I/R females $p=0.03$; M 110 s: I/R males $p<0.001$, I/R females $p<0.001$, GoE + I/R males $p=0.03$, GoE + I/R females $p=0.016$).

On the 3rd postoperative day significant increase of aggregation was found interestingly in I/R male group when measuring M 10 s ($p=0.015$ vs. base and $p=0.015$ vs. I/R females), M1 5 s ($p=0.003$ vs.

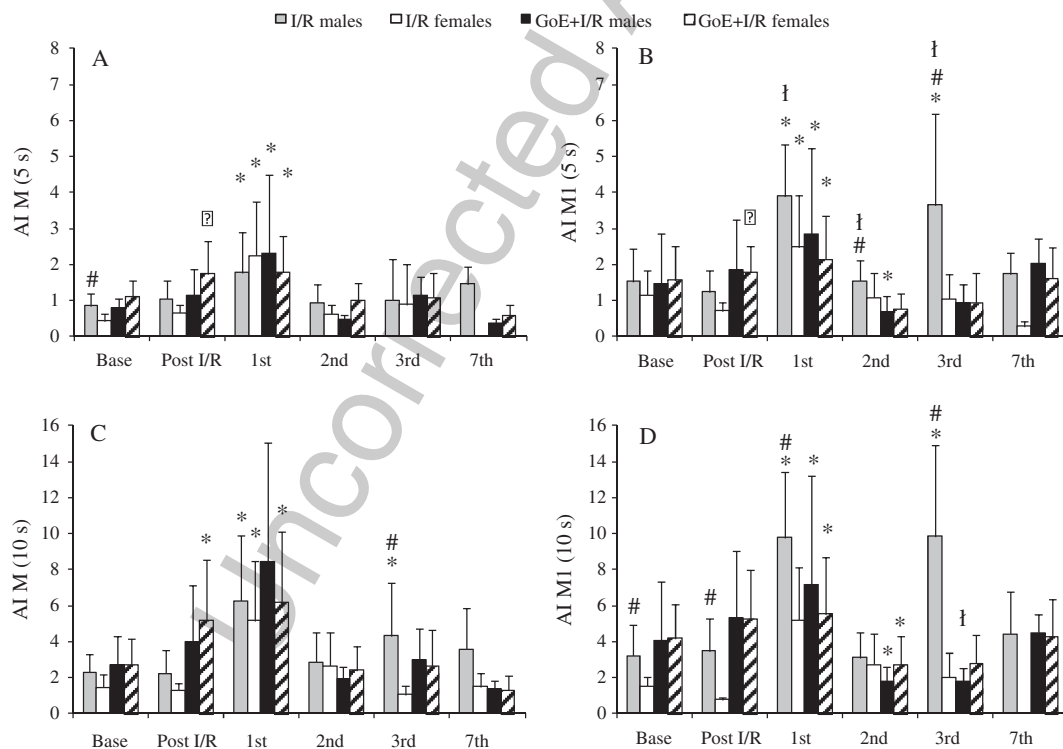


Fig. 5. Changes of aggregation index (AI) of M 5 s (A), M1 5 s (B), M 10 s (C) and M1 10 s (D) values in Control (C), Ischemia-Reperfusion (I/R) and Gonadectomy + Ischemia-Reperfusion (GoE + I/R) male and female groups. * $p<0.05$ vs base, # vs female; + vs Control (same gender); † vs GoE (same gender); ‡ vs I/R (same gender).

190 base, $p < 0.001$ vs. I/R females and $p < 0.001$ vs. GoE + I/R males) and M1 10 s values ($p < 0.001$ vs. base,
191 I/R females and GoE + I/R males).

192 4. Discussion

193 It is known that red blood cell deformability is determined by cell volume, surface-to-volume ratio, mor-
194 phology, cytoskeletal properties, inner viscosity as well as membrane viscosity [26]. The other important
195 micro-rheological parameter, the red blood cell aggregation is influenced by both cellular (deformabil-
196 ity, cell morphology, membrane glycocalyx structure) and plasmatic factors (fibrinogen concentration,
197 micro-environmental conditions) [36]. These factors can be influenced by pathophysiological processes
198 during I/R at several points. Oxygen-derived free radicals are among the most important agents caus-
199 ing impaired cell deformability. The reactive free radicals cause direct and cascade-like harmful effects,
200 including lipid peroxidation of the membrane, methemoglobin and Heinz-body formation – so increasing
201 the inner viscosity of the cells as well as protein modification (e.g. by sulfhydryl cross-linking) – and
202 consequent functional changes in transmembrane proteins, ion channels, structural proteins [4, 8, 13,
203 34, 45]. Changes in micro-environmental conditions (e.g. pH, osmolarity, lactate concentration) as well
204 as inflammatory processes, and as a part of acute phase reaction, the increased fibrinogen may cause
205 enhanced red blood cell aggregation [4, 8, 18, 21, 22].

206 Growing number of data underline the importance of hemorheological gender differences not only in the
207 clinical investigations but also in the experimental medicine [32]. Furthermore, gonadectomy may addi-
208 tionally influence these micro-rheological gender differences, reflecting the influence of sex hormones,
209 too [33]. The protective effect of estrogen has been demonstrated in numerous I/R studies including acute
210 [47] and chronic hind limb [23], myocardial [10, 27, 30, 37, 52], brain [15, 41] and intestinal ischemia
211 [48]. The effect of testosterone (protective or non-protective influence) is still controversial [12, 39, 48].
212 However, little is known related to micro-rheological changes.

213 In current study we aimed to investigate the effect of hind limb I/R on erythrocyte deformability
214 and aggregation focusing on potential differences in female and males, that might differ further in
215 gonadectomized rats.

216 The main findings were the followings: (1) I/R resulted in a rise of WBC count by the 1st postoperative
217 day with increasing monocyte-granulocyte ratio. In I/R males the increase was more expressed compared
218 to females, showing significant gender difference on the 2nd and 3rd postoperative day. In GoE + I/R males
219 and females the changes were of larger magnitude. (2) Compared to Control groups in Plt count of I/R and
220 GoE + I/R groups there was a decrease on the 1st-3rd postoperative days, followed by definitive increase
221 on the 7th day, mostly expressed in GoE + I/R females. (3) In I/R groups significant impairment of red
222 blood cell deformability was observed on the 1st–3rd postoperative days, expressed mostly by females.
223 (4) In GoE + I/R females the most decreased EI values were measured in postischemic samples, together
224 with significantly increased aggregation index values. (5) On the 1st postoperative day aggregation index
225 values remarkably increased in all I/R groups, while on the 3rd day significant enhancement in aggregation
226 was found only in I/R male group.

227 In a rat model of hind limb I/R marked impairment of red blood cell deformability has been observed
228 on the 1st and 2nd postoperative day, together with rise in leukocyte count and also an elevation of platelet
229 count over the early postoperative days [34]. In that study by using microclips on femoral vessels 1-hour
230 ischemia was induced. On the 1st – 7th postoperative days small quantity of blood samples were taken for
231 determining red blood cell deformability (by bulk filtrometry) and hematological parameters. The highly

232 significant increase of relative cell transit time, reflecting impairment of red blood cell deformability,
233 was seen on the 1st and 2nd postoperative days. These changes could be prevented by giving allopurinol,
234 inhibitor of xanthine oxidase enzyme known to be the major source of superoxide during reperfusion
235 [34].

236 According to these findings we have chosen the follow-up period of one week and the critical days
237 to be investigated: 1st – 3rd and 7th postoperative days. The current findings nicely correlate with the
238 previous results: the 1st and 3rd postoperative days were critical regarding the impairment of red blood
239 cell micro-rheological properties.

240 The magnitude of changes in red blood cell deformability and red blood cell aggregation and their
241 correlation to each other raise further questions. It is difficult to estimate the real relation between red
242 blood cell deformability and red blood cell aggregation, and their changes. Interestingly, the females
243 with lower bodyweight showed larger changes during the early postoperative days compared to males,
244 while gonadectomized females expressed more obvious impairment in erythrocyte deformability just
245 after ischemia.

246 The gonadectomized females had significantly augmented bodyweight compared to the same-age
247 females of control and I/R groups. The obesity is known to affect numerous physiological parameters
248 and pathways, causing abnormal insulin sensitivity, increased vasomotor tone, dyslipidemia, abnormali-
249 ties in organs (e.g., liver, kidney), endothelial dysfunction and inflammation [1, 3, 50]. It has been reported
250 that in obesity the bioavailability of nitric oxide (NO) is reduced, due to peroxynitrite production by delib-
251 erating superoxide anion [3, 9]. Furthermore obesity may affect guanylate cyclase pathways, formation of
252 angiotensin II, expression of endothelin-1, and vasoconstrictor prostanoids [3, 50]. Obesity is also known
253 to reduce the effect of ischemic preconditioning by enhanced mitochondrial oxidative stress, abnormal
254 function of mito- K_{ATP} channels as well as due to the adverse effects of leptin, activating NADPH oxidase
255 [2, 14].

256 Since NO is known to improve [11], reactive oxygen-derived free radicals are known to impair red
257 blood cell deformability [4, 8, 34], it is supposed that the existing obesity in ovariectomized females
258 could affect the magnitude of red blood cell deformability changes in the early reperfusion period.

259 5. Conclusions

260 Hemorheological effects of 1-hour hind limb ischemia and the following reperfusion showed gender
261 differences in rats, reflecting significant impairment of red blood cell deformability on the 1st–3rd postop-
262 erative days, mostly expressed in females. In gonadectomized females the postischemic elongation index
263 values were the lowest with enhanced red blood cell aggregation. Aggregation index values significantly
264 raised by the 1st postoperative day after I/R, dominantly in males. White blood cell count and platelet
265 count raised more markedly in gonadectomized animals during the early postoperative days.

266 According to the findings, further question arises whether the gonadectomy may act as an additional
267 rheological 'risk factor' related to blood micro-rheological parameters in ischemia-reperfusion. This issue
268 needs further study to clarifying the findings.

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